

# SKILLS & CONDITIONING

with Haus of Athletes

**Dates: July 6<sup>th</sup> - August 21st**

**Time: 5:30pm-7:30pm**

**SOCCER: TUESDAYS & THURSDAYS - ALUMNI FIELD**

**VOLLEYBALL: MONDAYS & WEDNESDAYS - BIG GYM**

**FOOTBALL: MONDAYS, TUESDAYS, WEDNESDAYS -  
GLEASON FIELD**

*Transportation will be provided - schedule on GLTS website*

*Must be registered and have a valid physical*