

# ECE Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	<b>Mediterranean Chicken</b>	<b>Sweet &amp; Sour Pork</b>	<b>Beef Quesadilla</b>	<b>Chicken Teriyaki</b>	<b>Baked Fish with Tarragon Sauce</b>
Allergen Content		<b>G</b> <b>E</b>	<b>G</b> <b>D</b>	<b>L</b>	<b>S</b> <b>D</b>
<b>STAPLE FOOD</b>	<b>Gnocchi Alfredo</b>	<b>Vegetable Fried Rice</b>	<b>Mexican Rice</b>	<b>Egg Fried Rice</b>	<b>Penne with Garlic &amp; Olive Oil</b>
Allergen Content	<b>G</b> <b>D</b>	<b>L</b>		<b>E</b>	<b>G</b>
<b>VEGETABLES</b>	<b>Roasted Mixed Vegetables</b>	<b>Sautéed Chinese Cabbage</b>	<b>Steamed Corn, Carrot &amp; Green Peas</b>	<b>Oriental Cooked Vegetables</b>	<b>Steamed Broccoli, Carrot &amp; Cauliflower</b>
Allergen Content			<b>L</b>		<b>L</b>
<b>VEGETARIAN DISH</b> (On request)	<b>Mediterranean Vegetables</b>	<b>Sweet &amp; Sour Tofu</b>	<b>Vegetable &amp; Bean Quesadilla</b>	<b>Tofu Teriyaki</b>	<b>Baked Mushroom &amp; Chickpea with Tarragon Sauce</b>
Allergen Content		<b>G</b> <b>L</b>	<b>G</b> <b>D</b>	<b>L</b>	<b>L</b>
<b>SIDE DISH</b>	<b>Egg</b>		<b>Egg</b>		<b>Egg</b>
<b>DRINKS</b>	<b>Milk</b>	<b>Milk, Yogurt</b>	<b>Milk</b>	<b>Milk, Yogurt</b>	<b>Milk</b>
<b>FRUITS</b>	<b>Seasonal Fruit</b>	<b>Seasonal Fruit</b>	<b>Seasonal Fruit</b>	<b>Seasonal Fruit</b>	<b>Seasonal Fruit</b>

\*Allergen Content: **D** Dairy **E** Egg **G** Gluten **L** Legumes **S** Seafood

BASIL N LATTE