

SCHOOL BASED THERAPY



What is school based therapy?

School based therapy is just that – students receive behavioral health therapy at school, during the school day. Therapy is provided by a licensed mental health clinician from one of our partner agencies, in a private setting within the school building on a regular, on-going schedule.

What concerns can school based therapy address?

School based therapy can address a myriad of concerns, including, but not limited to depression, anxiety, school-related issues, attention concerns, oppositional behavior, grief, social issues, anger, stress management, adjustment concerns and more.

Questions?

Please direct agency specific questions to the contact listed for the agency above. For other questions please read our FAQ page or contact your student's school counselor.

Wadsworth City Schools School Based Therapy Providers

Cornerstone Psychological Services

Accepts: Medicaid and Most Private Insurance
Currently Serving: All buildings K-6
Contact: Denise Hoffmaster, Practice Administrator at 330-722-4166 ext. 200
cornerstonetoday.com

Red Oak Behavioral Health

Accepts: Medicaid and Most Private Insurance
Currently Serving: All buildings K-12
Contact: Cynthia Smith, LPCC-S, Director of Clinical Services at 330-996-4600 ext. 1335, cell: 330-815-6951
redoakbh.org

Bellefaire JCB

Accepts: Medicaid Only
Currently Serving: WHS, WMS
Contact: Jessica Fowler, IMFT-S, LPCC-S, Clinical Supervisor at 330-241-4365
bellefairejcb.org/regionaloffices



FAQ's

How do I get my child signed up for school based therapy services?

The best way to sign your child up is to contact their school counselor who can make the referral for school based therapy. Building School Counselors contact information can be found at bit.ly/wcssupportcontacts

How quickly will sessions begin?

This is dependent on multiple factors, however, parents and guardians ensuring to complete and return paperwork provided from the agency as well as returning phone calls to set up initial assessments will allow the process to move faster. Other factors may include insurance processing as well as appointment availability. After intake is complete sessions will begin as soon as possible.

How do I know which agency to use?

Some factors including your student's building, or type of insurance may determine which agencies are available for you to use. We recommend checking out each agency's website and calling the agency with questions regarding their services.

What communication will I get from the therapist?

Each therapist will have a different approach to communication with each student's parent/guardian. This may also differ depending on the age of each student. We recommend, that you let the therapist know the type and frequency of communication you would like.

How is this therapy paid for?

Just like outpatient behavioral health services, the therapy agency will bill your insurance provider and you will be responsible for any copay or deductible left depending on your insurance plan. If you need assistance paying for services, please contact Sara Kopacko, LISW, Student Well-Being Mental Health Coordinator at 330-335-1463.

What about my child missing school work?

School based therapist will work with the school building to schedule a time with your student that either avoids active learning time in class (grades K-4) or rotates so that students avoid missing the same subject often. However, due to unforeseen circumstances (usually crisis) your child's appointment may move. Students will be responsible for making up missed work. It is the goal of both the therapist and the school to minimize the frequency of this occurrence.

What information will the school receive about my child's therapy session?

Each therapist will ask that you sign a release of information that will allow both the therapist to share relevant and helpful information with appropriate school personnel (typically the school counselor) as well as receive information from the school such as school performance, behavior, and attendance. This allows for both the school and therapist to work as a team to help your student make progress towards their goals.

When to use school based therapy instead of outpatient therapy?

Some families find the convenience of therapy appointments happening during the school day to allow for continued mental health care that may otherwise be unavailable due to challenges with transportation, making and keeping appointments, or other barriers to care.

When is school based therapy not a good fit?

When students attend school based therapy sessions they will then wrap up and go back to class. If your child will be processing traumatic experiences, or require more intensive therapy please consider an outpatient therapy option with one of our partner agencies or another provider within our community that can be found at bit.ly/3s2mbMH