

APPLE PARENTAL CONTROLS: QUICK PARENT SETUP GUIDE

iPhone & iPad

Before you begin: Set up Family Sharing, add your child's Apple Account, and turn on Content & Privacy Restrictions in Screen Time. You're then ready to manage parental controls.

<https://support.apple.com/en-us/108380>

For detailed instructions on parental controls, visit: <https://support.apple.com/en-us/105121>

Prevent App Downloads & In-App Purchases

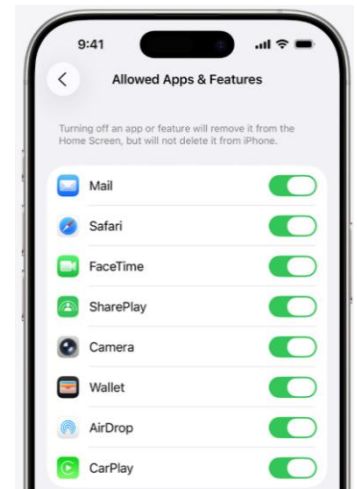
Settings → Screen Time → Family → Child's Name → Content & Privacy Restrictions → iTunes & App Store Purchases

- Set **Installing Apps** to *Don't Allow*
- Set **Deleting Apps** to *Don't Allow*
- Set **In-App Purchases** to *Don't Allow*
- Under **Require Password**, select *Always Require*

Allow or Restrict Built-In Apple Apps

Settings → Screen Time → Family → Child's Name → Content & Privacy Restrictions → Allowed Apps & Features

- Turn apps **ON** or **OFF** as needed
- Apps are hidden, not deleted

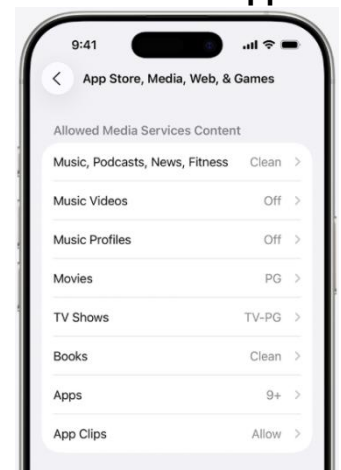


Prevent Explicit Content & Manage Content Ratings

Settings → Screen Time → Family → Child's Name → Content & Privacy Restrictions → App Store, Media, Web & Games

Configure limits for:

- Music & Podcasts (explicit content)
- Music Videos
- Movies (by rating)
- TV Shows (by rating)
- Books
- Apps (by age rating)
- App Clips

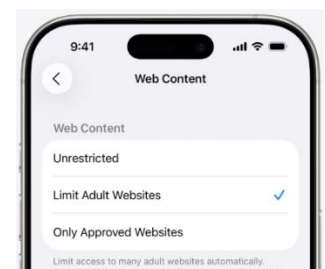


Prevent Inappropriate Web Content

Settings → Screen Time → Family → Child's Name → Content & Privacy Restrictions → App Store, Media, Web & Games → Web Content

Select one option:

- Unrestricted
- Limit Adult Websites
- Only Approved Websites



GOOGLE / ANDROID: QUICK PARENT SETUP GUIDE

Android Phones, Tablets & Chromebooks

Before You Begin: Set up Google Family Link and add your child's Google Account to your family group. Once supervision is active, you can manage apps, purchases, screen time, and web content.

For detailed instructions to set up family link, visit: <https://families.google/familylink/>

Prevent App Downloads & In-App Purchases

Family Link app → Select Child → Controls → Google Play

- Turn on **Require approval for purchases**
- Set app & game content ratings by age
- Approve or block downloads before install
- In-app purchases require parent approval

Block or Limit Apps

Family Link app → Select Child → Controls → Apps

- Block or allow individual apps
- Set app-specific time limits
- Block apps across all supervised devices

Restrict Built-In Permissions

Family Link app → Select Child → Controls → App permissions

- Control access to:
 - Camera
 - Microphone
 - Location
 - Contacts

Prevent Inappropriate Web Content

Family Link app → Select Child → Controls → Filters → Google Chrome

- Choose one:
 - Allow all sites
 - Try to block explicit sites
 - Only allow approved sites
- Manually allow or block specific websites

Filter Google Search (SafeSearch)

Family Link app → Select Child → Controls → Google Search

- SafeSearch is **ON and locked** by default for supervised accounts
- Parents can adjust settings as needed