

Shiner ISD School Health Advisory Council (SHAC) Meeting #4- 5/8/26

Minutes

- Welcome and Call to Order at 2:31 pm
- Introductions and Documentation of Attendance (Sign In Sheet)
- Approval of Minutes from last meeting
- Review of Programs:
 - Health Instruction- Coach Winkenwerder- Discussed in health: Skeletal system, digestive, and respiratory systems, Infectious and Non infectious diseases
 - Health Services - Nurse Aman- Finishing up health screen referrals for State Reports; Completed and submitted the TEA Health Survey
 - Physical Education- Nurse Aman for Coach Nitsch (Absent)- Working on Field Day and FitnessGram
 - School Counseling-
 - Mrs. Steffek (JH and HS)- All testing finished- STAAR, SAT/ACT; Finishing out Dual Credit exams, AP Calculus and HS finals; Graduation coming up; course requests for next year
 - Mrs. Boner (Elem.)- Character Trait- Creative; Reaching out to speakers for Red Ribbon Week for next year; speaking about bullying and reporting- if you see something say something
 - Nutrition Services- Mrs. Glenda Nevlud- No changes as of now, trying to finish out the school year with what they have. May have some changes coming out with milk- no flavored milk possibly, will have to check the new guidelines before next school year
- Family and Community Involvement
 - Field Day
 - Awards Ceremony
- Open Discussion and Questions
 - SHAC Annual Report, to be presented at 5/20/26 School Board Meeting
 - Topics for next year SHAC; new laws coming into effect
 - UIL Heat Guidelines, Rapid Cooling Zone- Athletes and Marching Band
 - SB 25- a required 0.5 credit Nutrition elective class for HS in 2027
- Adjournment:
 - Motion: Mrs. Michelle Winkenwerder
 - Second: Mrs. Brandi Wallace
 - Vote: unanimous
 - Meeting adjourned at 2:53 pm