



# McGraw Minutes

Issue #27 May 8, 2026

---

## A Note From Mrs. Shaw...

McGraw Families,

It's that time of year when we invite families to participate in the PBIS Climate Survey. The purpose of the survey is to collect data on how families experience the school's culture and provide input to guide improvement, particularly for ensuring equitable representation and two-way communication. The survey measures perceptions of safety, respect, school-family communication, and engagement in school-wide positive behavior support systems. The window is open now and will remain open until May 22.

This link is for **Kindergarten and First Grade families**:

<https://assessment.pbisapps.org/Anon/omy104vyXC00>

A link for Pre-K families will be emailed separately.



## RSU 22 FY27 Proposed Budget – Stay Informed & Get Involved!

Join us for an in-depth look at the proposed FY27 budget, including a **review of all articles** and important financial insights that impact our community.

### Special Highlight:

Hampden Town Council Member **Dr. Eric Jarvi** breaks down the **mill rate and tax calculations**—helping you better understand how the budget affects you.

Watch the April 30, 2026, Budget Meeting (including the mill rate presentation):

<https://www.youtube.com/watch?v=kbKxt6GBcXM>

Access all meeting documents here:

[https://drive.google.com/drive/folders/1iXYDRA5hMOFiTs\\_tnHZHXrB6ZSzSk4tq](https://drive.google.com/drive/folders/1iXYDRA5hMOFiTs_tnHZHXrB6ZSzSk4tq)

Your voice matters—**stay informed, ask questions, and be part of the process!**

## A Note From Nurse Adams...

### Sunscreen and Insect Repellent

-We are not able to apply sunscreen or insect repellent to students during the school day. If you wish for your student to wear these items, please apply them in the morning prior to sending them to school.

### Dressing for the Weather

-This time of year the mornings tend to be cool and the afternoons warmer. It is best to dress your child in clothing appropriate for warmer weather and add layers. Shorts with a sweatshirt for example. You may also send a change of clothes in your child's backpack. We all know how unpredictable Maine weather can be.


-Please send your child to school in proper footwear and clothing for running and playing outside. Sneakers are preferred for safety reasons.

### With the warmer weather come ticks, particularly from spring to early Fall

Ticks are most active during the warmer months, and it's important to take precautions to protect yourself and your family from potential tick bites and the diseases they can transmit.

### tick removal

Remove ticks immediately. They usually need to attach for 24 hours to transmit Lyme disease. Consult a physician if you remove an engorged deer tick.




**Using a tick spoon:**

- Place the wide part of the notch on the skin near the tick (hold skin taut if necessary)
- Applying slight pressure downward on the skin, slide the remover forward so the small part of the notch is framing the tick
- Continuous sliding motion of the remover detaches the tick

**Using tweezers:**

- Grasp the tick close to the skin with tweezers
- Pull gently until the tick lets go


**1-800-821-5821**  
**[www.mainepublichealth.gov](http://www.mainepublichealth.gov)**







Paul E. LaPage, Governor      Mary C. Mayhew, Commissioner

## tick ID




KNOW THEM. PREVENT THEM.






### Deer Tick (Black-Legged Tick)

			
nymph	adult male	adult male	adult female


(actual size)

		
nymph (1/32"–1/16")	adult (1/8")	engorged adult (up to 1/2")

### Dog Tick

		
	adult male	adult female

(examples are not actual size, dog tick nymphs are rarely found on humans or their pets)



### Staying Safe in Warmer Weather

-Always make your child wear a helmet when riding a bike, rollerblading/skating, riding and ATV, or other similar activities

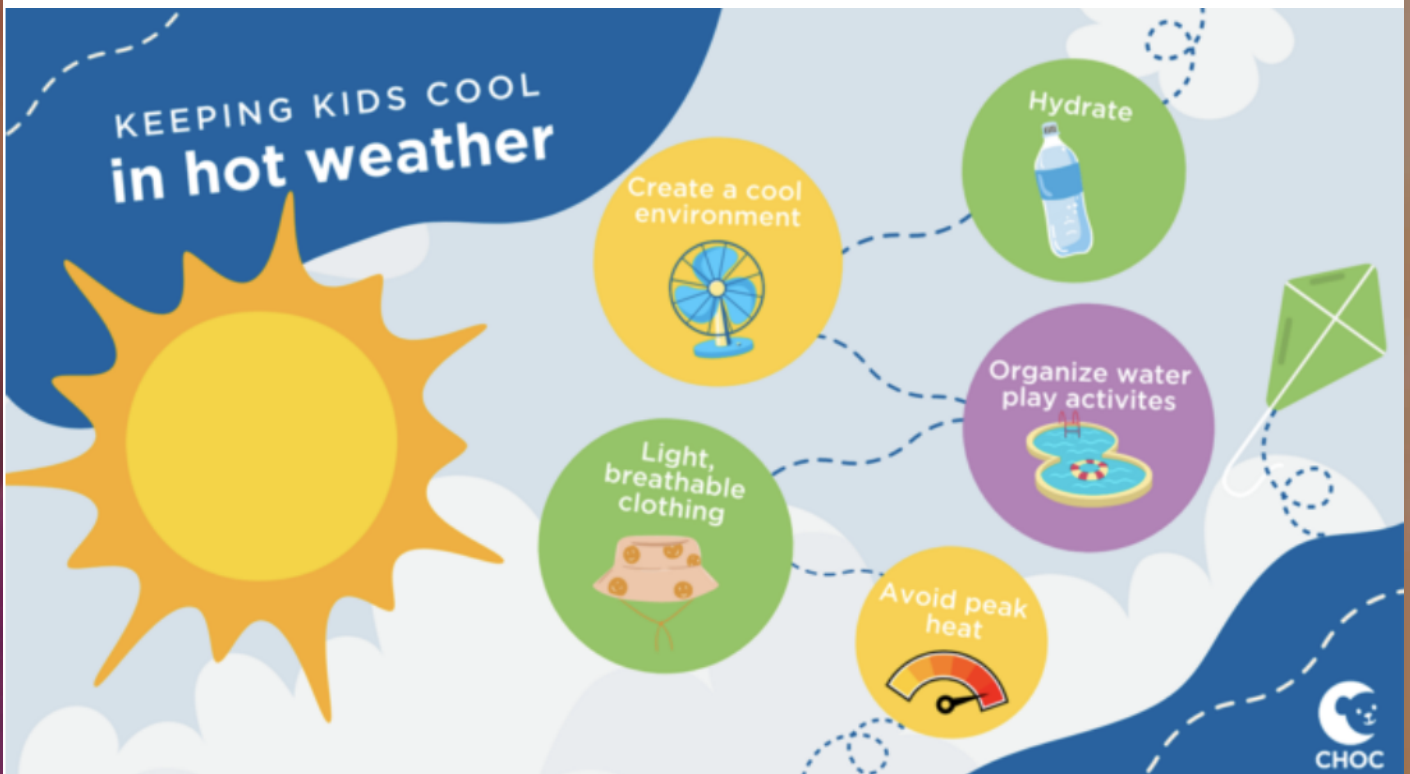
-Always make your child wear a life jacket when boating, kayaking, or other water related activities

-Apply sunscreen and insect repellent to avoid sunburns and insect bites

-Stay hydrated and watch for signs of heat exhaustions

-Let the nurse know of any restrictions your child may have related to injuries/procedures/surgeries.

Provide a doctor's note so your student may be excused from activities and PE if necessary.



## Heat Exhaustion

## Heat Stroke

### ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- Seek medical help if symptoms don't improve

Dizziness

Thirst

Heavy Sweating

Nausea

Weakness



Confusion

Dizziness

Becomes Unconscious

### ACT FAST

## CALL 911

- Move person to a cooler area
- Loosen clothing and remove extra layers
- Cool with water or ice

*Heat exhaustion can lead to heat stroke.*

*Heat stroke can cause death or permanent disability if emergency treatment is not given.*



Stay Cool, Stay Hydrated, Stay Informed!



## School Hours

8:30a- 3:00p

### If you need to contact the office...

Office Hours: 7:45 a.m. - 4:00 p.m.

call: 207.862.3830

email: [mcgrawoffice@rsu22.us](mailto:mcgrawoffice@rsu22.us) (all dismissal/absence communication)

fax: 207.862.5649

visit: 20 Main Rd. N. Hampden, ME 04444

McGraw Administrative Assistant: Mrs. Nason, [knason@rsu22.us](mailto:knason@rsu22.us)

McGraw Administrative Assistant: Mrs. Paradis, [dparadis@rsu22.us](mailto:dparadis@rsu22.us)

Principal: Mrs. Shaw, [shannonshaw@rsu22.us](mailto:shannonshaw@rsu22.us)

School Nurse: Mrs. Adams, [nadams@rsu22.us](mailto:nadams@rsu22.us)

School Counselor: Mrs. Erickson, [merickson@rsu22.us](mailto:merickson@rsu22.us)

[McGraw Website](#)

[McGraw Facebook Page](#)

---

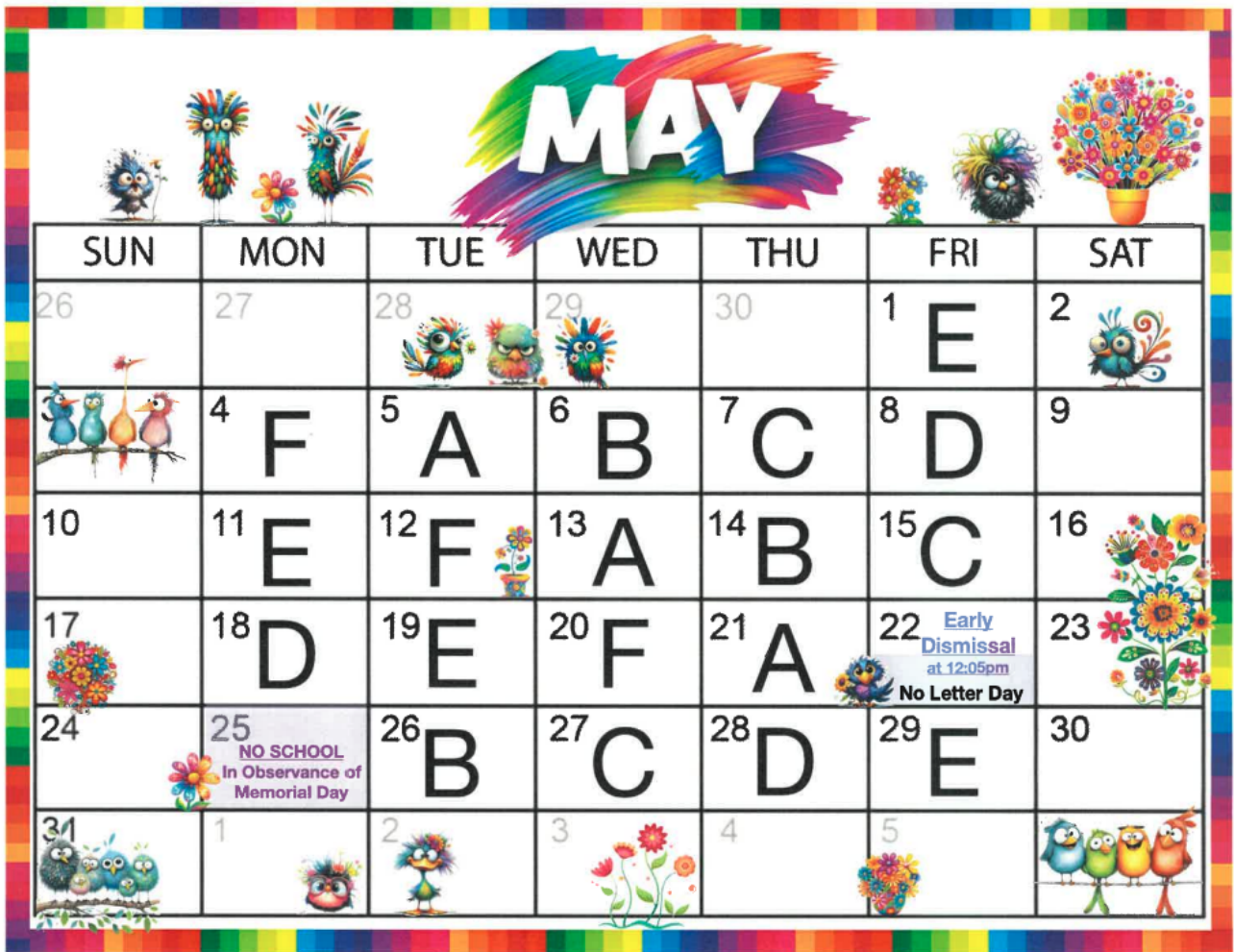
## Upcoming Dates:












**Watch this list carefully, as we will be adding events throughout the spring!**

- 5/11 PTO Meeting 6:00p @ McGraw Library (childcare provided)
- 5/20 Special Olympics
- **5/22 Early Release Day**
- 5/22 Mr. Drew and His Animals, Too!
- **5/25 No School - Memorial Day Holiday**
- 5/26 - 5/29 Scholastic Book Fair
- 5/30 End of Year Party (Sponsored by PTO)
- 6/8 Field Day
- **6/11 Last Day of School (Early Dismissal @ 12:05p)**



Calendars



School Meals with a Milk are offered at NO CHARGE Milk for Home lunch \$0.55				McGraw / Weatherbee May Lunch Menu		Breakfast Entrée or Cereal Fruit, Juice, Milk
Monday		Tuesday		Wednesday		Thursday
<p><b>RSU 22 Wins State Competition</b> The Farm to School Cook-Off is sponsored by the Maine Child Nutrition Program, and challenges school food service teams to create a hot lunch and breakfast item that meets nutritional standards and features items that are made in Maine. RSU 22 chefs wowed judges with a beef and cheese burrito and breakfast parfait, which are both served in our schools. Congratulations to Chef Manager Hannah Liberty and Kitchen Manager Brenda White, pictured here with Nutrition Director Pete Merritt.</p> 						
1		2		3		4
<b>Chicken Nuggets</b> Goldfish Crackers  Salad & Fruit Bar		<b>Pancakes</b> Maine Blueberries Maple Syrup Sausage Salad & Fruit Bar		<b>Nachos</b> with Beef & Cheese & Toppings  Salad & Fruit Bar		<b>Hamburger</b> <b>Cheeseburger</b> Tater Tots Salad & Fruit Bar
<b>Chicken Burger</b> Smiley Potatoes  Salad & Fruit Bar		<b>Pasta Bake</b> Breadsticks  Salad & Fruit Bar		<b>Meatball Sub</b> French Fries Salad & Fruit Bar		<b>Toasted Cheese Sandwich</b> Tomato Soup  Salad & Fruit Bar
<b>Chicken Tenders</b> French Fries Goldfish Crackers Salad & Fruit Bar		<b>Beef &amp; Cheese Burrito</b> Fiesta Salad Salsa Salad & Fruit Bar		<b>Breakfast Sandwich</b> with Ham, Egg, & Cheese Hashbrown Salad & Fruit Bar		<b>Pizza</b> <i>Chef's Choice Toppings</i> Salad & Fruit Bar
<b>Memorial Day</b> No School 		<b>Hot Dog &amp; French Fries</b>  Salad & Fruit Bar		<b>French Toast Sticks</b> Maple Syrup Sausage Salad & Fruit Bar		<b>Shepherd's Pie</b> Garlic Knot Salad & Fruit Bar
<i>Alternate Menu Choices - Peanut Butter &amp; Jelly Meal and Daily Chef's Special</i>						
<b>Harvest of the Month</b> <b>Blueberries</b> Maine is the worlds largest producer of wild blueberries		<b>Fruit &amp; Salad Bar</b> Always Offered 		<b>Menu Subject to Change</b>  This institution is an equal opportunity provider		 <b>Did You Know?</b>  Memorial Day originated after the Civil War, as a way to honor fallen soldiers. It was known as Decoration Day. It now serves as a reminder of the sacrifices made by all American service members and their families.

# RSU22 2025-2026 School Calendar

## RSU #22: 2025-26 School Calendar

August				
M	T	W	Th	F
4	5	6	7	8
11	12	13	14	15
18	19 Sped	20 NT	21 Ed Techns	22 TP
25 M	26 I	27 Gr 1-9	28 Gr 1-12 UTC	29
1 0 5.3 6.3				

September				
M	T	W	Th	F
1 H	2 (Pre-K -K 1st day)	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			
4 4 5 5 5 5 5 5 2 2 21 21 (27,24)				

October				
M	T	W	Th	F
		1	2	3
6	7	8	9	10 I
13 H	14	15	16	17
20	21	22	23	24
27	28	29	30	31
3 3 5 4 4 4 5 5 5 5 5 5 2 2 21 21 (49,45)				

November				
M	T	W	Th	F
3	4	5	6	7
10	11 H	12	13	14
17	18	19	20	21
24	25 ED	26 C	27 H	28 V
5 5 4 4 5 5 3 2 17 18 (66,61)				

December				
M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23 ED	24 V	25 H	26 V
29 V	30 V	31 V		
5 5 5 5 5 5 2 2 17 17 (83,78)				

January				
M	T	W	Th	F
			1 H	2 V
5	6	7	8	9
12	13	14	15	16 I
19 H	20	21	22	23
26	27	28	29	30
0 0 5 5 5 4 4 4 5 5 19 18 (102,96)				

February				
M	T	W	Th	F
2	3	4	5	6
9	10	11	12	13 ED
16 H	17 V	18 V	19 V	20 V
23	24	25	26	27
5 5 5 5 0 0 5 5 15 15 (117,111)				

March				
M	T	W	Th	F
2	3	4	5	6
9	10	11	12	13 I
16	17	18	19	20
23	24	25	26	27
30	31			
5 5 5 4 5 5 5 5 5 5 2 2 22 21 (139,132)				

April				
M	T	W	Th	F
		1	2	3
6	7	8	9	10
13	14	15	16	17 ED
20 H	21 V	22 V	23 V	24 V
27	28	29	30	
3 3 5 5 5 5 0 0 4 4 17 17 (156,140)				

May				
M	T	W	Th	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22 ED
25 H	26	27	28	29
1 1 5 5 5 5 5 5 4 4 20 20 (176,160)				

June				
M	T	W	Th	F
1	2	3	4	5
8	9	10	11 ED	12
15	16	17	18	19 H
22	23	24	25	26
5 5 4 4 0 0 0 0 3 3 185/178 T S				

**School Year**

178\* Student Days  
 1 Management Day  
 1 Teacher Preparation Day  
 4 Inservice Days  
 1 Teacher Comp Day  
 (\* 3 storm days included)

<p>August 18 August 19, 20, 21 August 21 August 22 August 25 August 26 August 27 August 28 August 28 September 2 November 26 11/25, 12/23, 2/13, 4/17, 5/22, 6/11 8/25, 8/26, 10/10, 1/16, 3/13 June 7 June 11</p>	<p><b>Fall Sports</b>              Teacher Orientation (8/19 Sped only)              Educational Technicians start date              Teacher Prep              Management Day              Staff Inservice day              Partial Attendance (Gr 1-9 students)              Partial Attendance (Gr 1-12 students)              UTC First Day              Full Attendance (Pre-K - K First Day)              Teacher Comp Time (no school)              Early Dismissal              Inservice - No school              Hampden Academy Graduation              Last Student Day</p>	<p><b>Quarters Q</b></p> <table border="0"> <tr> <td>1</td> <td>45 days</td> <td>8/27/25-11/21/25</td> <td>59 days</td> </tr> <tr> <td>2</td> <td>46 days</td> <td>11/24/25-3/12/26</td> <td>61 days</td> </tr> <tr> <td>3</td> <td>44 days</td> <td>3/16/26-6/11/26</td> <td>58 days</td> </tr> <tr> <td>4</td> <td>43 days</td> <td></td> <td>178</td> </tr> </table> <p><b>Trimesters T</b></p> <table border="0"> <tr> <td>1</td> <td>45 days</td> <td>8/27/25-11/21/25</td> <td>59 days</td> </tr> <tr> <td>2</td> <td>46 days</td> <td>11/24/25-3/12/26</td> <td>61 days</td> </tr> <tr> <td>3</td> <td>44 days</td> <td>3/16/26-6/11/26</td> <td>58 days</td> </tr> <tr> <td>4</td> <td>43 days</td> <td></td> <td>178</td> </tr> </table> <p>H=Holiday, V=Vacation Day              ED=Early Dismissal              I=Teacher Inservice Day, No School              NT=New Teacher Training, No School              TP=Teacher Prep Day, No School              M=Management Day, No School, C=Teacher Comp Day, No School</p> <p>Approved: May 21, 2025</p>	1	45 days	8/27/25-11/21/25	59 days	2	46 days	11/24/25-3/12/26	61 days	3	44 days	3/16/26-6/11/26	58 days	4	43 days		178	1	45 days	8/27/25-11/21/25	59 days	2	46 days	11/24/25-3/12/26	61 days	3	44 days	3/16/26-6/11/26	58 days	4	43 days		178
1	45 days	8/27/25-11/21/25	59 days																															
2	46 days	11/24/25-3/12/26	61 days																															
3	44 days	3/16/26-6/11/26	58 days																															
4	43 days		178																															
1	45 days	8/27/25-11/21/25	59 days																															
2	46 days	11/24/25-3/12/26	61 days																															
3	44 days	3/16/26-6/11/26	58 days																															
4	43 days		178																															

# RSU 22 2026-2027 School Calendar



*Thank you  
for your support*



## WHAT'S NEXT FOR THE MCGRAW PTO

**APR  
10**

### **NIGHT AT THE MUSEUM 5:30-7:30PM**

WE'VE RENTED OUT THE BANGOR CHILDRENS MUSEUM FOR A FREE FAMILY NIGHT! BRING THE KIDS AND ENJOY EXPLORING TOGETHER.

**MAY  
30**

### **END OF YEAR PARTY 10AM-3PM**

COME CELEBRATE A FANTASTIC SCHOOL YEAR WITH US! ENJOY THE BOOK FAIR, BOUNCE HOUSES, GAMES AND LOTS OF FAMILY FUN!

Thank you for supporting the PTO!  
What a great year we had.  
Enjoy your summer.

## McGraw Bottle Drive Ongoing Fundraiser

### Ways to Donate

#### CLYNK

1) Email McGrawPTO@gmail.com to get Clynk Bags sent home with your child. Please provide name, teacher's name and how many bags. They will have our Clynk Account Bag tags. Just fill the bags and bring them to the Clynk kiosk at Hannaford.

2) Already have a Clynk account? Login and click "Donations" scroll down, to type "McGrawPTO" into the search. Choose how much you would like to donate from your Clynk account balance.

#### Damon Beverage and Redemption

Located at 700 Hogan Rd in Bangor. Tell them you would like to donate your bottles to McGraw PTO once you get your slip!

---

Community Board



# Fall Travel Soccer Registration

**STEP 1:** Go to [www.coldbrooksoccer.com](http://www.coldbrooksoccer.com) and click on "Register". Click on "Registration" in the drop down menu. Then, click on the "Got Soccer" registration link on the web page. Follow instructions and choose the payment option. Season Fee: \$185 (\$35 discount for siblings). Uniform fee is NOT included in the price. Ordering instructions will be provided at a later date.

**STEP 2:** Attend appropriate Skills Evaluation Session.  
**ALL** players are required to attend their evaluation session. All players will be placed on a team. Our goal is to create equally skilled teams within each age group.

Do you have what it takes?  
 Time to put your game face on!

Open to all levels U8-U14

U8	8/1/2018-7/31/2019
U9	8/1/2017-7/31/2018
U10	8/1/2016-7/31/2017
U11	8/1/2015-7/31/2016
U12	8/1/2014-7/31/2015
U13	8/1/2013-7-31/2014
U14	8/1/2012-7/31/2013



Evaluations on May 14th,  
 2026

4:30 P.M. to 7:30 P.M.

U8-U10 4:30-5:30 U11-U12 5:30-6:30 U13-U14 6:30-7:30

Sign up at  
[www.coldbrooksoccer.com](http://www.coldbrooksoccer.com)

This activity/program is not affiliated or endorsed by RSU22 and any of its schools.

the **BANGOR REGION YMCA**  
 Lifting People. Strengthening Community.  
 17 Second Street, Bangor, ME 04401  
 207-941-2808 • [bangor.org](http://bangor.org)

**GREAT SUMMERS**  
 supported by the BANGOR REGION YMCA!

**CAMP JORDAN**

**CAMP G. PEIRCE WEBBER**

**CAMP ACORN**

Financial assistance is available!  
 Deadline to apply is May 15th.

For more information, visit [bangor.org/camps](http://bangor.org/camps)

## 1. CAMP JORDAN

Overnight Programs for 7 Year Olds – 12th Graders

### CAMP JORDAN PROGRAMS:

- Mini-Camp: Ages 7 – 8 Years Old
- Sleep Away Camp: Ages 7 – 15 Years Old
- Adventure Seekers: Ages 13 – 15 Years Old
- Leaders Schools: 5th – 12th Grade

Camper who attend Camp Jordan embark on a personal quest, enjoying a variety of activities from water sports, our ropes course, crafts, performing arts, archery, field sports, and more! "I was very scared because I've never been here before but after I went on my rock trip, I was perfectly fine. I felt safe and it was very nice because I got to step out of my comfort zone. It's a lot of fun and a good opportunity to get out and meet new people who actually care about you!" – Camp Jordan Camper

## CHOOSE YOUR OWN PRICING!

Choose what you can afford from our different tier pricing options for Camp Jordan and Camp G. Peirce Webber programs!

All campers receive the same camp experience regardless of the tier your family pays. Financial Assistance is also available.



## 2. CAMP G. PEIRCE WEBBER

Day Camp Programs for K – 10th Graders

### CAMP G. PEIRCE WEBBER PROGRAMS:

- CPW Day Camp: Campers Entering K – 6th Grade
- Adventure Day Camp: Campers Entering 5th – 10th Grade

Located on 55 beautiful acres in Hampden on the Souadabscook Stream, our Camp G. Peirce Webber (CPW) has sports fields, an in-ground pool, archery range, playground, ropes course, hiking trails, and a 300-ft zip line.

"The counselors and staff are of the highest quality. The campus is absolutely stunning. The community they establish is supportive and holds kids to a high standard. My son is 6 and wants to go to CPW until he ages out, then he wants to work there!" – CPW Parent

## 3. CAMP ACORN

At the Y for K – 3rd Graders  
 Children attending Camp Acorn at the Y will experience diverse and fun enrichment activities with a focus on play-based learning in a highly structured environment.

"Camp Acorn is truly a special place. It's rare to find a program that meets kids where they are, with special needs or not, and helps them grow with joy, patience, and inclusion. I am beyond grateful for the memories my kids made here, and we can't wait to return next summer!" – Camp Acorn Parent

## FUTURE BARRACUDAS



SPRING SESSION  
 April 27 – 30, 2026

Session 1  
 4:00 – 5:00 pm

Session 2  
 5:15 – 6:15 pm

This **FREE PROGRAM** is designed to introduce youth to the Barracudas Swim Team. Must be at least 5 years old.

For more information, visit [bangor.org/aquatics/competition/deans/youth-barracudas](http://bangor.org/aquatics/competition/deans/youth-barracudas)

# Strategic Plan 2022-2027

## Four Building Blocks

1	2	3	4
Student Success	Professional Excellence	Community Partnerships	Operational Excellence
Academic Excellence & Achievement	Recruitment & Retention	Family & Community Engagement	Budget Development
Foundational Skills	Professional Development	RSU 22 Educational Foundation	Fiscal & Facilities Management
Instructional Models	Best Practices	Communication & Transparency	Comprehensive Planning
Engagement		Campus Based Services	

S

**Shannon Shaw**

Shannon is using Smore to create beautiful newsletters