

Somers Central School District

BODY MASS INDEX (BMI) SURVEY OPT-OUT FORM

As part of the required school health examination, each student's height and weight are measured to calculate Body Mass Index (BMI). BMI is used as a screening tool to assess whether a student's weight is within a healthy range.

In accordance with New York State Education Law, schools are required to report **aggregate (summary) data only** regarding student weight status groups to the New York State Department of Health. **No personally identifiable information** (such as student names or individual data) is included in this report.

The purpose of this reporting is to assist public health officials in developing programs and initiatives that promote healthier outcomes for children.

Parents and guardians have the right to exclude their child's information from this reporting.

OPT-OUT REQUEST

I request that my child's weight status information **NOT** be included in the survey reported to the New York State Department of Health.

Student Name: _____

School: _____

Grade: _____

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____

Date: _____

Please return this completed form to your child's school nurse.
