

Ringgold High School
May 18th – May 22nd

MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
	Potato Wedge Bar ~Pulled Pork~ ~Nacho Cheese~ ~Bacon~ ~Broccoli~	Chicken Alfredo Bar Cajun or Italian ~Breadstick~ ~Green Beans~	Boneless Wings BBQ, Garlic Parm, Or Crispy w/ a pretzel stick ~Peas & Carrots~	Nachos & Cheese Beef or Chicken ~Corn~	No School
	Potato Wedge Bar ~Pulled Pork~ ~Nacho Cheese~ ~Bacon~ ~Broccoli~	Chicken Alfredo Bar Cajun or Italian ~Breadstick~ ~Green Beans~	Boneless Wings BBQ, Garlic Parm, Or Crispy w/ a pretzel stick ~Peas & Carrots~	Nachos & Cheese Beef or Chicken ~Corn~	No School
	Hamburger Cheeseburger Chicken Sandwich	Hamburger Cheeseburger Chicken Sandwich	Hamburger Cheeseburger Chicken Sandwich	Hamburger Cheeseburger Chicken Sandwich	No School
	Cheese Pizza Pepperoni Pizza White Pizza	Cheese Pizza Pepperoni Pizza Chicken Bacon Ranch Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza	No School
 <p>RAM DRIVE DELI Your Favorite Deli Meats Served on your Whole Grain Roll or Wrap Topping Choices may include: Fresh Tomatoes, Lettuce, Cucumbers, Onions, Olives, and Peppers</p> 					
<p>BREAKFAST Grab n Go Choices include a Variety of Cereal, Muffins, Crackers, Cereal Bars, Yogurt, Cheese Sticks and Fresh Fruit</p>	Breakfast Pizza	Banana Bread	Chocolate Chip French Toast	Cream Cheese Stuffed Bagel Bites	No School
<p>Daily Produce Bars may include Broccoli, Grape Tomatoes, Cucumbers, Celery, Baby Carrots, Mixed Greens, Apples, Bananas, Oranges and Pears.</p> <p>Contact The District Food Service Director, Amanda Fronzaglio, at afronzaglio@ringgold.org, or Kevin Pulit, at kpulit@avifoodsystems.com with any questions or concerns.</p>					



CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Food Service Director.

