



TEXARKANA

Independent School District

School Health Advisory Council (SHAC)

April 29, 2026

MINUTES

The Student Health Advisory Council (SHAC) of Texarkana Independent School District met in official regular session on Wednesday, February 4, 2025, at 11am at Instructional Services Building located at 3413 Summerhill Road, Texarkana, Texas.

Council Members Present

James, Ashley
Cheatham, Denise
Doss, Amy
Fortenberry MD, Charles
Hardy, David
Harper, Brittney
Kimbo, Bill
Levington, Katrina
Luna, Liliana
Magness, Amanda
Payton, Kristen
R., Tracy
Spohn RN, Heather
Vaughn, Shawn
Williams-Jackson, LaSandra
Wrinkle, Camile
Mayo, David
Wiley, Mackenzie
Davis, Shawn
Breiby, Erin
Pennington, Cathy
Levingston, Joe



TEXARKANA

Independent School District

Meeting called to order

Elodia Witterstaetter, Director of State and Federal Programs, called the meeting to order at 11:17 a.m. A quorum was established and the meeting began with the introduction of members of the council. Following introductions and welcome remarks by Elodia Witterstaetter. The committee was informed of the mission and purpose of the SHAC.

Consideration/Approval of Agenda

It was MOVED by Charles Fortenberry MD, SECONDED by Amy Doss, "to approve the agenda as presented." MOTION CARRIED UNANIMOUSLY. Ayes 22 – Nays 0.

Health Services Update/Report

Heather Spohn, Coordinator of School Health, shared CSM Asthma bus info.

Child Nutrition Update/Report

Shawn Davis, Director of Child Nutrition, provided updates on the Triennial Assessment report. MOTION CARRIED UNANIMOUSLY, to continue with the Wellness Plan as written Ayes 18 - Nays 0.

Stakeholder Feedback Highlights

- Stakeholders selected "No" regarding participation in Farm to School activities and/or maintaining school gardens. It was noted that campuses may benefit from additional guidance and support to encourage participation in these programs districtwide.
- Stakeholders agreed not to implement nutritional standards for foods and beverages served at school parties, celebrations, and special events at this time.
- Stakeholders recommended exploring annual staff training on nutrition and physical activity through the district's existing online professional development platform, Public School Works.

Counseling Services/Mental Health Report

Mrs. Sutton, Counseling Services, no report was given due to STAAR testing.

Tough Kookie Foundation



TEXARKANA

Independent School District

Katrica Levington, Founder of ToughKookie Foundation, provided information on Health, Cancer and Support Groups (Meet 3rd Sunday of each month at Premier School.

Consideration/Approval of Next Meeting Date

Elodia Witterstaetter, Director of State and Federal Programs, provided the following upcoming meetings, it was MOVED by Charles Fortenberry MD, SECONDED by Shawn Vaughn. An end-of-year QR code was provided to gather current members input on whether or not they wish to continue on the committee for the following school year.

Dates of upcoming meetings:

October 7, 2026

December 9, 2026

February 3, 2027

April 28, 2027

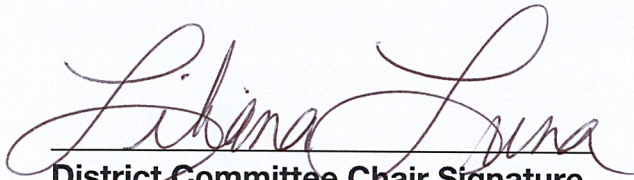


TEXARKANA

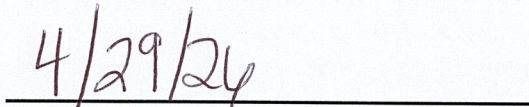
Independent School District

Adjournment

There being no other business to come before the School Health Advisory Council (SHAC), the meeting adjourned at 12:18 p.m.



District Committee Chair Signature



Date

Purpose and Mission of the Council: A local school health Advisory council has been established to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction. A majority of members must be parents of students enrolled in the District and who are not employees of the district. One or more classroom teachers,