



Meet Your Nutritious Friend:
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				5/1/26 Turkey Sausage, Egg and Cheese on English Muffin Apple Slices Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk
5/4/26 Strawberry Mini Bagel Pear Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk	5/5/26 Mini French Toast with Syrup Apple Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	5/6/26 Vanilla Yogurt with Scooby Snack Banana Assorted Cereal Bars Assorted Pop Tarts 100% Orange Juice Choice of Milk	5/7/26 Mini Maple Pancakes with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk	5/8/26 Banana Bread Apple Slices Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk
5/11/26 Mini Cinni Cream Cheese Bagel Pear Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk	5/12/26 Turkey Sausage Breakfast Pizza Apple Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	5/13/26 Strawberry Yogurt with Scooby Snack Banana Assorted Cereal Bars Assorted Pop Tarts 100% Orange Juice Choice of Milk	5/14/26 Mini Maple Pancakes with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk	5/15/26 Blueberry Muffin with Graham Crackers Apple Slices Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk
5/18/26 Banana Bread Pear Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk	5/19/26 School Closed Primary Election Day 	5/20/26 Vanilla Yogurt with Scooby Snack Banana Assorted Cereal Bars Assorted Pop Tarts 100% Orange Juice Choice of Milk	5/21/26 Mini Egg Waffles with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk	5/22/26 WG Bagel with Cream Cheese Apple Slices Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk
5/25/2026 No School Memorial Day 	5/26/26 Pancake Sausage on a Stick Apple Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	5/27/2026 Strawberry Yogurt with Scooby Grahams Banana Assorted Cereal Bars Assorted Pop Tarts 100% Orange Juice Choice of Milk	5/28/2026 Confetti Pancakes with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk	5/29/2026 Blueberry Bread Apple Slices Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk

What is a Meal ?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A Minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast

Whole Grain Cereals
(Served with Graham Crackers)
Cinnamon Toast Crunch , Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios, Frosted Flakes, Honey Nut Cheerios

Choice of Fruit

Seasonal Fresh Fruits:
Apples, Bananas, Pears, Oranges, Strawberries, Blueberries, Tangerines, Grapefruit, Melons.

Canned Fruits in Fruit Juice:
Applesauce, Peaches, Pears, Mixed Fruit, Mandarin Oranges, Pineapple

100% Fruit Juice
Apple, Grape, Fruit Punch, Orange

Choice of Milk
1% White, Fat -Free White, Fat-Free Chocolate Milk

Work while your children are learning !

Now Hiring

Part-time dining services substitutes with potential for permanent positions

For more information please contact:

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or

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Meal Prices
Breakfast is free for all students regardless of

Explore Nutritionals, virtual menus & make payments online at:
<http://www.schoolcafe.com/BethlehemASD> or scan the School

