

2026-2027 Athletic & Pep Squad Information

Prior to participating in any sports team or Pep Squad activity, each athlete **MUST** complete the online registration to provide the Athletic Department with a current address, emergency contact, insurance, medical alert, and health history information. To expedite this process the Athletic Department uses **SportsWare**, a secure online data entry system. Go to: www.swol123.net after June 1st.

Specific instructions for both new and existing athletes can be found on the Bishop Amat website (bishopamat.org) under Athletics >Athletic Clearance **SportsWareOnLine Instructions**. Information should be done by a parent and directions specifically followed. Please provide all information that is applicable. If this information changes during the year, please login to update the information. The software will allow you to use the same email address for multiple siblings, but you must choose a different password for each athlete. If you have done this information in a previous year, the system will reset and previous information will be removed, it has to be done each school year after June 1st. Please do not join again. **If you do not remember your password, please RESET it. DO NOT create a new account. (Call the Athletic Department for help.)**

All students must have a current physical (valid for one year of date on the physical) on file in the Athletics Office. Physical Evaluation Forms **MUST** be completed by a **Medical Doctor (MD) or Doctor of Osteopathy (DO) ONLY**. Physicals completed by ANY OTHER practitioner **including PA, RN, LVN, NP, DC** cannot be accepted, as is our school policy. **Original Bishop Amat Physical form* must be submitted to the Athletics Office.** Physical Evaluation Forms are located under Athletic Forms on the Bishop Amat website.

The Athletic Processing Fee for the entire school year will be **\$250.00, non-refundable**. **This must be paid in the Athletic Office and is mandatory for clearance.** **Please write student's Name & ID number on your check.**

On-Campus Summer Sports Physicals – TUESDAY, JUNE 30, 2026

Sports Physicals will be administered on campus Tuesday, June 30th; this will be a one-time event only during summer school in the 300 wing. To receive an On-Campus Sports Physical, the student **MUST**:

- ☐ Please PRINT and bring a signed permission slip for **Dr. Hamed Shalika M.D.** This form can be found under Athletic Clearance>Forms on the Bishop Amat website.
- ☐ Please PRINT and bring a **2026-2027 Physical Evaluation Form** to be completed by the Medical Doctor. This form can be found under Athletic Forms on the Bishop Amat website.
- ☐ **Medical History MUST** be completed on SportsWareOnLine (www.swol123.net) by June 28th as the Dr. will access it prior to actual physical and will not complete the physical without this information.
- ☐ Bring **\$20.00 CASH**. We apologize, but checks or credit cards cannot be accepted for the on-campus physicals.

Important dates:

1. **June 30, 2026** - All requirements must be completed including Physicals and SportsWareOnLine before an athlete can participate in any Bishop Amat Summer Sport or Pep Squad activity. **NO EXCEPTIONS.**
(All info entered on SportsWareOnLine prior to June 1st will be reset/deleted from the 2025-26 school year)
2. **July 15, 2026** – All Athletic Clearance requirements including Athletic Fee must be completed before an athlete can participate in any sport or Pep Squad activity including preseason sport events. **NO EXCEPTIONS.**

If you have any questions, please contact the Athletic Office at 626-962-2495 ext. 7412.