

Marking Period 1 (MPI)	Dance Curriculum Pacing Guide – Level I
<p>MP 1</p> <p>Standards for Dance Content</p>	<ul style="list-style-type: none"> • 1.5.HS.DA.Cr1a Explore movement ideas and generate choreography using the elements of dance. • 1.5.HS.DA.Cr2a Organize and develop dance phrases using time, space, energy, and body awareness. • 1.5.HS.DA.Cr3a Refine and complete dance phrases through repetition, feedback, and purposeful revision. • 1.5.HS.DA.Pr4a Perform dance phrases with clarity, coordination, and expressive intent. • 1.5.HS.DA.Re7a Describe and analyze dance using appropriate movement vocabulary and observation skills. • 1.5.HS.DA.Cn10a Relate dance experiences to personal expression, cultural context, and other disciplines.
<p>MP 1</p> <p>Topics</p>	<p>Dance class routines, expectations, safety, body awareness</p> <p>Posture, alignment, core engagement</p> <p>Warm-up sequences, stretching, strength building</p> <p>Locomotor movement & pathways in space</p> <p>Elements of dance (space, time, energy)</p> <p>Basic movement combinations (across the floor)</p> <p>Simple choreography phrases</p> <p>Musicality, beat, rhythm, tempo</p> <p>Ensemble performance skills</p> <p>Reflection, critique, group performance sharing</p>

<p>MP 1</p> <p>Skills- Concepts</p>	<ul style="list-style-type: none"> • Foundational Technique & Safe Movement Habits: Students develop alignment, posture, warm-up routines, locomotor steps, axial movement, and basic dance vocabulary to support healthy movement. • Creative Movement & Simple Choreography: Students explore movement ideas, create short sequences and phrases, and collaborate with peers in basic choreographic tasks. • Performance Skills & Musical Awareness: Students demonstrate musicality, energy, focus, and stage awareness while performing movement patterns and dances. • Dance Literacy, Analysis & Cultural Appreciation: Students identify dance elements, analyze movement, use appropriate vocabulary, and explore cultural forms of dance.
<p>MP 1</p> <p>Core Materials</p>	<ul style="list-style-type: none"> • Open movement space • Music and speakers • Mirrors (if available) • Comfortable clothing suitable for movement • Journal or reflection notebook



Marking Period 2 (MP2)	Dance Curriculum Pacing Guide – Level I
<p>MP 2</p> <p>Standards for Dance Content</p>	<ul style="list-style-type: none"> • 1.5.HS.DA.Cr1a Explore movement ideas and generate choreography using the elements of dance. • 1.5.HS.DA.Cr2a Organize and develop dance phrases using time, space, energy, and body awareness. • 1.5.HS.DA.Cr3a Refine and complete dance phrases through repetition, feedback, and purposeful revision. • 1.5.HS.DA.Pr4a Perform dance phrases with clarity, coordination, and expressive intent. • 1.5.HS.DA.Re7a Describe and analyze dance using appropriate movement vocabulary and observation skills. • 1.5.HS.DA.Cn10a Relate dance experiences to personal expression, cultural context, and other disciplines.
<p>MP 2</p> <p>Topics</p>	<p>Review dance classroom expectations, safe movement practices, and basic locomotor and non-locomotor movements.</p> <p>Explore body awareness including shapes, levels, pathways, and balance.</p> <p>Investigate space through direction, size, focus, and personal versus general space.</p> <p>Explore time using rhythm, tempo, counts, and movement accents.</p> <p>Examine energy qualities such as sharp, smooth, strong, light, bound, and free.</p> <p>Combine body, space, time, and energy to create short movement phrases.</p> <p>Collaborate in small groups to develop and rehearse choreographed phrases.</p> <p>Refine movement phrases using feedback and repetition to improve clarity and expression.</p> <p>Perform choreographed phrases for peers, focusing on accuracy and expressive intent.</p> <p>Reflect on personal growth, movement skills, and understanding of dance elements.</p>
<p>MP 2</p> <p>Skills- Concepts</p>	<ul style="list-style-type: none"> • Foundational Dance Technique & Coordination: Students develop basic technique, body control, spatial awareness, rhythmic timing, and movement patterns to support safe and effective dancing.

	<ul style="list-style-type: none"> • Creative Movement & Choreographic Exploration: Students explore movement ideas, create phrases and sequences, and apply elements of dance (body, space, time, energy) in collaborative choreography. • Expressive Performance & Musicality: Students demonstrate expressive qualities, performance focus, rhythm accuracy, and intentional movement to communicate ideas and emotion. • Dance Literacy, Reflection & Collaboration: Students use dance vocabulary to observe and discuss movement, provide feedback, reflect on the creative process, and connect dance to personal expression.
<p>MP 2</p> <p>Core Materials</p>	<ul style="list-style-type: none"> • Open dance space or studio • Music with varied tempos and styles • Sound system • Dance journals or reflection sheets • Teacher modeling and movement demonstrations • Peer feedback and critique protocols



Marking Period 3 (MPIII)	Dance Curriculum Pacing Guide – Level I
<p>MP 3</p> <p>Standards for Dance Content</p>	<ul style="list-style-type: none"> • 1.5.HS.DA.Cr1a Explore movement ideas and generate choreography using the elements of dance. • 1.5.HS.DA.Cr2a Organize and develop dance phrases using time, space, energy, and body awareness. • 1.5.HS.DA.Cr3a Refine and complete dance phrases through repetition, feedback, and purposeful revision. • 1.5.HS.DA.Pr4a Perform dance phrases with clarity, coordination, and expressive intent. • 1.5.HS.DA.Re7a Describe and analyze dance using appropriate movement vocabulary and observation skills. • 1.5.HS.DA.Cn10a Relate dance experiences to personal expression, cultural context, and other disciplines.
<p>MP 3</p> <p>Topics</p>	<p>Review elements of dance, safe movement practices, and performance expectations. Introduce choreography as intentional movement design.</p> <p>Explore choreographic devices such as repetition, contrast, and canon through guided movement tasks.</p> <p>Create short solo dance phrases based on a theme, image, or piece of music.</p> <p>Develop transitions and movement pathways to connect dance phrases smoothly.</p> <p>Collaborate in small groups to combine individual phrases into a group dance.</p> <p>Refine choreography through rehearsal, spacing adjustments, and expressive focus.</p> <p>Practice performance skills including projection, focus, timing, and stage awareness.</p> <p>Participate in peer critique, offering and applying constructive feedback.</p> <p>Perform choreographed dances for peers or a small audience.</p> <p>Reflect on choreographic process, performance growth, and understanding of dance vocabulary.</p>
<p>MP 3</p> <p>Skills- Concepts</p>	<p>Introductory Choreography, Movement Sequencing & Technique:</p> <p>Students develop introductory choreography skills while practicing movement sequencing, transitions, and the use of basic choreographic devices.</p>

	<p>Performance Presence, Expression & Artistic Clarity: Students perform with focus, projection, and expressive quality while strengthening confidence and clarity in movement.</p> <p>Collaboration, Ensemble Awareness & Rehearsal Discipline: Students collaborate in solo and group choreography while developing ensemble awareness, rehearsal discipline, and coordinated performance skills.</p> <p>Dance Analysis, Reflection & Understanding Meaning: Students use dance vocabulary to analyze choreography, reflect on the artistic process through critique and self-assessment, and explore connections between movement, music, and meaning.</p>
<p>MP 3</p> <p>Core Materials</p>	<ul style="list-style-type: none"> • Dance studio or open movement space • Music selections with varied styles and tempos • Sound system • Dance journals or reflection sheets • Teacher modeling and guided choreography prompts • Peer critique and discussion protocols

Marking Period 4 (MPIV)	Dance Curriculum Pacing Guide – Level I
<p>MP 4</p> <p>Standards for Dance Content</p>	<ul style="list-style-type: none"> • 1.5.HS.DA.Cr1a Explore movement ideas and generate choreography using the elements of dance. • 1.5.HS.DA.Cr2a Organize and develop dance phrases using time, space, energy, and body awareness. • 1.5.HS.DA.Cr3a Refine and complete dance phrases through repetition, feedback, and purposeful revision. • 1.5.HS.DA.Pr4a Perform dance phrases with clarity, coordination, and expressive intent. • 1.5.HS.DA.Re7a Describe and analyze dance using appropriate movement vocabulary and observation skills. • 1.5.HS.DA.Cn10a Relate dance experiences to personal expression, cultural context, and other disciplines.
<p>MP 4</p> <p>Topics</p>	<p>Review choreography expectations, performance etiquette, and safe movement practices. Establish individual or group dance goals.</p> <p>Plan a complete dance using a theme, music selection, and choreographic structure.</p> <p>Create and develop dance phrases with attention to body, space, time, and energy.</p> <p>Connect phrases using transitions, formations, and pathways. Rehearse choreography focusing on timing, spacing, and expressive clarity.</p> <p>Participate in peer critique and apply feedback to improve performance quality.</p> <p>Refine dances through repetition, focus on details, and performance polish.</p> <p>Conduct full run-throughs with attention to stage presence and projection.</p> <p>Perform final dances for peers, staff, or a small audience.</p> <p>Reflect on choreographic process, performance growth, and readiness for continued dance study.</p>
<p>MP 4</p> <p>Skills- Concepts</p>	<p>Choreography Planning, Movement Coordination & Technique: Students plan and execute choreography while strengthening movement coordination, control, and technical accuracy.</p> <p>Performance Presence, Expression & Artistic Clarity: Students perform with increased stage presence, expressive movement, and intentional performance quality.</p>



	<p>Spatial Design, Collaboration & Rehearsal Discipline: Students apply choreographic decision-making through transitions and spatial design while collaborating with peers and maintaining responsible rehearsal habits.</p> <p>Dance Analysis, Reflection & Preparation for Continued Study: Students participate in critique and revision, reflect on artistic growth, explore connections between dance and meaning, and prepare for continued study in Dance II.</p>
<p>MP 4</p> <p>Core Materials</p>	<ul style="list-style-type: none"> • Dance studio or open movement space • Music and sound system • Dance journals or reflection sheets • Teacher modeling and coaching • Peer critique and discussion protocols