SACRED HEART
GREENWICH

2026-2027 Sacred Heart Greenwich
Middle School Uniform Requirements

FlynnO'Hara: (800) 441-4122 – www.flynnohara.com
Lands' End: (800) 469-2222 – www.landsend.com
Sacred Heart Bookstore: (203) 532-3538 – www.shgreenwich.org

The Sacred Heart Greenwich dress code refers not only to wearing the specified attire, but also to looking neat and well-groomed. The following dress code regulations apply from 8:00 a.m. to 3:25 p.m. and at school-sponsored events. Any teacher or administrator at Sacred Heart Greenwich has the right and responsibility to monitor and enforce uniform requirements. The success of the dress code calls for the cooperation of students, parents, and teachers.

Daily Uniform:

Bottoms:

- **Grade 5, 6 & 7 (Skort Required):** Black Watch plaid skort. Skorts must be an appropriate length. Skorts must be no higher than 4 inches above the knee. The skort is required in 5th, 6th, 7th grade. The skorts can be purchased from FlynnO'Hara. Skorts will be required for all future years in Middle School.

- **Grades 8 (Skirt or Skort):** Black Watch plaid kilt or skort. Kilts must be an appropriate length. Kilts are required to be no higher than 4 inches above the knee. The kilts can be purchased from FlynnO'Hara or Lands' End. Skorts can be purchased from FlynnO'Hara.

- **The following are permitted to be worn under skirts and skorts**
  - Shorts or spandex may be worn under skirts but may not be visible.
  - Tights**:** Plain navy blue, black, or white may be worn.
  - Leggings**:** Plain black or navy blue ankle-length leggings may be worn. No logos or designs are permitted except for the school name or logo. **No flared leggings or sweatpants are allowed under the uniform skirt/skort.**

- **Pants:** Navy blue uniform pants may be worn. The pants are available from both uniform vendors listed above and are the only pants accepted as part of the school uniform.

Tops: All approved tops included below must have a Sacred Heart Greenwich logo, except for the turtleneck.

- **Polo Shirt:** White, navy blue, or hunter green polo shirt with the school logo. Polos must be purchased from either Lands' End or the Sacred Heart Greenwich Bookstore (limited stock available in the Bookstore).
- **Turtlenecks:** White, navy blue, or hunter green.
  - Please note: cowl necks, oversized shirts, and ribbed turtlenecks are not permitted.
- **Sweater:** Cardigan or crew neck sweater with the school logo.
  - Please note: a polo shirt or turtleneck must be worn underneath the uniform-approved sweater

- **Sweatshirts:** Any Sacred Heart Greenwich sweatshirt purchased (except tie-dye) through the school may be worn with the uniform except on Dress Uniform days. The sweatshirt should not be altered in any way and must be worn right side out. The fleece jacket purchased through the school with the school logo is also acceptable.
    - Please note: a polo shirt or turtleneck must be worn underneath the uniform-approved sweatshirt or fleece
- **Long-Sleeve T-Shirt:** Any long sleeve t-shirt, purchased through the school, with the school logo. Available for purchase through the Sacred Heart Greenwich Bookstore.
    - Please note: a polo shirt or turtleneck must be worn underneath the uniform-approved long-sleeve t-shirt

Shoes/Socks:

- **Shoes:** Athletic sneakers. No boots, moccasins, slippers, or backless shoes.
- **Socks:** Any color ankle or no-show sock; white or navy athletic or knee sock; any school logo socks purchased through the school bookstore.

Dress Uniform:

Students will be notified in advance of when they will need to be in dress uniform. The dress uniform includes the following:

- **Bottom:** Black Watch plaid kilt/skort
- **Top:** White short- or long-sleeve polo shirt with the school logo
- **Optional:** Navy cardigan, crewneck or ¼ zip-up navy sweatshirt or navy fleece with the school logo

Jewelry/Accessories:

- Jewelry in good taste; no jewelry that causes distraction to others
- No piercing of the tongue or of visible body parts except limited piercing of the ears.
- No hats, scarves, bandanas, sunglasses, or other such accessories are permitted.

Appearance:

- No visible tattoos
- No non-conventional hair colors

8th Grade Shirt Privileges:

- **Students in Grade 8** may wear a long-sleeve t-shirt with the School logo available through the Sacred Heart Greenwich Bookstore. (Made available in September to 8th graders)

Enforcement:

Any student not in proper uniform will receive a Behavior Note for Uniform. Chronic violations of the uniform requirements will result in more serious disciplinary action as outlined in the student handbook.

Non-Uniform Days (Civvies Days):

Students are expected to present a neat appearance and adhere to the following guidelines on non-uniform or "civvies days." If necessary, the Dean of Students or any Faculty member may request a student change into appropriate dress.

- No short skirts, short shorts, tank tops, halter, or strapless tops or dresses.
- No t-shirts with offensive wording or pictures as deemed by the Dean of Students/Faculty.
- No shirts that expose the midriff area or display cleavage.
- No flip-flops or slippers.
- Students will be expected to be in appropriate dress for special events.

PE Uniform Requirements:

All students are required to wear the following in PE Classes:

- PE uniform short-sleeve Sacred Heart Greenwich logo t-shirt
- Black Shorts
- PE uniform crewneck or hoodie logo sweatshirt
- PE uniform club fleece pants or black ankle-length leggings

Athletic Uniforms & Game Day Dress Code:

- All field hockey, soccer, basketball, and lacrosse athletes must purchase the Sacred Heart Greenwich athletics pinnie from the bookstore.
- Students participating in the Sacred Heart Greenwich Athletic program should wear their black Sacred Heart Greenwich sweatshirt and sweatpants over their uniform to competitions.
- Team Jerseys are provided to athletes and must be returned at the end of the season.
- Team jerseys are acceptable classroom attire on game day. However, they may not be worn during physical education classes or team practices.