THE DISH

⊛ YOUR SCHOOL NUTRITION NEWSLETTER ⊛



May Staff Birthdays

Happy Birthday to our School Nutrition staff members!

Malar - HS Kitchen Staff



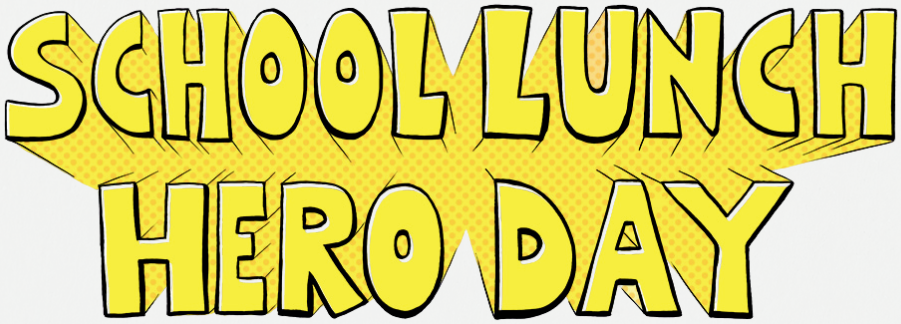
UPCOMING EVENTS

⊛ **School Lunch Hero Day**
Friday, May 1st
Please join us by giving thanks to our MG school nutrition staff members!

⊛ **International Hummus Day**
Wednesday, May 13th
Celebrate this fun food day by trying our homemade hummus at lunch with fresh vegetables!

⊛ **Muffin MAYnia**
Thursday, May 21st
Introducing a Homemade Banana Chocolate Chip muffin during breakfast at all schools for Muffin MAYnia.





School Nutrition Heros

Every year on the first Friday of May, we celebrate School Lunch Hero Day. A national recognition day for school nutrition staff members and their hard work, dedication, and care towards students.
Every school day, these heros prepare healthy meals for students while following strict nutrition standards, navigating student food allergies, and serving students with a smile! They truly are passionate, often underrecognized, vital members of the school community. Without them, we would not be able to feed our students breakfast or lunch. Please give your schools' nutrition staff members a big thank you this month for all that they do.

View our meal offerings on the school nutrition webpage!

Message from the Dietitian

Thank you to our school nutrition staff members for working hard every day in providing meals for our students. We could not do it without you!

Thank you for another great school year! Have a wonderful summer break.



Community Feature

Get involved in School Wellness

We are looking for families, staff, students, and community members to join the Monona Grove Wellness Committee. The committee works collaboratively to identify district wellness priorities, develop action plans, and make recommendations to the School Board for future wellness policy updates.

At our first meeting on April 29, participants reviewed the Whole School, Whole Community, Whole Child (WSCC) model, discussed current district wellness efforts, and shared ideas on areas such as health education, family engagement, mental health, nutrition, and physical activity. These conversations will help shape our goals and action plans for the upcoming school year.

The Wellness Committee meets at least three times each school year, and participation is a meaningful, low-commitment way to get involved and help make a positive impact in Monona Grove. If you are interested in joining or learning more, we would love to hear from you!







Parent/Guardian Feedback Survey

School Nutrition wants to hear from you! Let us know what you think of school meals and what you would like to see more of by taking the survey below.

LINK TO SURVEY



Local & Scratch-Made

Our school nutrition team is committed to adding more locally sourced, fresh ingredients to our menus and preparing more meals from scratch for our students. These efforts help us serve food that is nutritious, delicious, and sustainable.

Our program is self-supporting and does not receive funding from the school district or local property taxes. This means student participation plays a key role in what we are able to offer. Every meal served helps us continue to grow and make positive changes for our community.

To support this work, we also offer popular items with consistently high participation, such as pizza and chicken nuggets, to help keep the program financially sustainable.

Food. Friends. Farm.
School Nutrition
Monona Grove School District