

Palo Verde Football

Embrace the Process



Incoming 9th Grader Meeting

Scan & Register



Fill in the Google Form

Coaching Profile & Successes



Extensive Experience

- Playing/coaching since age 7
Played at University of San Diego
- 15 years HS coaching experience
5 years: ST Coordinator/TE Coach at Bishop Gorman

Championship Pedigree

- 2019 CIF-SDS Division 4 Champions**
School's first and only appearance & title
- Coach of the Year (2019)**
Named by LA Chargers & Scorebook Live

33-17

Wins in 5 Years (HC)

40.1

PPG Average

7

Playoff Victories

Offensive Milestones

- Broke school record for points twice (2018 & 2019)
- Peak scoring: 562 points in 2019
- Offense improved by 31.8 ppg under leadership

Defensive Dominance

- 60 Sacks (1st in County) & 22 INTs (2nd in County)
- CIF Finals Record: 11 sacks in a single game
- Tied school record for shutouts (5) in back-to-back seasons



Football Program's Mission

“Building Men for Others”

The Core Objective

Our singular most important objective: help student-athletes become better football players AND better human beings.

Teachers of the game and of life, fostering productive members of society.

Character & Culture

Educating young men who are a reflection of our morals, leadership, and values.

Winning is a natural byproduct of the values instilled by our staff.

The Path to Success

- Success results from hard work, commitment, and buying into a common goal.
- It is always about the team and our collective contribution.
- Mutual belief and trust are essential for Palo Verde High School Football success.



IN THE HUNT

PALO VERDE PANTHERS 2026 FOOTBALL SCHEDULE

	HOME	AWAY
SCRIMMAGE	AUG 7	@ SHADOW RIDGE TBD
WEEK 0	AUG 14	@ DESERT PINES 6:00 PM
WEEK 1	AUG 21	LEGACY 6:00 PM
WEEK 2	AUG 28	DESERT OASIS 6:00 PM
WEEK 3	BYE	
WEEK 4	SEP 10	DURANGO / LEAGUE GAME 6:00 PM
WEEK 5	SEP 18	@ MOAPA VALLEY 7:00 PM
WEEK 6	SEP 25	@ SILVERADO LEAGUE GAME 6:00 PM
WEEK 7 HoCo	OCT 2	BASIC LEAGUE GAME 6:00 PM
WEEK 8	OCT 9	@ Cnyn Spgs LEAGUE GAME 6:00 PM





Offensive Strategy & Philosophy

Power Spread RPO based Offense

Uptempo Pace

We huddle or use hand signals to push the pace. Our goal is to wear out the defense by playing faster than they can react.

Gap & Zone Schemes

Running plays designed to manipulate the defense. We identify where they lack numbers and attack that specific point.

Execution & Versatility

- **RPO Execution:** Read the backside end; 95% of RPOs target the outside to attack horizontally and vertically.
- **Option Routes:** The passing game utilizes option routes to ensure we are always in a position to succeed.
- **Formations & Personnel:** Use multiple looks to dictate to the defense and ruthlessly attack their weaknesses.



What Defense We Will be Running

Multiple Fronts based out of the 3-3-5

Core Philosophy

The 3-3-5 gives a variety of looks using pre-snap movement to create confusion with minimal teaching.

- Uses both Odd and Even fronts
- **Fast, physical, and aggressive**
- Ideal for smaller, faster athletes

Base Coverage: Cover 3

A "man-match" system designed to maximize players in the box while remaining flexible.

- Elite scheme (Nick Saban origin)
- Maximum numbers to stop the run
- High flexibility against the pass

Situational Variations

- **Cover 1 & 0:** Use specifically when we want to blitz and bring heavy pressure.
- **Split Safety Coverage:** Deployed to remain successful against teams with superior speed.



Coaching Staff Assignments

Defensive Staff

- Gary Herring (Head Coach)
- Allan Borja (Defensive Assistant)

Offensive Staff

- Billy Bethards (Offensive Assistant)
- Jake Field (Offensive Assistant)



**OWN YOUR ROLE.
WIN THE DAY.**

Palo Verde Football Excellence



Palo Football: Player Expectations

Core Values

- Be respectful to coaches/teachers/staff.
- Have good character on and off the field.
- Finish with great effort.

Daily Commitment

- Take care of your responsibility.
- Be coachable.
- Give your best as a student/athlete.

Team Culture

- Avoid negative talk among each other.
- Be present and active in meetings.
- Use appropriate language at all times.

Communication

Communicate with Coaches when late or unable to attend football activities.

"Someone is always listening."



**OWN YOUR ROLE.
WIN THE DAY.**

Palo Verde Football Excellence



Attitude Expectations

No BCD!

- **DO NOT:**

- **B**lame (others)
- **C**omplain (about circumstances)
- **D**efend (yourself)



This means you need to **own your mistakes** and be **accountable of your actions**.

This is part of becoming a **grown man and responsible adult**.



Attitude Expectations: Examples of BCD

"If the quarterback would have thrown the ball better I would have made the catch"

"Is not my fault we don't have enough people out here, why do we need to condition more"

"You can't blame me for not getting a first down, the line didn't block"

"My teacher doesn't like me"

"I did do... or no I didn't do..." (when corrected by someone)



STOP BLAMING, COMPLAINING, AND DEFENDING.

Own your role. Win the day.



BCD Negative Effect on the Team

The Accountability Gap

Instead of **ACCOUNTABILITY**,
BCD creates a culture of
EXCUSE MAKING and
VICTIMIZATION.

"It's not my fault."

Toxic Impact

These behaviors are
TOXIC for the team and
destructive to your
individual performance.

BCD has **NEVER** solved a problem, achieved a goal, or
improved a relationship.



STOP WASTING YOUR TIME on something that will never help us.



Accountability: What to do Instead

"You can always find a thousand excuses for anything in football or in life. However, we do not want to hear excuses at Palo Verde."

1. Own It

When you screw up, **OWN IT**, and then **WORK TWICE AS HARD** to make sure it doesn't happen again.

2. Respectful Response

Your **ONLY RESPONSE** to a coach's correction should be:
"YES COACH/SIR" or "NO COACH/SIR"



TIMING MATTERS: If you disagree, **DO NOT** bring it up during practice. Approach the coach **BEFORE/AFTER PRACTICE** or **DURING A BREAK**.



PALO VERDE FOOTBALL: WIN THE DAY



Effort Expectations

We **DEMAND** and **EXPECT** your best effort at all times!

The **FIRST THING** that we will critique is your effort.

Positive Outcome

If your effort is great you will be **praised!**

Poor Effort

You will be told and have a chance to fix it (**NO BCD!**). Failure to improve leads to removal from practice.

The Impact on Teammates:

Leaving practice shows you **do not care** about being your best or supporting your team with your full effort.

CRITICAL: If asked to leave more than once, you are showing you **do not want to be part of this team.**



PALO VERDE FOOTBALL: WIN THE DAY



Practice/Lifting Rules

1. Attendance & Punctuality

Players are required to attend all practices, lifting sessions, and meetings – be on time.

2. Injury Management

All injuries must be dealt with before practice.

3. Conduct

Use of profanity will not be tolerated.

Practice Mentality:

- Practice with a purpose to get better.
- Practice with tempo.

6. Readiness: When practice begins, all gear is on and you're ready to go.



PALO VERDE FOOTBALL: WIN THE DAY



Locker Room Policy

1. Cleanliness: Keep locker room clean and tidy.

2. Security

Lock up all valuables.

3. Language

No Foul Language.

4. Zero Tolerance for Theft

- Do not take anything out of another locker.
- **Result in dismissal from the team.**

5. Technology Policy

- No Cellphones out at all.
- No recording of any kind!



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Equipment Requirements

Helmet

Status: Provided

Shoulder Pads

Status: Provided

Girdle (Provided)

★ If there is one thing you buy, make it this.

Knee Pads

Provided

Practice Pants

Provided

Practice Jersey

Provided

Mouthpiece (NOT Provided)



PALO VERDE FOOTBALL: WIN THE DAY



Key May Dates

Aktivate Portal Opens

MAY 9th



Free Sports Physicals

MAY 14th

- 5:00 PM
- Palo Verde Gym

PALO VERDE FOOTBALL: WIN THE DAY



PALO VERDE'S
FREE
SPORT
PHYSICAL NIGHT



// THURSDAY **MAY 14TH** //



DOORS OPEN
@ 5PM



OPEN FROM 5:00 PM
UNTIL ALL STUDENTS
IN LINE HAVE BEEN SEEN.



STAY HEALTHY. STAY READY. PANTHER STRONG.



Off-Season Timeline (May-June)

May

- **May 9th:** Aktivite Portal Opens
- **May 14th:** Free Sports Physicals at Palo Verde in the gym @ 5pm
- **May 16 - 25:** No Football Activities (Finals)
- **May 27:** Start Summer SSC (Speed, Strength, Conditioning)
 - 4 Days/week (9am-12pm)
 - This is when 9th graders can join team activities

June

- **Cont. Summer SSC:** Speed sessions, individual drills, 7v7 through AAU
- **Summer 7v7 League:** 5/30 - 6/20, Saturdays (8am-12pm)
- **Trench Wars:** Wednesdays starting end of May
- **June 17:** 7v7 Tournament @UNLV & Big Man Camp



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Off-Season Timeline (Late June-August)

Late June - July

- **June 27 - July 12:** No Football Activities (Vacation/Rest)
- **July 13:** Cont. Summer SSC Program (4 Days/week)
 - Speed Sessions
 - Team & Individual Drills
- **July 27:** Official start date for Fall Camp

Fall Season

August - November

OFFICIAL SEASON



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OFF-SEASON COMMITMENT & SAFETY

SEMESTER-TO-DATE TOTALS

- **75 HOURS IN THE WEIGHT ROOM**
- **28.5 HOURS ON THE FIELD**

*Does not include totals from recent 7v7 and Big Man competitions.

SAFETY POLICY

ATHLETES JUST SHOWING UP NOW CANNOT FULLY PARTICIPATE FOR THEIR OWN SAFETY.

PALO VERDE FOOTBALL: WIN THE DAY



DAN MULLEN'S

7 ON 7 & BIG-MAN CAMP

WEDNESDAY

3

JUNE

WEDNESDAY

10

JUNE

WEDNESDAY

17

JUNE

REGISTRATION OPENS AT 9AM
OPEN TO ANY AND ALL
PARTICIPANTS HS GRADS 2027-30



SportsYou App



You've been invited to join Summerlin Football Academy

ACCESS CODE

Use your unique access code below:

M944-9X8N

JOIN VIA WEBSITE

New Users:

1. Go to sportsyou.com
2. Click **Get Started** and enter your email
3. Confirm your email address
4. Enter **Access Code** to finish set up

JOIN VIA APP

1. Download the **sportsYou app** from App Store (iOS) or Google Play Store (Android)
2. Open the app and tap **Create Account**
3. Tap **Enter Access Code** to enter code, then finish set up

Palo Verde High School Football

Scan & Register



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Any Final Questions?