



Dear Parent/Guardian,

Welcome to Oak Park and River Forest High School! The OPRF Health Services office will be an important resource for you and your child. We provide services to students who become ill during the school day, and are responsible for maintaining student medical records, among many other duties. This letter will provide you with important information regarding the health and immunization requirements for your incoming 9th grader. Please read through all of this information.

### **Required Medical Exam and Immunizations**

- Illinois School Code requires each student to have a medical examination performed by a licensed healthcare provider (MD, DO, APN, PA). The provider must complete the [Certificate of Child Health Examination](#). Additionally, please note the form includes a history section that must be completed by the parent or guardian. **NOTE: The IHSA Sports Physical form does NOT fulfill the requirement for entry into 9th grade.**
- Parents and guardians are responsible for submitting the medical examination and immunizations.

### **VERY IMPORTANT Failure to Turn in Forms**

All incoming 9th graders are encouraged to turn in the [Certificate of Child Health Examination](#) and up-to-date immunization record on Freshman Book and Schedule pick up day. Those who fail to meet this requirement by the morning of OCTOBER 15, 2026, will not be allowed to come to school until the required documents are turned in, per Board Policy 7:100, and Illinois School Code: 105 ILCS 5/27-8.1.

### **Required Dental Form**

All 9th graders must submit a [Proof of School Dental Exam](#) form by May 15, 2027.

### **Required Form for Prescription and Over-the-Counter Medications**

If a student requires any medication during the school day, including over-the-counter, a [Medication Authorization](#) form must be completed by the student's physician and on file with the Health Services office. A new form is required each school year.

## **Action Plan for Medical Conditions**

In the school setting, certain medical conditions require an action plan to effectively manage the condition during the school day. Emergency action plans must be updated by the student's physician for each school year and submitted to the Health Services office. A new form is required each school year. Please see the list below for copies of emergency action plans for asthma, food allergies, diabetes and seizures:

- [Asthma](#)
- [Food Allergies](#)
- [Diabetes](#)
- [Seizures](#)

**Please submit the completed and signed forms to** [medicalforms@oprfs.org](mailto:medicalforms@oprfs.org). Please direct all questions to the Health Services office at 708-434-3234 or [medicalforms@oprfs.org](mailto:medicalforms@oprfs.org).

Yours in Health,

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