SHERMAN
INDEPENDENT SCHOOL DISTRICT
2701 N. Loy Lake Road • Sherman, Texas 75090 • 903.891.6400 • www.shermanisd.net

School Health Advisory Committee (SHAC) Meeting Minutes

Date: May 14, 2026
Location: Hybrid Meeting (In-Person and Zoom)
Called to Order: 12:10 PM
Presiding Officer: Jenifer Politi, Director of Student Services
Recording Secretary: Jenifer Politi, Director of Student Services

Attendance

Present:

- Jenifer Politi – Director of Student Services
- Holly Wilson – Counselor, Crutchfield
- Melissa Silva – Director of Student Nutrition
- Nada Krayem - Dietitian

Approval of Previous Minutes

The committee reviewed the minutes from the February 19, 2026 meeting. Discussion included:

- Wellness plan requirements for the upcoming school year
- Review of the sex education program approval status
- Vaping prevention presentations and peer helper involvement
- Communication PSA ideas including vaping, energy drinks, sleep, and social media safety

Motion: Approve previous meeting minutes
Status: Approved

Old Business

Vaping Prevention Program

- The committee discussed using existing peer helper leadership groups at the secondary level to provide vaping prevention presentations.

- No new program approval is needed at this time.
- Planning for implementation will continue during the next school year.

Sex Education Program

- No documentation was found requiring re-approval of the current sex education program.
- The committee agreed the current program remains appropriate for the established timeline.
- Future discussions may include possible expansion at the high school level.

Wellness Policy and Wellness Plan

- Melissa Silva reported that the district is required to maintain:
    - A board-approved wellness policy
    - A written wellness plan
    - A review cycle every three years
- The committee located the legal board policy but could not locate the date it was last updated online.
- Jenifer Politi will contact the district's policy provider to retrieve and publish the local policy by the last date updated.
- Melissa Silva will begin drafting a wellness plan using examples from other districts.
- The committee discussed collaborating through Microsoft OneDrive or editable shared documents.
- Additional information regarding campus fundraiser food policies and restrictions will be researched.

Communication PSAs

- Kallie Wilson reported delays in communication department follow-up regarding public service announcements.
- A follow-up email will be sent with Jenifer Politi copied for continued coordination.
- Goal: Have PSAs planned and scheduled before the start of the next school year.

New Business

2026–2027 SHAC Membership

- Nomination of new SHAC members was postponed to a future meeting.
- Invitations and a future meeting date will be scheduled.

Announcements

- Committee members acknowledged the approaching end of the school year and summer break for students.

Adjournment

The meeting was adjourned at **12:27 PM**.

Submitted by: ___Jenifer Politi_____
Date Submitted: __May 14, 2026_____