

**EARLY YEARS AND ELEMENTARY LUNCH MENU [11-15 MAY 2026]**

<b>WEEK 18</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>COLD</b>	Cucumber Roundels	Cucumber Roundels	Cucumber Roundels	Cucumber Roundels	Cucumber Roundels
	Carrot Roundels	Carrot Roundels	Carrot Roundels	Carrot Roundels	Carrot Roundels
	Plain Yoghurt	Plain Yoghurt	Plain Yoghurt	Plain Yoghurt	Plain Yoghurt
<b>DAILY STAPLES</b>	Buttered Golden Corn	Buttered Green Peas	Buttered Golden Corn	Buttered Green Peas	Buttered Golden Corn
	Whole Wheat Pasta	Fusilli Pasta	Whole Wheat Pasta	Farfalle Pasta	Penne Pasta
	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce
	Pink Sauce	Pesto (no nuts)	Pink Sauce	Pesto (no nuts)	Pink Sauce
	Steamed Rice	Steamed Brown Rice	Steamed Rice	Steamed Brown Rice	Steamed Rice
	Mild Toor Dal	Mild Moong Dal	Mild Toor Dal	Mild Moong Dal	Mild Moong Dal
<b>FRUITS</b>	Watermelon	Watermelon	Watermelon	Watermelon	Watermelon
	Papaya	Orange	Pineapple	Dragon Fruit	Musk Melon
<b>SOUP OF THE DAY</b>	Mushroom Soup	Cream of Spinach Soup	Clear Veg Soup	Creamy Tomato Soup	Cream of Veg Soup
<b>NON-VEGETARIAN</b>	Chicken & Veg Fried Rice	Turkish Chicken Pide	Chicken Makhani	Crumb Fried Chicken	Marinara Chicken Pizza
<b>VEGETARIAN</b>	Veg Fried Rice	Turkish Mushroom & Spinach Pide	Paneer Makhani	Crumb Fried Paneer	Garden Veggie Pizza

	Stir Fry Veg in Sweet & Sour sauce	Potato Wedges	Jeera Pulao	Veggie Mash	French Fries
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