



Texas Child Health Access Through Telemedicine (TCHATT)

UT Health San Antonio - Texas Child Health Access Through Telemedicine (TCHATT) provides FREE behavioral and mental health services to Texas students year-round!

TCHATT is transforming ACCESS to mental and behavioral health services for children and their families by CONNECTING students with rapid access to services through telemedicine.

Who is TCHATT for?

References to TCHATT generally include symptoms/concerns related to:

- mood swings, depression, anxiety, family stressors, trauma, loss of interest in school, friends, or activities.
- behavior problems in the classroom, including problems concentrating, paying attention, disruptive or aggressive behavior, problems with peers, or school refusal.
- thoughts of suicide or self-harm, making statements about not wanting to live, or misexplained/non-accidental injuries.

Services

- Students will receive short-term medication management and/or therapy interventions.
- Referrals will be made if long-term services are needed.

Contact us for more information!

Only school counselors and other designated district staff may make TCHATT referrals. For more information about how to access TCHATT services for students in partnered school districts, please contact us at:



Office: (210) 567-5460

Fax: (210) 450-2450

Email: TCHATT@uthscsa.edu

