

Local Wellness Policy: Triennial Assessment Summary

Results, Progress and Goals

1. General Information

School(s) included in assessment: Bridgeway Elem, Robert Drummond Elem, Parkwood Elem, Rose Acres Elem, Willow Brook Elem, Academy Remington, Holman Middle, Heights Middle, Pattonville High School

Month and year of current assessment: April, 2026

Date of last LWP revision: Policy ADF was updated and board approved on April 11, 2023

Website address for LWP and/or details on how public can access a copy:

psdr3.org - Board of Education - Minutes and Policies

2. Wellness Committee Information

How many times per year does your Wellness Committee meet? Three

POLICY LEADERSHIP: Designated School Wellness Leader

Name	Job Title	Email Address
MaryJo Gruber	Chief Financial Officer	mgruber@psdr3.org

PUBLIC INVOLVEMENT: School Wellness Committee Members

*A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals

Name	Job Title	Email Address
JoAnn Greenwell	Director of Community & Staff Engagement	jgreenwell@psdr3.org
Audrey Westrich	Director of Food Service	awestrich@psdr3.org
Anna Braswell	High school PE lead teacher	abraswell@psdr3.org
Travis Williams	MS PE/Health Resouce lead	twilliams@psdr3.org
Denise Grimshaw	Elementary PE/Health Resouce lead	Dgrimshaw@psdr3.org
Kendress Hughes	Lead Nurse	hughesk06@psdr3.org
MaryKay Campbell	Board Member	mkcampbell@psdr3.org
Brian Gray	Board Member	bgray@psdr3.org

3. COMPARE LEA's Local Wellness Policy to Model Local Wellness Policy

- Complete the Rudd Center WellSAT3.0 Assessment Tool - <https://www.wellsat.org/>;
OR Alliance for a Healthier Generation District Level Thriving School Integrated Assessment (TSIA) -
<https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#districts>
OR similar assessment tool: _____

**Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district*

- Assessment Tool Scores: Comprehensiveness - 66
- Keep a copy of the results on file for at least three full school years plus the current year.
- Indicate model policy language used for comparison:
 - ✓ ☐ Missouri School Boards' Association
 - ☐ Missouri Consultants for Education
 - ☐ Alliance for a Healthier Generation
 - ☐ Other: _____
- Describe how your wellness policy compares to model wellness policies:

Pattonville's wellness policy is essentially a customized version of the
MSBA core template.

There are no major content differences in requirements, compliance
standards, or structure

4. ASSESS School Compliance with LWP and Progress Towards Goals

- Complete the *CDC's School Health Index (SHI)* - <https://www.cdc.gov/healthyschools/shi/index.htm>;
OR *Alliance for a Healthier Generation School Level Thriving Schools Integrated Assessment (TSIA)* - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#schools>;
OR *CDC's Wellness Policy in Action Tool (WPAT)* - <https://www.cdc.gov/healthyschools/wpat/index.htm>
OR similar assessment tool: _____

**Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district*

- Assessment Tool Scores: _____
- Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

First, indicate language that is currently written in district local wellness policy in relation to each topic listed.

Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.

Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
It is the policy of the Pattonville School District that all foods and beverages sold to students during the school day on any property under the jurisdiction of the district will meet the U.S. Department of Agriculture (USDA) school meal and Smart Snacks in School (Smart Snacks) nutrition standards. These nutrition standards apply to all food and beverages	✓			Pattonville partners with Chartwells to provide daily meals for our students, ensuring that all offerings follow United States Department of Agriculture (USDA) nutrition regulations. In addition, we encourage all school stores and district-sponsored fundraisers to comply with the USDA Smart Snacks in School guidelines to promote healthier choices for our students.

Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
In addition, the Smart Snacks standards apply to all food and beverages provided, but not sold, to students outside the reimbursable school meals program during the school day. For the purposes of this policy, the school day is the time period from midnight before to 30 minutes after the official school day.		✓		The district continues to promote smart snacks or no snacks during celebration and parties or for the use of a reward to a student. However, currently we have two school building that have fully complied to this practice and other buildings are working towards this. Because this takes substantial buy in from parents this will be an ongoing goal.

Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
The district will provide nutrition education aligned with the Missouri Learning Standards and Grade-Level Expectations (GLEs) in health and physical education in all grades. In addition, the district will disseminate nutrition messages and other nutrition-related materials received from the United States Department of Agriculture (USDA) to students, staff, and the community through a variety of media and methods.	✓			The district actively disseminates USDA nutrition materials by integrating them into daily local communications. By publishing detailed menus and nutritional facts on the district website and featuring wellness articles in resident newsletters, the district ensures that vital health information is accessible to students, staff, and the community alike.

Nutrition Education & Nutrition Promotion Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Nutrition Promotion and Education The district will provide nutrition education aligned with the Missouri Learning Standards and Grade-Level Expectations (GLEs) in health and physical education in all grades. In addition, the district will disseminate nutrition messages and other nutrition-related materials received from the United States Department of Agriculture (USDA) to students, staff, and the community through a variety of media and methods. The wellness program coordinators, in consultation with the wellness committee, will develop procedures that address nutrition education and promotion.	✓			The district is actively meeting this goal through both curriculum alignment and expanded nutrition education efforts. Our PE/Health teachers and district administrators are currently reviewing and revising the health curriculum to ensure alignment with the Learning Standards and Grade-Level Expectations (GLEs) in health and physical education. The updated health and nutrition curriculum will be presented to the Board of Education for approval in late spring and implemented during the 2026–2027 school year. In addition to classroom instruction, our Director of Food Service regularly visits classrooms to provide hands-on nutrition education and reinforce healthy eating habits with students. The district also disseminates nutrition messages and materials from the United States Department of Agriculture (USDA) to students, staff, and the community through various communication channels.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Physical Activity and Education The district will provide physical education and opportunities for physical activity aligned with the Missouri Learning Standards and GLEs in health and physical education in all grades. The wellness program coordinators, in consultation with the wellness committee, will develop procedures that address physical education and physical activity.	✓			The district is actively meeting this goal. Currently, our PE/Health teachers and district administrators are reviewing and revising the physical education and health curriculum to ensure full alignment with both the Missouri Learning Standards and the national physical education and health standards. The revised curriculum and updated instructional materials will be presented to the Board of Education for approval in late spring. Upon approval, implementation will begin in the 2026–2027 school year. Through this work, the district will continue to provide physical education and opportunities for physical activity in all grades, aligned with the Learning Standards and Grade-Level Expectations (GLEs) in health and physical education.

Other School-based Strategies for Wellness Goal(s) (staff wellness, community partnership, family engagement, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
Other School-Based Activities The wellness program coordinators, in consultation with the wellness committee, are charged with developing procedures addressing other school-based activities to promote wellness.	✓			The Pattonville School District was honored as the 2025 Business Health Culture Award winner at the Gateway Health Coalition's 43rd Annual Meeting, recognizing the district as a leader in promoting staff and family wellness. This recognition reflects our commitment to the goal that wellness program coordinators, in partnership with the wellness committee, develop procedures and school-based activities that promote overall well-being. Through collaborative planning and intentional programming, the district fosters a culture of health that supports staff as leaders and positive role models, ultimately benefiting student success.

- Include additional notes, if needed:

The district fosters a vibrant community culture through a robust after-school athletics program that brings students and families together for games and meets. By partnering with elite organizations like Scott Gallagher Soccer for resident clinics and the various Jr. Pirate programs—including football, basketball, cheer, wrestling, and dance—the district creates a seamless pipeline for youth development. These strategic collaborations not only enhance athletic skills but also strengthen the social fabric of the entire community.

5. SHARE Triennial Assessment Results with the Public

- **UPDATE/INFORM THE PUBLIC:** WellSAT 3.0 results, SHI results, or similar evaluation tool results, and Triennial Assessment Summary, or similar document which includes summary of goals and progress, should be posted publicly.
- Where to share publicly? *school newsletter, social media, school website, school board meeting, district wellness committee meeting, open house events, etc.*