

# May 2026 STX LUNCH MENU 9-12

## MONDAY 05/04/26

### Spaghetti & Chicken

Chicken Strip w/ brown gravy (2 oz.)  
 WG Spaghetti Pasta (1 cup)  
 Seasoned Spinach (1 cup)  
 Applesauce (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Black Bean Burger w/gravy (2 oz.)

## TUESDAY 05/05/26

### Turkey Lunch

Turkey Roast w/gravy (2 oz.)  
 WG Elbow Marconi w/Cheese (1 cup)  
 Diced Carrots (1 cup)  
 Slice Peaches (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Black Bean Burger w/gravy (2 oz.)

## WEDNESDAY 05/06/26

### Curry Chicken

Chicken Strips (2 oz.)  
 WG Seasoned Brown Rice (1 cup)  
 Stew Pink Beans (1/2 cup)  
 Diced Carrots (1/2 cup)  
 Diced Pears (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Curry Lentils (2 oz.)

## THURSDAY 05/07/26

### Stew Beef

Diced Beef w/ gravy (2 oz.)  
 WG Elbow Marconi (1 cup)  
 Peas & Carrots (1 cup)  
 Applesauce (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.)

## FRIDAY 05/08/26

### Chicken Chili & Macaroni with cheese

Chicken Strip w/beans (2 oz.)  
 WG Elbow Macaroni w/Cheese (1 cup)  
 Potatoes Wedges (1 cup)  
 Slice Peaches (1 cup)  
 1% White or Assorted Flavored Fat Free  
 Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.)

## 05/11/26

### Spaghetti & Chicken

Chicken Strip w/ brown gravy (2 oz.)  
 WG Spaghetti Pasta (1 cup)  
 Green Beans (1 cup)  
 Diced Pears (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Black Bean Burger w/gravy (2 oz.)

## 05/12/26

### Stew Beef

Diced Beef w/ gravy (2 oz.)  
 WG Elbow Marconi (1 cup)  
 Diced Carrots (1 cup)  
 Applesauce (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.)

## 05/13/26

### Arroz Con Pollo (10 oz.)

Chicken Strips (2 oz.)  
 WG Seasoned Brown Rice (1 cup)  
 Stew Pink Beans (1/2 cup)  
 Diced Carrots (1/2 cup)  
 Slice Peaches (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Veggie Beans (2 oz.)

## 05/14/26

### Turkey Lunch

Turkey Roast w/gravy (2 oz.)  
 WG Elbow Marconi (1 cup)  
 Broccoli Floret (1 cup)  
 Diced Pears (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Vegetarian Beans (2 oz.)

## 05/15/26

### Chicken Chili & Macaroni with cheese

Chicken Strip w/beans (2 oz.)  
 WG Elbow Macaroni w/Cheese (1 cup)  
 Potatoes Wedges (1 cup)  
 Applesauce (1 cup)  
 1% White or Assorted Flavored Fat Free  
 Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.)

## 05/18/26

### Spaghetti & Chicken

Chicken Strip w/ brown gravy (2 oz.)  
 WG Spaghetti Pasta (1 cup)  
 Broccoli Floret (1 cup)  
 Slice Peaches (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Black Bean Burger w/gravy (2 oz.)

## 05/19/26

### Stew Beef

Diced Beef (2 oz.)  
 WG Elbow Marconi (1 cup)  
 Peas & Carrots (1 cup)  
 Diced Pears (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.)

## 05/20/26

### Arroz Con Pollo (10 oz.)

Chicken Strips (2 oz.)  
 WG Seasoned Brown Rice (1 cup)  
 Stew Pink Beans (1/2 cup)  
 Diced Carrots (1/2 cup)  
 Applesauce (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Veggie Beans (2 oz.)

## 05/21/26

### Chicken Chili & Macaroni with cheese

Chicken Strip w/beans (2 oz.)  
 WG Elbow Macaroni w/Cheese (1 cup)  
 Diced Carrots (1 cup)  
 Slice Peaches (1 cup)  
 1% White or Assorted Flavored Fat Free  
 Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.)

## 05/22/26

### Hamburger

Beef Burger (2 oz.)  
 WG Dinner Roll (2 oz.)  
 Potatoes Wedges (1 cup)  
 Diced Pears (1 cup)  
 1% White or Assorted Flavored Fat Free  
 Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.)  
 Condiment: Ketchup, Mayo pkg.

## 05/25/26

### HOLIDAY Memorial Day

## 05/26/26

### Chicken Chili & Fries

Chicken Strip w/beans (2 oz.)  
 WG Dinner Roll (2 oz.)  
 Potatoes Wedges (1/2 cup)  
 Broccoli Floret (1/2 cup)  
 Applesauce (1 cup)  
 1% White or Assorted Flavored Fat Free  
 Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.)

## 05/27/26

### Arroz Con Pollo (10 oz.)

Chicken Strips (2 oz.)  
 WG Seasoned Brown Rice (1 cup)  
 Stew Pink Beans (1/2 cup)  
 Diced Carrots (1/2 cup)  
 Slice Peaches (1/ cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Veggie Beans (2 oz.)

## 05/28/26

### Curry Chicken

Chicken Strips (2 oz.)  
 WG Elbow Marconi w/Cheese (1 cup)  
 Diced Carrots (1 cup)  
 Applesauce (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Curry Lentils (2 oz.)

## 05/29/26

### Pizza

WG Pepperoni Pizza (4.6 oz.)  
 Green Beans (1 cup)  
 Slice Peaches (1 cup)  
 1% White Milk or Assorted Fat Free  
 Flavored Milk (8 oz.)  
 Alt: Black Bean Burger (2 oz.) with Dinner  
 Roll (2 oz.)