

**LINCOLN PUBLIC SCHOOLS  
HEALTH & WELLNESS COMMITTEE  
MEETING MINUTES  
APRIL 30, 2026**

Mrs. Roll called the meeting to order at 8:00 AM

Dr. Monaco shared a draft of the Family Engagement Protocol that is required by a recent revision to the District's Family Engagement Policy. Those present were divided into discussion groups to consider what the use of this Protocol would look like at the school level and classroom level. These discussions identified the importance of two-way communication and the importance of maximizing the use of current technology at both the District and School level to maximize this effort in a consistent and meaningful way. Using the connection between family engagement and student learning was mentioned as a way to focus the effort to engage families in a meaningful way. Dr. Monaco asked the Principals to include steps that would be included in their School Improvement Plans for the 2026 school year. This will continue to be a Focus Area for the work of the Health & Wellness Committee.

Mrs. Peck provided an update on the District's efforts to support Staff Wellness. Current work with The Trust will continue as well as supporting the Wellness Champions in each school.

Mr. Williamson provided an update on the status of the effort to implement the Food Waste Recycling Project at Lincoln Middle School. He has been able to observe the program at Birchwood MS and spoke with the Principal at Burrilville MS about their implementation experience. Members of the RI Recycling Project (Kendra Gay and Kate Tompkins) will visit LMS to assist in getting those pieces of the recycling process in place before the end of the school year. Mrs. Roll noted that the size of the LMS student population moving through "lunch period" presents challenges that other Middle Schools with smaller enrollments.

LHS students reported on the recent activities of HOSA (Health Occupations Students of America). LHS HOSA students competed in the HOSA State Leadership Conference on March 6th at Johnson and Wales University. Students have been preparing since last October and were tested in one of the following areas: CPR/First Aid, Biotechnology, Phlebotomy, Medical Math, Medical Terminology, Sports Training, Behavioral Health, Pharmacology and World Health Disparities. Students competing included: Emmalyn Aruajo, Rahul Chandra Mohan, Molly Comtois, Joseph Defeo, Zaynab Diop, Nathan Duclos, Evelyn Gay, Eva Genereux, Snigdha Kethineni, Halima Kouraj, Eva Magnell, Jack Manion, Kaitlin Manion, Malavika Syam Jayan, Madalyn Tompkins-Mysels, and Richard VanNieuwenhuize. Jack Manion and Molly Comtois won Silver Medals in Medical Terminology and Sports Medicine respectively. Molly will be attending the National HOSA Conference in Indianapolis in June. Mrs. Roll congratulated HOSA and their Faculty Advisor, Mrs. Beth Bedrossian on its success in building a new student-led organization this year.

Four Health and Wellness Committee Focus Areas have been identified for the 2026-27 school year:

1. Family Engagement
2. School Nutrition - Student Survey
3. Mental Health Awareness
4. Food Waste Recycling Program

Meeting adjourned at 8:50 AM.