FOX C-6 SCHOOL DISTRICT
Wellness Committee Meeting

Date: April 9, 2026

Time: 3:30-4:30 p.m.

Location: Zoom

Facilitator: Dr. Cardona/Wellness Committee Members

Topic	Information
Welcome & Introductions	The meeting was called to order at 3:30 p.m. Dr. Cardona welcomed everyone in attendance, and introductions were made.
Public Comments	No comments
Wellness Policy Background	The following links were provided to the background of the Wellness Policy. Local School Wellness Policy Additional information Local Wellness Policy Resources
Review/Discuss District Wellness Policy	The committee reviewed the following policies: Policy ADF Policy ADF-1-AP No changes were requested or deemed necessary.
Review building wellness programs	The committee reviewed the following policies: Current Building Wellness Programs The committee made updates to the current building wellness programs. Jamie Willis took two action items to follow up on the following programs to confirm that we are participating in the programs.

UPCOMING DATES:
Next meeting: TBD-2026-2027 School Year
Location: TBD

	-Elementary Grow Up -Food Power (elementary level) Wellness Partnerships The committee made updates to the current wellness partnerships, including the following: -Comtrea is now Compass -Added the mammogram van visits for staff -Removed Club Fitness and added the Fiton app -Added Chestnut -Added the Care Closet -Added the Rock Community CPR training for staff -Updated the EAP resource See new UPDATED Wellness Partnerships here. (04/15/2026)

Attendees:
Dr. Tammy Cardona, Assistant Superintendent, Secondary
Jamie Willis-Administrative Assistant-meeting minutes
Kim Schumacher, Director of Nursing
Regina Meilink, Assistant Director of Food Service
Scott Leuthauser-FHS Athletic Director
Dr. Pat Schwalbe-SMS Principal
Dr. Tracy Haggerty, Assistant Superintendent, Teaching & Learning
Robin Greene-Parent

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