



# Here comes the **SUN**

## North Carolina Summer Meals



### Hertford County Public Schools Lunch Menu for June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>June 1</b>  Cheeseburger Sweet Potato Fries Broccoli Fruit/Milk	<b>June 2</b>  Chicken Chunks Mashed Potatoes Green Peas/Roll Fruit/Milk	<b>June 3</b>  Hot Dog w/chili or Grilled Cheese sandwich French Fries Blackeye Peas Fruit/Milk	<b>June 4</b>  Ham & Cheese on croissant Tater Tots Glazed Carrots Fruit/Milk	<b>June 5</b> <i>Last Day of School            Enjoy your Summer!!</i>  Pepperoni or Cheese Pizza Corn Baby Carrots Fruit/Milk
<b>June 8</b>	<b>June 9</b>	<b>June 10</b>	<b>June 11</b>	<b>June 12</b>
<b>June 15</b>	<b>June 16</b>	<b>June 17</b>	<b>June 18</b>	<b>June 19</b>
<b>June 22</b>	<b>June 23</b>	<b>June 24</b>	<b>June 25</b>	<b>June 26</b>
<b>June 29</b>	<b>June 30</b>			

### Nutrition Byte

#### Find a Summer Meal Site - the Place to Be!

Did you know? N.C. Summer Nutrition Programs offer:

- Appealing, nutritious meals
- Farm to summer connections to agriculture, nutrition, and local food
- Educational enrichment
- Fitness opportunities
- Fun!

At no-cost to youth, ages 18 and younger!

N.C. Summer Nutrition Programs are the place to be! You can find summer meal sites at schools, parks & rec centers, summer camps, community parks, libraries, faith centers, and more locations near you.

What can you do?



- Find nearby summer meals:
  - Call 1.866.3HUNGRY (1.866.348.6479) or 1.877.8HAMBRE (1.877.842.6273).
  - Visit [summermeals4nckids.org](https://summermeals4nckids.org).
- Ask an organization to host a Summer Nutrition Program. Find more info at [summermeals4nckids.org](https://summermeals4nckids.org).
- Volunteer for a N.C. Summer Nutrition Program in your area. For more info, go to [www.nc.gov/working/volunteer-opportunities/volunteercnc](https://www.nc.gov/working/volunteer-opportunities/volunteercnc).
- Promote N.C. Summer Nutrition Programs.

**Nutrilink:** Learn more at [summermeals4nckids.org](https://summermeals4nckids.org).