



Meet Your Nutritious Friend:
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				5/1/26 1. Big Daddy's Cheese Pizza or 2. Mini Chicken Corn Dogs with Dinner Roll Feature Veggie Broccoli w/ Lemon and Parm Garden Chickpea Salad Choice of Fruit Choice of Milk
5/4/26 1. Chicken Nuggets with Dinner Roll or 2. Hamburger on a WG Bun Feature Veggie Buttered Corn Cucumber Slices Choice of Fruit Choice of Milk	5/5/26 1. Walking Tacos with Cheese Doritos or 2. American Hoagie on WG Roll Feature Veggie Mixed Vegetables Cherry Tomatoes Choice of Fruit Choice of Milk	5/6/26 1. Dutch Waffles with Turkey Sausage or 2. Chicken Cheese Steak on WG Roll Feature Veggie Glazed Carrots Broccoli Salad Choice of Fruit Choice of Milk	5/7/26 Chicken Mash Potato w/ Gravy and WG Roll or 2. Sloppy Joe on WG Bun Feature Veggie Buttered Corn Red Pepper Strips Choice of Fruit Choice of Milk	5/8/26 Stuffed Crust Cheese Pizza or 2. Beef Hot Dog with Dinner Roll Feature Veggie Steamed Broccoli Garden Salad Choice of Fruit Choice of Milk
5/11/26 1. Chicken Tenders with Pretzel Stick or 2. Pizza Crunchers with Marinara Sauce Feature Veggies Mixed Vegetables Baby Carrots Choice of Fruit Choice of Milk	5/12/26 1. Beef Taco on Soft Shell Tortilla or 2. Pork Ham & Cheese on Pretzel Roll Feature Veggies Black Bean Cherry Tomatoes Choice of Fruit Choice of Milk	5/13/26 1. French Toast Sticks w/ Turkey Sausage or BBQ Chicken Sub on WG Roll Feature Veggies Buttered Corn Cole Slaw Choice of Fruit Choice of Milk	5/14/26 1. Chicken Alfredo with Garlic Bread or 2. Bacon Cheeseburger on WG Bun Feature Veggies Steamed Broccoli Garden Salad Choice of Fruit Choice of Milk	5/15/26 1. Galaxy Cheese Pizza or 2. Turkey and Cheese Hoagie on WG Roll Feature Veggies Ranchero Carrots Cucumber Slices Choice of Fruit Choice of Milk
5/18/26 1. Cowboy Burger on WG Bun or 2. Chicken Nuggets w/ Dinner Roll Feature Veggies Mashed Potatoes Garden Salad Choice of Fruit Choice of Milk	5/19/26 Schools Closed Primary Election Day 	5/20/26 1. Mini Maple Waffles with Turkey Sausage or 2. Sloppy Joe on WG Bun Feature Veggies Buttered Corn Cucumber Slices Choice of Fruit Choice of Milk	5/21/26 1. Beefaroni with Dinner Roll or 1. Chicken Tenders with Pretzel Stick Feature Veggies Buttered Carrots Garden Chickpea Salad Choice of Fruit Choice of Milk	5/22/26 1. Big Daddy's Cheese Pizza or 2. Mini Chicken Corn Dogs with Dinner Roll Feature Veggies Mixed Vegetable Baby Carrots Choice of Fruit Choice of Milk
5/25/2026 School Closed Memorial Day 	5/26/26 1. Chicken Walking Tacos with Cheese Doritos or 2. Chicken Bacon Ranch Sandwich on WG Roll Feature Veggies Steamed Broccoli Black Beans Choice of Fruit Choice of Milk	5/27/2026 1. French Toast Sticks with Turkey Sausage or 2. Buffalo Chicken Dip over Tortilla Chips Feature Veggies Mixed Vegetables Cucumber Slices Choice of Fruit Choice of Milk	5/28/2026 1. Macaroni & Cheese with Dinner Roll or 2. Grilled Cheese on Texas Toast Feature Veggies Buttered Corn Broccoli Salad Choice of Fruit Choice of Milk	5/29/2026 1. French Bread Pizza or 2. Beef Hot Dog on WG Roll Feature Veggies Glazed Carrots Red Pepper Strips Choice of Fruit Choice of Milk

What is a Meal?

Students must choose at Least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum of 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot Vegetable, Leafy Salad, Composed bean salad, seasonal fresh vegetable

Choice of Fruit

Seasonal Fresh Fruits: Apples, Bananas, Pears, Oranges, Strawberries, Blueberries, Tangerines, Nectarines, Grapefruit, Melons, Grapes

Canned Fruit:

Applesauce, Peaches, Pears, Mixed Fruit, Mandarin Oranges, Pineapple.

100% Juice:

Apple, Oranges, Grape, Fruit Punch

Choice of Milk

1% white, fat-free white, fat-free white, fat-free chocolate

Daily Alternates

- Option 3:** PB&J Craveable
- Option 4:** Soft Pretzel Craveable

Weekly Rotating Alternates

Option 5:

Italian Craveable

Pepperoni, Mozzarella Cheese Stick, Golf Fish Crackers, Baby Carrots, Grapes
5/1/26
5/11/26-5/15/26
5/25/26-5/26/26

Turkey & Cheese Craveable

Deli Turkey, Cheddar Cheese Cubes, Baby Carrots, Applesauce, Goldfish Crackers
5/4/26-5/8/26
5/18/26-5/22/26

