

# HPS-SHAC Meeting Minutes

## Meeting Details

- **Date:** April 23, 2026
- **Time:** 4:10 PM
- **Duration:** 55m 40s

## Attendance

- **Present:** Guvanch Yazgeldi, Jennifer Sabin, Erkan Abaci, Diana Gilkes, Patricia Duran
- **Absent:** Ms. Carter, Mr. Greer
- **Guest Speaker:** Dr. Carnegie Thomas (PE Curriculum Director)

## Discussion Summaries

### ***1. Fitness Gram Assessment - Dr. Carnegie Thomas***

Dr. Thomas provided an overview of the Fitness Gram assessment required by the TEA. Key points included:

- Implementation of pre and post-testing to measure student growth.
- Analysis of data to identify trends in aerobic capacity, body composition, and muscular strength.
- Emphasis that Fitness Gram should be used for health tracking, not as a graded component for students.

### ***2. Facilities and Equipment Concerns***

Parents and committee members discussed the disparity in facilities between campuses, noting that some PE programs operate in multipurpose rooms or cafeterias without standard equipment like volleyball nets or basketball hoops. The committee discussed advocating for better budget allocations and facilities for older buildings.

### ***3. Physical Activity Subcommittee***

The state-mandated physical activity subcommittee was discussed. Mr. Ron and Ms. Gilks volunteered to join the subcommittee, which will meet at least once a year (virtually).

## ***Action Items***

1. Submit a recommendation to the Board of Directors for teachers to communicate Fitness Gram results more effectively to parents.
2. Formally include a recommendation against grading the Fitness Gram assessment.

3. Draft a report on facility improvements and budget needs for PE equipment.

## Next Meeting Information

- **Date:** May 21, 2026
- **Location:** Campus (Meeting first) followed by lunch at Empire Grill.
- **Guest Speaker:** Dr. Anderson (Mental Health and Well-being).