

Pudong Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Southern Style Fried Chicken	Sweet and Sour Pork	Miso Salmon	Chicken Fricassee	Beef Bulgogi
Allergen Content	G D	G E	S G L	G D	L G
STAPLE FOOD	Baked Macaroni and Cheese	Vegetable Fried Rice	Furikake Rice	Spaghetti with Cherry Tomato and Olive Oil	Seaweed Rice
Allergen Content	G D	L	S E G N	G	S N
VEGETABLES	Roasted Mixed Vegetable	Sautéed Chinese Cabbage	Stir-Fried Choy Sum with Garlic	Steamed Broccoli and Cauliflower	Sautéed Cabbage with Carrot
Allergen Content					
SPECIALTIES	Potato Salad	Steamed Red Bean Bun	Oden	Corn Nuggets	Japchae
Allergen Content	E	G L	S G L	G	G L
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Chicken, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam	Lyoner, Peanut Butter, Strawberry Jam	Tuna Salad, Peanut Butter, Strawberry Jam
Allergen Content	N	N	N	N	S N E
VEGETARIAN DISH (On request)	Southern Style Fried Zucchini	Sweet and Sour Tofu	Miso Tofu	Vegetable Fricassee	Tofu Bulgogi
Allergen Content	G D	G L	G L	G D	G L
SALAD BAR	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: D Dairy E Egg G Gluten L Legumes N Nuts S Seafood