SACRED HEART
GREENWICH

2026-2027 Sacred Heart
Barat Center Uniform Requirements
Updated April 2026

FlynnO'Hara: (800) 441-4122 – www.flynnohara.com
Lands' End: (800) 469-2222 – www.landsend.com
Sacred Heart Greenwich Bookstore: (203) 532-3538 – https://sacred-heart-greenwich-bookstore.square.site/

The Sacred Heart Greenwich dress code refers not only to wearing the specified attire, but also to looking neat. The following dress code regulations apply from 8:00 am to 3:00 pm

Jumpers & Pants

Girls:

- Black Watch plaid jumper. Available only through FlynnO'Hara
    - To note: XXS is most equivalent to a standard size 5/6
- Optional: Navy blue chino pants may be worn in place of the Black Watch plaid jumper; pants are available, but not limited to, examples shared from FlynnO'Hara or Lands' End.

Boys:

- Navy blue chino pants; pants are available, but not limited to, examples shared from FlynnO'Hara or Lands' End; if weather permits, navy blue chino shorts

Shirts

Girls:

- White short- or long-sleeve Peter Pan collared shirt
- White turtleneck

Boys:

- White or navy short- or long-sleeve polo with school logo from Lands' End
- White turtleneck

Sweaters and Sweatshirts

- Navy blue cardigan or v-neck sweaters with the school logo from FlynnO'Hara or Lands' End
- Navy quarter-zip of full-zip fleece from Flynn O'Hara or the SHG Bookstore

Socks, Tights, and Leggings

Girls:

- Plain white ankle socks
- Plain white or navy knee-high socks
- Plain white or navy tights
- Plain navy or black ankle-length leggings may be worn underneath the jumper
- **No sweatpants, flared leggings, or leggings with embellishments**

Boys:

- Plain white ankle or crew socks

Footwear

- Flat navy or black rubber-soled loafer or Mary Jane shoes with no embellishments
- White sneakers with minimal navy or black trim; white shoelaces only (Velcro is highly recommended.)
  - **No sneakers with flashing lights**
  - **No embellishments, such as sparkles**
  - **No high top sneakers or boots**

PE Uniform

Students in the Barat Center should wear their PE uniform top (shirt and/or sweatshirt) and bottoms (shorts and/or sweatpants) from the SHG Bookstore on scheduled PE days.
To note: The Black Watch plaid jumper or navy blue pants/shorts are not required on PE days.

- PE uniform short-sleeve gray Sacred Heart logo t-shirt
- PE uniform black Sacred Heart logo gym shorts
- PE uniform black crew neck logo sweatshirt
- PE uniform black club fleece pants (Or, leggings underneath the PE shorts are also permitted.) **Leggings alone are not permitted.**

Dress Uniform

There are certain occasions on which students will be asked to wear their dress uniform: Picture Day, All-School Liturgies, Tour Days, Grandparents and Special Visitors Day, the Christmas Concert, etc.

- Black Watch plaid jumper or navy blue chino pant
- Navy sweater or fleece with the school logo, only (**No sweatshirts**)
- The footwear described above, including the uniform white sneaker
- If your child has PE:
  - Girls: Please have your daughter wear her PE shorts under her jumper. She will take off her jumper and wear her white shirt to PE that day. If you opt to

have her wear her rubber-soled loafer or Mary Jane shoes, please pack her uniform white sneakers.

- Boys: Please have your son wear his navy blue chino pants or shorts. He will wear this regular uniform bottoms and white shirt to PE that day. If you opt to have him wear his rubber-soled loafer shoe, please pack his uniform white sneakers.

Spirit Fridays

Every Friday (unless it is a designated dress uniform day), students will be permitted to wear any Sacred Heart Greenwich sweatshirt over their white shirt and jumper, or PE uniform. Sweatshirts can be purchased from the Tiger's Den or the SHG Bookstore, and sweatshirts from any school-sponsored activities may be worn.

In addition:

- No nail polish or fake nails
- No makeup
- No colored hair extensions
- Headbands and hair bows should be standard-sized and appropriately proportioned to complement the uniform
- No jewelry, except stud pierced earrings and small medals to be worn under the shirt
- No watches

Non-Uniform Days (Civvies Days)

Students are expected to present a neat appearance and adhere to the following guidelines on non-uniform or "civvies days"

- No pajamas or pajama pants
- No short shorts, spaghetti straps, halter tops, or shirts that expose the midriff area
- No flip-flops or slippers; all shoes must have a back and can be worn to school activities such as PE and Mustard Seeds
- Denim is permitted so as long as it is neat with no rips (free of any distressing, tears, or holes)

Enforcement

Any student not in proper uniform will receive a Uniform Reminder card to be signed by a parent and returned. Any teacher or administrator at Sacred Heart has the right and responsibility to monitor and enforce uniform requirements. Success of the dress code calls for the cooperation of students, parents, and teachers.