

Middle School Lunch Menu

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				5/1/26 Baked Macaroni and Cheese Bar Feature Veggie Steamed Broccoli Garden Salad Choice of Fruit Choice of Milk
5/4/26	5/5/26	5/6/26	5/7/26	5/8/26
Turkey and Provolone Super Sub Feature Veggie Lemon Parm Broccoli Baby Carrots Choice of Fruit Choice of Milk	Chicken Fajitas on Soft Shell Tortilla Feature Veggie Mexicali Corn Cucumber Slices Choice of Fruit Choice of Milk	Dutch Waffle with Sausage Link Feature Veggie Potato Wedges Green Pepper Strips Choice of Fruit Choice of Milk	Sesame Chicken over Vegetable Fried Rice Feature Veggie Steamed Broccoli Asian Slaw Choice of Fruit Choice of Milk	Mini Chicken Corn Dogs with Dinner Roll Feature Veggie Ranchero Carrots Garden Chickpea Salad Choice of Fruit Choice of Milk
5/11/26	5/12/26	5/13/26	5/14/26	5/15/26
Hot Honey Chicken Club Sliders Feature Veggie Mixed Vegetables Baby Carrots Choice of Fruit Choice of Milk	Burrito Bowl over Rice Feature Veggie Black Beans Pico De Gallo Choice of Fruit Choice of Milk	French Toast Sticks with Sausage Links Feature Veggie Hash Brown Tri Taters Creamy Cucumber Salad Choice of Fruit Choice of Milk	Chicken Drumsticks with Dinner Roll Feature Veggie Buttered Corn Garden Salad Choice of Fruit Choice of Milk	Chicken Tenders with Pretzel Stick Feature Veggie Buttered Carrots Green Pepper Strips Choice of Fruit Choice of Milk
5/18/26	5/19/26	5/20/26	5/21/26	5/22/26
Ranchero Chicken on Flatbread Feature Veggie Steamed Broccoli Celery Sticks Choice of Fruit Choice of Milk	No School Primary Election Day 	Dutch Waffles with Sausage Links Feature Veggie Hash Brown Tri Taters Garden Chickpea Salad Choice of Fruit Choice of Milk	Mozzarella Sticks with Marinara Sauce Feature Veggie Mixed Vegetables Cucumber Slices Choice of Fruit Choice of Milk	Chicken Nuggets with Pretzel Stick Feature Veggie Buttered Corn Caesar Salad Choice of Fruit Choice of Milk
5/25/2026	5/26/26	5/27/2026	5/28/2026	5/29/2026
School Closed Memorial Day 	Beef Walking Tacos with Doritos Feature Veggie Glazed Carrots Black Bean and Corn Salsa Choice of Fruit Choice of Milk	Boneless Wing Bar with Dinner Roll Feature Veggie Baked Fries Carrot/ Celery Choice of Fruit Choice of Milk	Chicken Alfredo with Garlic Bread Feature Veggie Lemon Parm Broccoli Cucumber Slices Choice of Fruit Choice of Milk	Loaded Pierogis with Cheddar and Bacon Feature Veggie Buttered Corn Red Pepper Strips Choice of Fruit Choice of Milk
Rose Levan ,General Manager 610.861.8135 Ext. 37714 ma155@metzcorp.com	Meal Prices Student Lunch \$2.85 Reduced Lunch - \$0.00	Explore Nutritionals, virtual menus & make payments online at: http://www.schoolcafe.com/BethlehemASD or scan the School Cafe QR code to the right.		

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Daily Alternate Entrees

May Include

Grill

- Hamburger on Bun
- Cheeseburger on Bun
- Grilled Chicken on Bun
- Chicken Patty on Bun
- Spicy Chicken Patty on Bun
- Spicy Chicken Fries

Pizza Station

- Cheese Pizza
- Pepperoni Pizza
- Specialty Pizza

Chef Fresh Station

- Assorted Sandwiches and Wraps
- Assorted Salads
- Assorted Yogurt Parfaits
- Assorted Craveables

Now Hiring

Part-time dining services substitutes with potential for permanent positions

For more information please contact:

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or

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