OUR LADY of GOOD COUNSEL
CATHOLIC SCHOOL

WELCOME

WILDCATS

OLGC Preschool Orientation

Direction of Intention

My God, we give you this time. Please give us the grace to conduct ourselves during it in a manner most pleasing to you. Amen.

OLGC Preschool

Preschool is an introduction to **play-based learning**, an opportunity to cultivate friendships, and a time to blossom in **independence and self-awareness**. Through individual, small group, and whole group instruction, students begin to explore the wonders of language, literacy, mathematics, religion, and the arts. Our program thoughtfully and purposefully incorporates these concepts into everyday play and classroom activities. With a balanced and developmentally appropriate focus on **social, emotional, physical, spiritual, and academic growth**, OLGC fosters each child's growth as a student and friend in a safe and nurturing environment.



IMPORTANT DATES

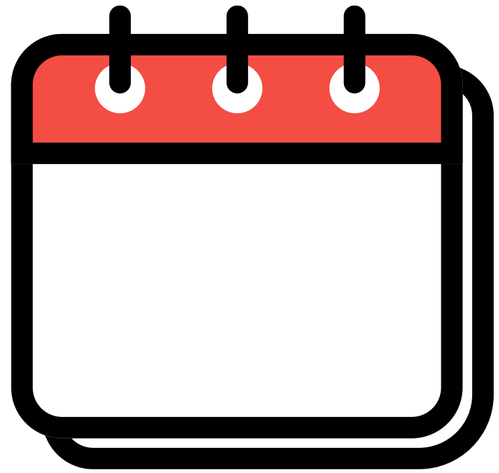
- **Preschool Open House**
  - Wed. 8/19/26 from 1:30-3:00
  - Families will be assigned ½ hour time slot for a classroom visit. Used Uniforms will be available for purchase.
- **First Day of School**
  - Thurs. 8/20/26
  - Aug. 20th and 21st: dismissal at 11:15am, no extended day



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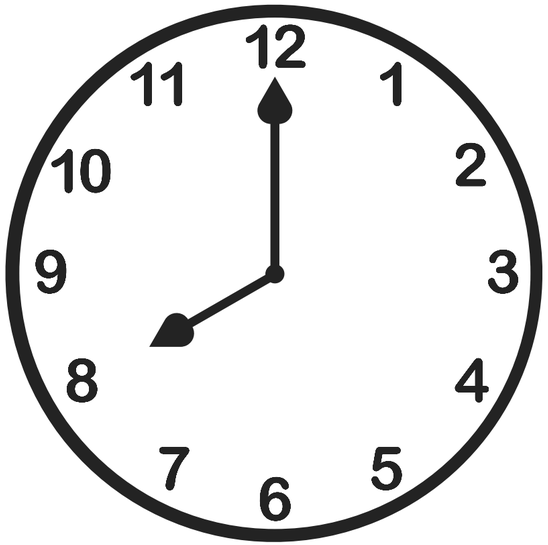
CALENDAR

- Refer to OLGC school online calendar and preschool newsletters
- Preschool students are dismissed at **11:15** on early release days (no extended day)
- OLGC Preschool follows FCPS for inclement weather closures and delays



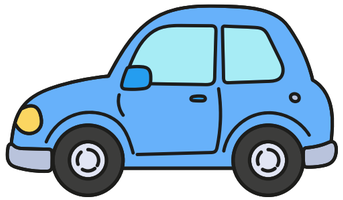
SCHOOL SCHEDULE

- Morning Drop off 7:45-8:00am
- Partial Day Program 8:00-12:30pm
- Full Day Program 8:00-2:45pm
- **School begins at 8:00am.** Please email if you will be ariving late
- Extended Day 2:45pm-5:00pm



EXTENDED DAY

- Extended Day program runs from 2:45pm-5:00. There is no extended day on early dismissal days
- $4,000/year flat fee, regardless of how often you use the program
- Students may be picked up anytime from 3:00-5:00pm
- Program is staffed by preschool teachers and big school teachers
- A snack, outdoor play time, and indoor activities are included



CARPOOL

Morning Carpool

- Drop off big school siblings first, then come to the preschool parking lot

Afternoon Carpool

- Please be waiting and ready at 2:45pm to receive your child(ren)
- Park in the preschool parking lot, exit your car, and wait on the sidewalk with your child's name sign
- Big school siblings can be walked over to you at 3:00pm

Extended Day: Ring the preschool doorbells and your child will be brought to you

UNIFORMS

Summer Uniform



Winter Uniform





UNIFORMS



Shoes

- Closed toed, rubber soled sneakers are best. Crocs, sandals, and open-toed shoes are not permitted.

Backpacks

- May be brought in every day, but are a necessity on Fridays. Backpacks need to be large enough to hold rollie pollies

Dress-Out Days

- Clothes should be comfortable and suitable for play and rest
- Children must be able to manage the clothes independently when using the bathroom.

DAILY SCHEDULE

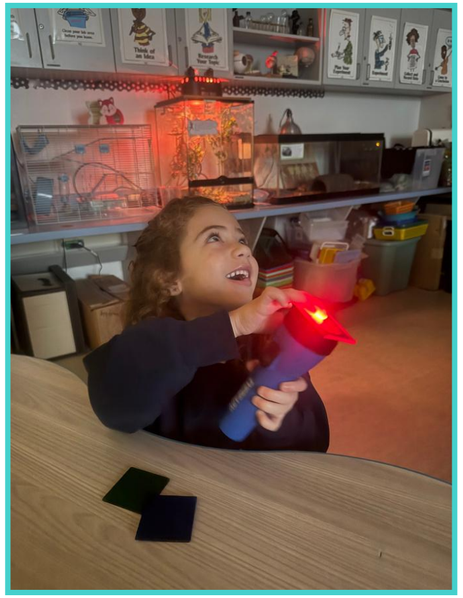
- Arrival
- Free Play
- Circle Time
- Snack
- Outdoor Play
- Center Time
- Lunch
- Rest
- Quiet Activity
- Story time/Music
- Dismissal

Weekly Specials at the Big School: Library, Science Lab, Spanish, P.E.

Music and Movement Class

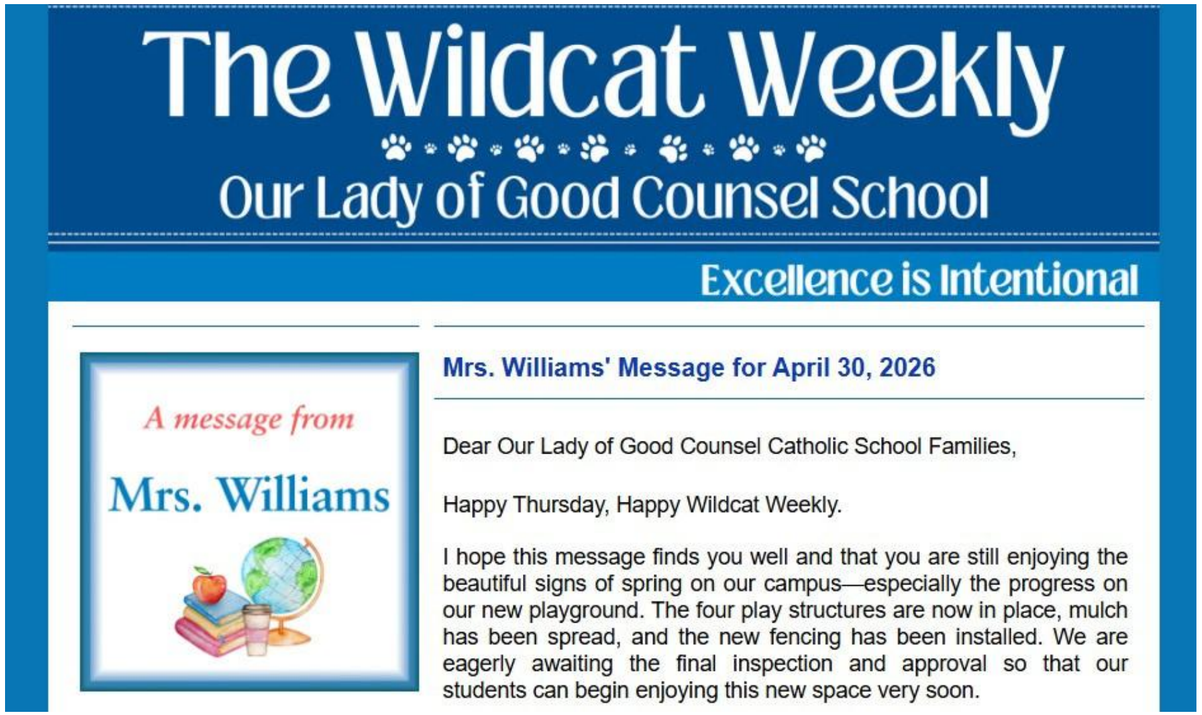






COMMUNICATIONS

- Weekly newsletter from your child's teacher
- Monthly preschool newsletter
- Mrs. Williams' Wildcat Weekly
- PTO Chatter
- OLGC Website



The Wildcat Weekly

Our Lady of Good Counsel School

Excellence is Intentional

A message from Mrs. Williams

Mrs. Williams' Message for April 30, 2026

Dear Our Lady of Good Counsel Catholic School Families,

Happy Thursday, Happy Wildcat Weekly.

I hope this message finds you well and that you are still enjoying the beautiful signs of spring on our campus—especially the progress on our new playground. The four play structures are now in place, mulch has been spread, and the new fencing has been installed. We are eagerly awaiting the final inspection and approval so that our students can begin enjoying this new space very soon.

SNACK/LUNCH

Snack

- Morning snack provided daily
- Fresh fruit or apple juice with crackers or pretzels and water

Water Bottles

- Please send in a labeled water bottle each day. Water only.
- Water in cups will also be offered

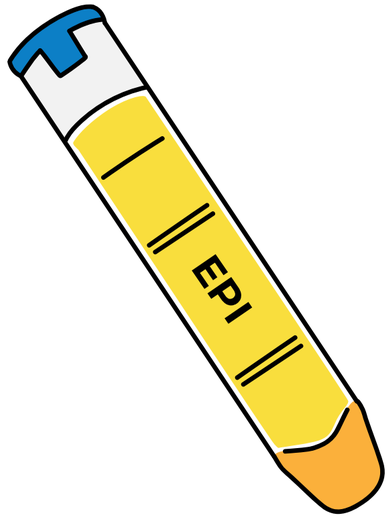
SNACK/LUNCH

Lunch

- Provded daily by Schoolhouse Grill, cost covered in your tuition
- You will select lunches for the month, milk can be purchased for the year
- Lunches are a warm meal and fresh fruit and a vegetable
- No outside food may be brought into the preschool.



ALLERGIES



- Accommodations will be made for students with documented allergies.
- If your child has been prescribed an Epipen, we must have it at school before the student may attend.

BIRTHDAYS

- Your child may dress out of uniform on his/her birthday.
- No food or treats are to be brought in from home.
- Party invitations can be distributed at school if there is an invitation for every classmate



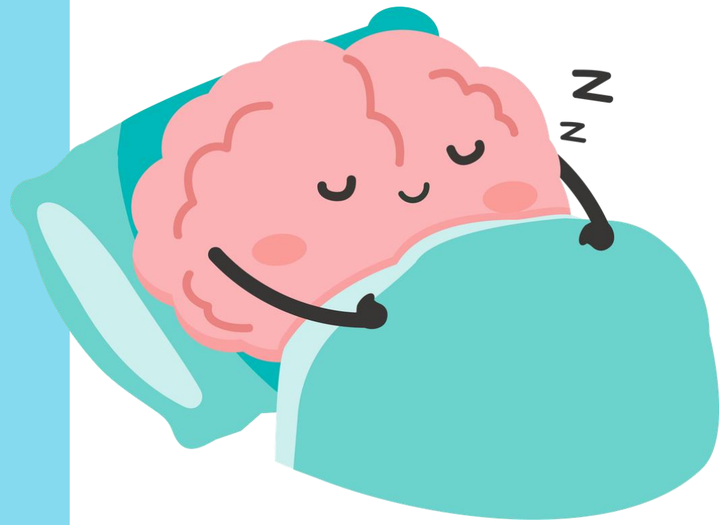
VOLUNTEERS



- Parent volunteers must complete required background check and VIRTUS training
- Parents must check in at the big school and receive a badge before entering the preschool

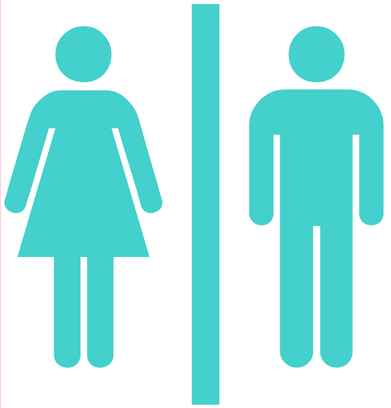
REST TIME

- Students will be issued rest mats and rollie pollies.
- No blankets or toys from home.
- VA state licensing requires 60 minutes of rest each day
- Students who fall asleep will be allowed to sleep for the duration of rest period.
- Students who are awake after 30 minutes will have a quiet activity on their rest mat.
- Rollie Pollies go home on Fridays to be washed.



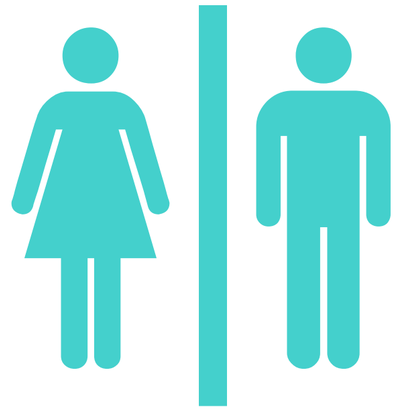
BATHROOM

- Students must be fully potty trained and be able to express their need to go.
- Teachers may not assist with wiping.
- Frequent bathroom breaks are structured into the daily schedule.
- Boys bathrooms have urinals.
- OLGC has extra clothes for students who may need to change. Please wash and return spare clothes the next day.
- Parents should send in spare underpants for their child to keep at school.



ACCIDENTS

- Accidents will happen.
- Students will be provided with a change of clothes and teachers will guide the students through the process of changing.
- Parents will be contacted and the child will be sent home for bowel movement accidents.
- Parents will be contacted and an action plan will be put into place if a child has frequent accidents.



ABSENCES

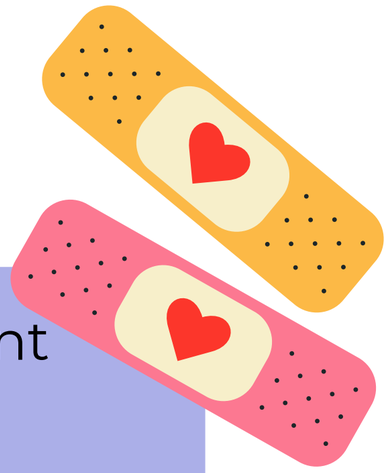
- School starts promptly at 8:00am
- If your child is arriving after 8:00am, please send an email to preschool@olgcschool.org and cc your child's teacher on the email.
- Please inform your student's teacher of any scheduled absences.



ILLNESS 

- Students with a fever of 100 degrees or higher, vomiting, or diarrhea may not attend school.
- Students must be fever free **without medication** for at least 24 hours before returning to school.
- Students must be symptom free for 24 hours before returning to school.
- Students with communicable diseases will not be permitted to attend school (strep, flu, COVID, lice)
- If your student is sick and needs to be picked up, please pick your child up within 30 minutes.

BOO BOOS



- Accidents will happen. Teachers will send home an accident report at the end of the day.
- We will follow concussion protocols when a head injury occurs.
- Parents will be called in the case of a serious injury.
- Biting--Parents of both students involved in a biting incident (the biter and the bitee) will be notified.
    - lIf biting occurs more than once, the director will meet with the parents to develop an action plan.

CHILD FIND

FCPS Early Childhood Identification and Screening Services

- Identifies and addresses concerns in one or more areas of development, including Language, Speech, Cognitive Development, Social Emotional/Play/Behavior, Fine Motor, and Gross Motor Skills.

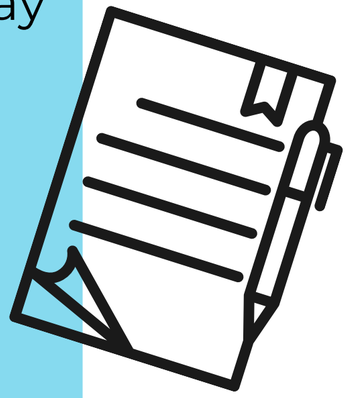
Child Find – provides Special Education services for preschool aged children.

- OLGC will partner with Child Find to provide resource help when needed.

If your child has a current IEP, please inform the Preschool Directors.

FORMS

- You will be receiving a packet of school forms. These need to be returned to OLGC no later than **May 22**.
- A **VA Health Form** and **Immunization Record** must be on file before the first day of school.
- Individuals with **Epipens or other medications** must have all required allergy forms completed and an action plan from the doctor on file with OLGC prior to attending school. Questions?Email Nurse Bliven at jbliven@olgcva.org.
- **Epipens** must be in the Director's possession before your child may attend school.
- All forms must be complete and submitted in order for your child to attend on the first day of school.



QUESTIONS?