

Sherrard High School

# CROSS COUNTRY CAMP

**June 1 - 4 @ SHS**

**8:00 - 9:30 AM**

**INCOMING GRADES 3 - 8**

**\$50 PER CHILD / DISCOUNT  
FOR ADDITIONAL SIBLINGS**

**T-SHIRT INCLUDED**

**Be A  
Future Tiger!**

**For More Information:**

Grant D. Iles, Head Coach  
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[www.tinyurl.com/sherrardXC](http://www.tinyurl.com/sherrardXC)



## CAMP GOALS:

To provide a fun and exciting environment for individuals interested in running and an introduction to the sport of Cross Country.

Campers will learn more about proper training to optimize their peak performance.

Instruction and training techniques will be provided by the Sherrard Junior High and High School coaching staff and student-athletes.

**Register HERE !**



*A portion of the camp fees will  
be applied to staffing expenses*