VNA Health Care

400 N Highland Ave
Aurora, IL 60506

(630) 491-6981
www.vnahealth.com

Dear East Aurora School District 131 Parents and Guardians:

As we fast approach the start of the new school year, it is important to make sure that your child is up to date with any required school, sports, and camp physicals and immunizations. These check-ups are essential to maintain your child's health and meet school and state guidelines—helping to prevent any missed days from school, sports or camp.

**East Aurora School District 131 students are required to have a school physical along with updated immunizations at specific grade levels and for certain activities. Here's when your child may need them:**

- **Kindergarten:** A physical exam is required to start school, along with any required immunizations.
- **6th Grade:** A physical exam is required for entry into middle school, along with any required immunizations.
- **9th Grade:** A physical exam is required to begin high school, along with any required immunizations
- **12th Grade:** Meningococcal Conjugate Vaccine – All 12th graders must show proof of receiving the vaccine
- **New to Illinois Schools or Change in School District:** Any student enrolling in an Illinois school for the first time or moving to another school district must have a physical exam, along with required immunizations, regardless of grade.
- **Sports Participation (Grades 6–12):** A sports physical is required annually prior to tryouts for students who plan to participate in school athletic programs.
- **Camp Participation:** Many camps also require a recent physical to ensure children are healthy and cleared for activities.

VNA offers **comprehensive and affordable** school, sports, and camp physicals at the VNA Health Center at East Aurora High School, dedicated to EASD 131 students. Hours throughout the school year are Monday – Friday from 8am – 4pm and during the summer the school-based health center is open on Tuesday & Thursday from 8am – 4pm and on Wednesday from 12pm – 4pm. Students can also be seen at any of VNA's other **14 convenient locations. Visit** vnahealth.com/locations for hours. Students can be seen with or without an appointment.

**Now is the best time to schedule your child's physical.** As the school year draws near, appointment availability becomes limited. **Beat the rush and avoid the back-to-school crunch** by making your appointment now—ensuring your child is ready to attend school or play in their favorite sport.

**Call (630) 491-6981 or visit vnahealth.com/schedule to schedule your appointment today.**

**VNA Accepts Those With or Without Coverage**

- VNA accepts Medicaid, Medicare, and private insurance – visit vnahealth.com/about-us/plans-insurance-accepted/
- Limited or No Insurance? You may be eligible to receive discounted services based on income and family size.
- VNA benefits specialists can check eligibility for additional benefits. At VNA, no one is turned away for an inability to pay.

**A Broad Range of Primary Care for Your Child**

- Physicals (school, sports, and camp), immunizations, wellness exams, and routine health screenings
- Acute illness and injury care (e.g., for ear infections, sore throats, or sprained muscles)
- Chronic illness care (e.g., for asthma, diabetes, or seizures)
- Additional services include lab, pharmacy, low-cost prescription drug program, and community wellness programs.

**Flexibility and Convenience for Busy Families**

- Locations across the Chicago suburbs
- Same-day care and walk-ins welcome
- Early morning, daytime, evening, and weekend appointments
- Multilingual staff and translation services available

Make sure that your child starts the school year off right, and schedule their school, sports, or camp physical today!

Sincerely,

*VNA Health Care*

# Beat the rush...

## Schedule School & Sports Physicals Now!

Call Now 630-491-6981 or scan the QR code to visit VNA online.

- ✔ School Physicals are required for students entering kindergarten, sixth and ninth grades, or any student new to Illinois schools.
- ✔ Sports Physicals are required for all athletes in school-sponsored athletic programs.
- ✔ Annual well-child exams are recommended for ALL children.

### Services for Children & Teens

- School physicals and immunizations
- Sports physicals
- Acute illness and injury care
- Wellness exams and routine health screenings
- Nutrition and weight counseling
- Reproductive health services
- Chronic illness care
- Smoking, vaping, alcohol and drug use prevention education
- Mental and behavioral health
- Pharmacy and dental
- Food and housing assistance

**VNA Health Care**
www.vnahealth.com

Aurora | Bensenville | Bolingbrook | Carol Stream | Elgin | Joliet | Romeoville | Villa Park | Wheaton

Medicaid • Medicare • Insurance • Uninsured

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# VNA Health Center at East Aurora High School

Alissa Britt
Nurse Practitioner

Marissa Lopez
Social Worker

Jennifer Misasi
Nurse Practitioner

Christine Schwemin
Nurse Practitioner

## VNA Health Center

located in room 095 of EAHS, next to the nurse's office.

## School year hours:

Monday – Friday
8:00 a.m. – 4:00 p.m.

## Summer 2025 hours:

**Tuesday**
8:00 a.m. – 4:00 p.m.
(Nurse Practitioner)

**Wednesday**
12:00 p.m. – 4:00 p.m.
(Dietitian)

**Thursday**
8:00 a.m. – 4:00 p.m.
(8:00 a.m. – 12:00 p.m.: Nurse Practitioner)
(12:00 p.m – 4:00 p.m.: Social Worker)

**Walk-ins welcome or call for an appointment at:**
**(630) 892-4355**

# Did you know...

You don't need to take your teenager out of school for general medical care? VNA can communicate with your regular doctor as needed.

SIGN UP TODAY!

## *It is a win/win!*

Great care for your student and convenient for you.

*To benefit from this service, please complete and return the parental/guardian consent form to the VNA Health Center located next to the school nurse's office. Visit www.vnahealth.com/service/school-based-health-centers/ to print the consent form or to submit it on-line.

## Convenient Services for students include:

- School physicals and immunizations
- Sports physicals
- Acute illness and injury care (e.g. ear infections, sore throats, or sprained muscles)
- Chronic illness care (e.g. asthma, diabetes, or seizures)
- Reproductive health services (e.g. menstrual issues)
- Nutrition and weight counseling
- Wellness exams and routine health screenings
- Lead screening, TB tests, and other laboratory services
- Smoking, vaping, alcohol and drug use prevention education
- Mental health services for stress, depression, emotional support and referrals

## Medicaid • Medicare • Insurance • Uninsured

VNA accepts students without insurance and no student is turned away due to inability to pay for services

VNA is accredited by The Joint Commission and certified as a Primary Care Medical Home.

VNA Health Care

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