



Douglas Dolphins Summer Swim Team

Enjoy an introduction to competitive swimming at the Carson Valley Swim Center. Our certified USA Swimming coaches are committed to teaching your children using the latest techniques in a fun and positive atmosphere.

Choose a session that fits your schedule and interest:

Session I: 6/15-6/25 Monday-Thursday 5-6:00 pm. Freestyle and Backstroke

Session II: 6/29-7/9 Monday-Thursday 5-6:00 pm. Freestyle and Backstroke or Butterfly

Session III: 7/13-7/24 Monday-Thursday 5-6:00 pm. Butterfly or Breaststroke

Prerequisites for all sessions: Able to swim one lap of freestyle and backstroke unassisted with no fear of deep water.

Fees: Participation in any one session - \$177

Participation in any two sessions - \$273

Participation in all three sessions (includes a team t-shirt) - \$341

* There is no pre-registration for new swimmers; signups open **AFTER** the first practice.

* Returning swimmers **must** pre-register online at www.DDST.org in order to enter the water.

* Space is limited. Contact **Kobi Kothman 775-552-5400** for more information.



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