

June 2026

BREAKFAST

Monday

Breakfast Parfait
Or Cereal Kit, &
Whole Fruit & Milk

Tuesday

Mini Pancakes
Apple Slices &
Milk

Wednesday

Acai' Bowls
Whole Fruit &
Milk

Thursday

Belgian Waffle
Banana &
Milk

Friday

Sausage, Egg & Cheese
Muffin, Fruit &
Milk

Bagel, Muffins, Cereal kits, Cereal Bars, Graham Crackers, String Cheese, Yogurt, Parfaits, Whole Grain Donuts & Pop tarts are offered daily as alternate choices. Fruit offerings will be alternated based on availability.

Cafeteria is open 7:15 AM- 7:45 AM * Breakfast in the classroom for grades 4-6

Breakfast Meal Deal

- (1) Entrée Choice
- (1) Fruit or Fruit Juice
- (1) Low-Fat or Fat Free Milk (8oz)



Montrose Community Schools

Lunch Meal Deal

- (1) Entrée Choice (bread & protein)
- (1) Fruit Choice
- (1) Vegetable Choice
- (1) Low-Fat or Fat Free Milk (8oz)

HS/MS Cafe

Classics ~ Line 3

Classics ~ Line 2

Daily Choices Include:

Your Entrée, Bread, Vegetable, Fruit & Milk

Monday

Mini Pancakes, Hash Brown, Sausage Links, & Baby Carrots

Tuesday

Rotini Pasta & Meat Sauce & Garlic Bread, Steamed Broccoli

Wednesday

Bosco Sticks & Marinara Sauce
Steamed Green Beans

Thursday

Baked Popcorn Chicken & Mashed Potatoes

Friday

Pepperoni Pizza & Steamed Vegetables
1st Friday of the month is French Bread

Daily Choices Include:

Your Choice of Entrée, Bread, Vegetable, Fruit & Milk

Monday

Create your own Salad from our Salad Bar

Tuesday

Rotini Pasta with Meat Sauce, Garlic Bread, Steamed Carrots

Wednesday

Create your own Mexican Salad or Taco Bowl, Refried Beans

Thursday

Baked Popcorn Chicken & Mashed Potatoes

Friday

Pepperoni Pizza & Steamed Vegetables
1st Friday of the month is French Bread

Deli ~ Line 4

Daily Choices Include:

Variety of Entrée & Bread Choices, Vegetable, Fruit & Milk

Monday

Create your own Walking Taco
Refried Beans

Tuesday

Create your own Mexican Bowl

Wednesday

Pepperoni Pizza
Steamed Carrots

Thursday

Create your own Burger & Tater Tots

Friday

Chicken Alfredo & Breadstick

Lunch Prices

HS/MS Café

High School Students~
No Charging

Middle School Students ~
No Charging

Account activity can be viewed online at <https://montrose.familyportal.cloud> free of charge. Online deposits charge a small processing fee.

**Menu subject to change based on availability of products.*

Student Pricing

Breakfast: Free to all students

Lunch: Free to all students

**Additional Entrée \$2.00
Additional Fruit & Veggie \$1.00**

**Milk included with lunch.
If purchased separately, \$0.75**

Adult Prices

**Adult Pricing
Breakfast - \$3.25
Lunch - \$5.50**