Wellness Council Meeting Minutes

March 23, 2026

Members:

Kai Byrd (Superintendent)	Caitlin Bruni (Nurse)
Jackie Nathman (Assistant Principal)	Peter Ferrara (Chartwells Director of Dining Services)
Brandy Spargo (HR, BOE Executive Assistant)	Andrea Hubbard (Curriculum Coach)
Donna Ricciardi (Business Manager)	Nicole Doonan (Parent)
Teri Brunelli (BOE Office Assistant)	

Attending: Kai Byrd, Donna Ricciardi, Brandy Spargo, Teri Brunelli, Peter Ferrera, Nicole Doonan

Absent: Caitlin Bruni, Jackie Nathman, Andrea Hubbard

Visitors: None

Call to Order

- Mrs. Brunelli called the meeting to order at 7:45am. via Zoom.

Approval of Minutes

1. **Motion** by Byrd, second by Ferrera to approve the February 12, 2026 meeting minutes as presented. *The motion carries 5 yes, 1 abstain*

Agenda

1. Update on Staff and Student Wellness
   - ➔ Mrs. Brunelli shared that Ms. Vallejo, our physical education teacher, incorporates wellness activities and social-emotional learning into her classes which includes sportsmanship, teamwork and communication.
   - ➔ Ms. Vallejo also sends home a monthly newsletter to families which highlights what students are learning in gym and includes suggestions for families to stay active at home.
   - ➔ Mrs. Brunelli is also working with Ms. Nathman on activities for Every Kid Healthy Week in April
   - ➔ For staff wellness, Mrs. Brunelli shared that during the PD on Friday,

Approved

March 20, staff were given time in the morning to catch up on things for themselves and within their classroom. Staff donated canned goods and made many baskets to be given out to our families in need during April vacation. Staff also made blankets that will be given to students and seniors within our community.

Future agenda items

- Approval of March 23, 2026 Meeting Minutes
- 2025-2026 Student Wellness
- Parent/Student activities
- Staff Wellness

Adjournment

- Meeting adjourned at 7:49 am

Next meeting: May 11, 2026

Approved