



SACRED HEART CHURCH

A Parish Family with St. Monica, Mercer Island

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536 • SACREDHEART.ORG

SUNDAY - MAY 10, 2026

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish is a welcoming Catholic community, which inspires faith in God, through prayer, sacraments, and service, while living Gospel values, as faithful followers of Jesus Christ.



6TH SUNDAY OF EASTER

"And whoever loves me will be loved by my Father, and I will love him and reveal myself to him."
- Jn 14:20-21

PARISH CALENDAR

Sunday May 10

SIXTH SUNDAY OF EASTER

Mother's Day

St. Vincent de Paul Brown Bag Sunday

9:00 AM

Mass

10:00 AM

Sunday School
(Last Class of
the School Year)

11:00 AM

Mass (No CLOW)

Parish May Crowning

5:00 PM

Mass

Monday May 11

Easter Weekday

8:15 AM

Rosary

8:45 AM

Mass

7:00 PM

Rosary Group

Tuesday May 12

Easter Weekday

Saints Nereus and Achilleus, Martyrs; Saint Pancras, Martyr

8:30 AM

Morning Bible Study Group

10:00 AM

Stitchers with Heart Group

Wednesday May 13

Easter Weekday; Our Lady of Fatima

8:00 AM

Rosary

8:15 AM

Confessions

8:45 AM

Mass (school attending)

4:00 PM

Middle School Youth Group
at St. Monica

6:25 PM

High School Youth Group
at St. Monica

6:30 PM

Evening Bible Study Group

Thursday May 14

SAINT MATTHIAS, APOSTLE

8:15 AM

Rosary

8:45 AM

Mass

2:00 PM - 4:00 PM

Eucharistic Adoration

Friday May 15

Easter Weekday

Saint Isidore

8:15 AM

Rosary

8:45 AM

Mass

Saturday May 16

Easter Weekday

Ascend Eucharistic Revival at Meydenbauer Center; All Day

8:00 AM

NO Women's Group this Week

8:00 AM

Men's Group

3:00 PM

Confessions - Reconciliation Chapel

5:00 PM

Vigil **Mass**

Sunday May 17

THE ASCENSION OF THE LORD

St. Vincent de Paul Brown Bag Sunday Collection

9:00 AM

Mass

11:00 AM

Mass (CLOW)

12:00 PM

SHS Faith Commission Bake Sale

5:00 PM

Mass (Hosted by SHS 3rd Grade)

5:00 PM

Youth Mass & Dinner



PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor

ext. 10109

frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar

ext. 10113

frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation

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ext. 10112

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ext. 10102

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Susan Olmos, Pastoral Assistant for Liturgical Music

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Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records

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ext. 10114

Annette Seats, Pastoral Assistant for Communications

& Stewardship

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ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration

nsnyder@sacredheart.org

ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal

Erica Pierson, Vice-Principal

PARISH LEADERSHIP

•Pastoral Council:

Charlie Herb

•Finance Council:

Douglas Withers

•School Commission:

Charlie Herb

•Community Outreach Commission:

Diana Schiro & Jackie Weeks

•Worship Commission:

Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)



Sacred Heart Book Discussion Group
Tuesday, May 26th at 7:00 PM
Parish Conference Room 1

(Located through main entrance of parish office)

Looking for some good books to read this summer? Come join Sacred Heart's book discussion group! We have a line up of fabulous summer reads, so hang up your hammock, put on your reading glasses and come join us on the fourth Tuesday of the month for a lively discussion. Everyone is welcome!

May 26: *The Correspondent* by Virginia Evans

An epistolary novel told entirely through the letters and emails of a cantankerous older woman to friends, family and strangers, exploring her life filled with past trauma, grief, complicated family dynamics, and ultimately forgiveness and moving forward. The book celebrates the joy of the written word.

June 23rd: *Theo of Golden* by Allen Levi

A story of giving and receiving, seeing and being seen, this self-published novel became a word of mouth sensation and was quickly snapped up by a publisher. An elderly stranger from Portugal arrives in the southern town of Golden, Georgia and begins buying portraits of residents hanging in a coffee shop and gives them back to the subjects, getting to know them and listening to their life stories as he returns the portraits to their rightful owners.

July 28th: *Thunderstruck* by Erik Larson

A masterful blend of true crime and history set in London in 1910, *Thunderstruck* intertwines the story of a sensational murder and how the invention of the transatlantic wireless system by Guglielmo Marconi helped solve the case.

August 25th: *An Irish Country Doctor* by Patrick Taylor

Set in the fictional Northern Ireland village of Ballybucklebo in the 1940's, a young doctor from Belfast learns the ropes of rural medicine from his unconventional mentor, while treating the colorful and eccentric villagers, based on the author's own experience as a country general practitioner.

Please join us for one or all of the upcoming meetings, sure to be full of lively discussion! Questions? Comments? Want to be added to the email list? Please contact Annelies Smith at ybugmom@comcast.net.

Behold the Lamb
Quick Weekly Lessons
on the Sacred Liturgy



The Communion Rite helps to prepare our hearts to receive the Eucharist worthily and well. It is desirable that all Catholics who are properly disposed receive the Eucharist, our spiritual food to strengthen us along our journey. Due to the sanctity of Holy Communion, however, it is reserved only for Catholics who are "properly disposed". Since the Eucharist, the Wedding Feast of the Lamb, is the sign of our covenant with God, it is reserved for those in covenantal relationship who profess the Catholic faith. Additionally, it is also reserved for those who have not broken covenant with God through serious sin done with full knowledge and full freedom of will. In other words, it is reserved for those in a state of grace. Catholics are also expected to fast for one hour from all food and drink (besides water and necessary medicine) before receiving the Eucharist, attend Mass every Sunday and all Holy Days of Obligation (unless physically or morally prevented), and frequent the Sacrament of Reconciliation at least once a year.

We are one week away from ASCEND Eucharistic Revival! It's not too late to join Catholics from across the Pacific Northwest for the one-day Catholic conference and Eucharistic Event. Scan the QR code to learn more and register. Come be part of the movement on May 16th!

Registration Now Open!



ASCEND
 EUCHARISTIC REVIVAL

SATURDAY

MAY 16, 2026

@ Meydenbauer Center

Scan the QR code
 to register.



Celebrate the Easter Season

April 5 to May 24

Visit archseattle.org/easter to learn more.



ADMINISTRATION & STEWARDSHIP

Annual Catholic Appeal 2026 Together in Faith

Please make your 2026 ACA gift today!



YOUR ANNUAL CATHOLIC APPEAL GIFT IS VITAL

Thank you to all those who have made a gift to the 2026 Annual Catholic Appeal! Your support is vital for building up the future of our Church, whether it is through our youth and young adult ministries, teaching the faith and sharing in the beauty of the Gospel, or providing our priests and staff with training, including administrative services needed to support our parish.

Please take time prayerfully consider how you and your family can participate. Use the envelope in the pew, scan the QR code, or visit archseattle.org/giveaca to give today. Let us encourage each other to help make our ministries a success.

This year, our parish's goal is \$165,630. Any gifts exceeding this goal will be returned to Sacred Heart as a rebate for our parish projects. The first \$55,000 of the ACA rebate will be used to welcome a FOCUS Parish Missionary to Sacred Heart, starting in the summer of 2027. Through small groups, Bible studies and prayer gatherings, this missionary will help us deepen our faith and strengthen our sense of community. Any additional rebate funds will contribute to the project to replace the roof of the original parish offices along 14th Street.

Annual Catholic Appeal 2026

Ministries supported by ACA funds include:



Clergy Support



Multicultural Ministry



Hospital and Healthcare ministry



Why Give to the Annual Catholic Appeal Online?

- Safer: No need to mail checks or cash—online gifts are processed securely.
- Efficient: Saves time for parish staff and volunteers.
- Accurate: Online gifts are recorded promptly and reliably.
- Eco-Friendly: Reduces paper use and mailing.

Since the ACA is processed centrally, online giving ensures your gift is received and recorded quickly. The Archdiocese provides weekly reports to help us track your support.



Scan the QR Code for Online Giving to Sacred Heart Parish.



Stewardship of Treasure

Sunday collection totals

July to March 31, 2026 Budget \$1,224,127

July to March 31, 2026 Actual \$1,232,173

+\$8,046

Prior year actual (July– March 2025) \$1,235,687

Thank you for your generosity!!

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 5/10

Acts 8:5-8,14-17
Psalm 66:1-7,16,20
1 Peter 3:15-18
John 14:15-21

Monday 5/11

Acts 16:11-15
Psalm 149:1b-6a,9b
John 15:26—16:4a

Tuesday 5/12

Acts 16:22-34
Psalm 138:1-3,7c-8
John 16:5-11

Wednesday 5/13

Acts 17:15,22—18:1
Psalm 148:1-2,11-14
John 16:12-15

Thursday 5/14

Acts 1:15-17,20-26
Psalm 113:1-8
John 15:9-17

Friday 5/15

Acts 18:9-18
Psalm 47:2-7
John 16:20-23

Saturday 5/16

Acts 18:23-28
Psalm 47:2-3,8-10
John 16:23b-28

Sunday 5/17

Acts 1:1-11
Psalm 47:2-3,6-9
Ephesians 1:17-23
Matthew 28:16-20

MASS INTENTIONS

Sunday 5/10

9:00 AM Mass: INT DON & MARIE IBSON
by Jerome & Gemma Thielges

11:00 AM Mass: RIP RHYS MADAMBA
by Fletcher Family

5:00 PM Mass : PRIEST PRIVATE INTENTION

Monday 5/11

RIP JACK SMITH by Ritzman Family

Wednesday 5/13

RIP MARIANNE RUSSELL by Mary Elmore

Thursday 5/14

INT EMMANUEL MUNOZ by Mabel Munoz

Friday 5/15

RIP WREN PRATT-BARLOW by Pratt-Barlow Family

Saturday 5/16

INT THE PARISHIONERS OF SACRED HEART

Sunday 5/17

9:00 AM Mass: RIP SUE HASLAM by Loni Haslam

11:00 AM Mass: RIP DARRYL SUTHERLAND
by Sacred Heart Rosary Group

5:00 PM Mass : PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Mary Glarner (sister of Ardeth Hollo)

The Deceased

John Bach (father of James Bach)

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE’S PRAYER INTENTION - MAY

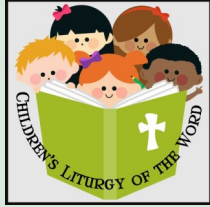
That Everyone Might Have Food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food. .

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Last Sunday School for the School Year
Sunday, May 10th at 10:00 AM (Note new time)
No CLOW on Sunday, May 10th

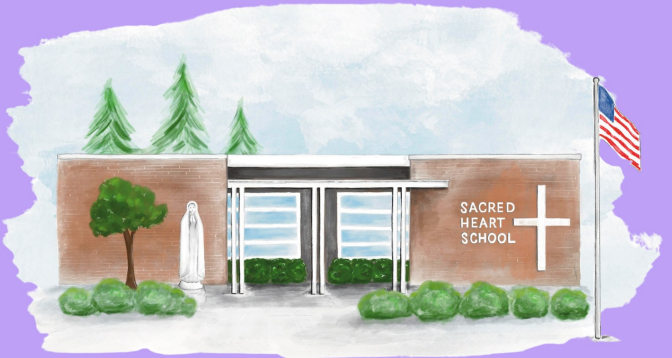
UPDATES FROM



**EMMAUS
YOUTH
MINISTRY**

EMMAUS YOUTH MINISTRY
Wednesday, May 13: Youth groups meet at St. Monica this week. Middle School at 4:00 PM and High School at 6:25 PM.

SACRED HEART SCHOOL



Be Part of the Mission at Sacred Heart School

Catholic education changes lives. At Sacred Heart School, students are formed each day in faith, academic excellence, and service.

Parishioner generosity directly supports our teachers, strengthens our programs, and meets the needs of our students. If you feel called to invest in the next generation, we invite you to make a gift today.

Thank you for supporting Sacred Heart School and the future of Catholic education in our parish.



Congratulations to the 2026 First Communicants



Anyone who has any concerns or allegations related to the safety and well-being of our children regarding clergy or lay leaders in the Archdiocese of Seattle should contact the special hotline at 1-800-446-7762.

COMMUNITY OUTREACH - COMMUNITY EVENTS



St. Vincent de Paul—Brown Bag Sunday This Weekend - May 9th - 10th

Please pick up a brown grocery bag after Masses this weekend for the monthly Brown Bag collection to support *Hopelink*. You can return the grocery bags next weekend on May 16th and 17th filled with non-perishable grocery items and household paper products. Please place them in the bin in the Narthex. Thank you for supporting our local community in need!



SACRED HEART DIAPER DRIVE MONTH OF MAY

The gift of diapers is an ideal way to honor mothers and assist those families in need on the Eastside.

Most needed sizes are Newborn, 4, 5 and 6.

Diapers will be collected by Sacred Heart's - PREPARES-Pregnancy & Parenting Support, which is a Parish-based ministry. Through PREPARES, we support those families in need from birth to age 5 in addition to supporting our local community organizations: Overlake Hospital, Mary's Place, Jubilee Reach and St. Vincent DePaul recipients.

Thank you for your ongoing support!



Rachel's Corner

Project Rachel Post Abortion Healing Retreats

Spanish Retreat: June 5 - June 7, 2026

English Retreat: Sept. 25 - Sept. 27, 2026

Men's Healing Retreat: Oct. 10 - Oct. 11, 2026

To leave a confidential message please call

English: (206) 920-6413 Spanish: (206)-450-7814

Email projectrachel@ccsww.org. Visit us at

cwww.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!

You are invited to Carpe Diem's 50yrs+



Spring Luncheon Thursday, May 21st

11:30am, Sacred Heart Narthex

Special Presentation:

"Befriending Your Digital Devices Q&A"

by Jacqui Orgovan,

Sacred Heart Tech Support

\$20--advance payment required

Tickets: May 9-10 & 16-17

Info: Linda Geere 425-450-3908 or
lgeere@sacredheart.org



Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags are needed weekly to help with food security and hope! Scan the QR code to sign up!



Priority Need for Summer:

We had a great experience last year providing bikes for families in our community, and we hope to share even more this summer. We need your help! There is strong demand for kids' bikes, especially those with 16-inch frames or 26-inch tires and smaller. We also accept adult bikes—no need for them to be perfect, as our Bike Angels can make repairs. Helmets are welcome as well to ensure rider safety. If you have a bike you no longer need, please consider donating it! Donations can be dropped off at the Center on Tuesdays between 8:00 AM and 4:00 PM. If that timing doesn't work, contact Lauraq@jubileereach.org. Thank you for helping us spread joy and opportunity, one bike at a time!



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\$2,000,000
 +\$200K Above List Price!
 Parishoners Matt & Christina
 Celebrating with Don!

Our Client Don
 After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!



Don Lovell
 God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.
 ❤️🙏👍🙌❤️
 Don Lovell

Matt@TeamSkally.com
 206-661-8624

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12301 NE 10th Pl #304
 Bellevue
 425 454 4298
 2017 Arizona School of Dentistry and Oral Health

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 Call 425•369•7389 or e-mail chris.r@flintofts.com

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 admin@thenobleplumber.com
 (425) 200-5642

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