



# SAINT BERNARD SCHOOL

## COUNSELING DEPARTMENT

Mrs. Holly Cyr '85, LCSW  
Director of Summer Programming

[hcyr@saint-bernard.com](mailto:hcyr@saint-bernard.com)

860-848-1271, ext. 120

# Summer Program 2026



## Become a SUMMER SAINT!

The Saint Bernard School Summer Program is back for 2026 and we hope you will join us (and bring your friends) for an enriching summer of dynamic learning and fun! This popular program offers a variety of engaging and interactive in-person classes to meet the interests and needs of students entering grades 6 - 12.

The program is a perfect opportunity for students to brush up on skills, explore new areas of interest, and earn additional credits. All classes will be taught by our talented faculty at Saint Bernard School. They are open to Saint Bernard students, as well as students from area schools.

Please contact Mrs. Holly Cyr at [hcyr@saint-bernard.com](mailto:hcyr@saint-bernard.com) with any questions.

Course Categories	Credit	Length	Course Design	Cost	Course Details
Half-credit	½ credit	1 week	M-F 9:00-2:30	\$250	Final exam Transcript credit
Enrichment	Non-credit	6 classes	2 hour classes	\$200	Certificate of participation provided

### CLASS EXPECTATIONS

- Homework may be assigned.
- Class attendance is expected.
  - No more than ½ day class absence is allowed to receive credit for a half-credit course which meets for the full week

### IMPORTANT DETAILS

- There is no uniform requirement; please observe appropriate attire.
- Students should come prepared with a device other than a phone.  
We recommend a chromebook, tablet, or IPAD with a separate keyboard.
- There are no summer cafeteria services. Students should bring snacks/lunch as needed.
- For classes ending at 2:30 p.m., students should be picked up at the end of their class.
- For all other classes, students should be picked up no later than noon.
- Transcripts for students who do not attend Saint Bernard School, who complete credit bearing classes, will be provided upon request to: Mrs. Deborah Ingoglia [dingoglia@saint-bernard.com](mailto:dingoglia@saint-bernard.com)

# 2026 SUMMER COURSE DESCRIPTIONS

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## HALF CREDIT COURSE

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### HEALTH

**This session has reached capacity.**

**Dates: June 1-5 (FULL-Reg. Closed)**

### HEALTH II

**Registration opened 5/6/2026**

Students Entering Grades: 9, 10, 11, 12

Duration: 1 week

Days: M/T/W/TH/F

Teacher: Mr. Kenyon

Cost: \$250

Dates: June 8-12

Time: 9:00 AM - 2:30 PM

Credit: .5

**This course is a Saint Bernard high school graduation requirement.**

This course provides students with up-to-date information regarding the major health and wellness topics, including nutrition, physical fitness, stress management, sexually transmitted diseases, and drugs. The goal is to present this information in such a way as to allow the student to apply it to his or her daily life in a beneficial way. Presentation formats include lecture, group projects, and online discussions. Upon completion of this course students should be able to identify basic human needs and list the characteristics of good emotional health; describe the five components of physical fitness and construct a comprehensive fitness regimen; and identify and analyze the consequences of abuse and misuse of products that result in dependency on psychoactive drugs, alcohol and tobacco.

### FINANCIAL LITERACY

Students Entering Grades: 11 & 12

Duration: 1 week

Cost \$250

Days: Week 1: M/T/W/TH

Teacher: Mr. Jolliff

Credit: .5

Week 2: M

Time: 9:00 AM - 2:30 PM

Dates: June 15-18 and June 22

**This course is a Saint Bernard high school graduation requirement.**

This course is designed to introduce students to the fundamentals of personal finance. The course covers career planning, budgeting and cash-flow management, credit use, planned borrowing, taxes, and managing expenditures and housing.

### APPLIED ROBOTICS & DESIGN: THE EV3 MISSIONS

Students Entering Grades: 6 through 10

Duration: 1 week

Days: M/T/W/TH/F

Teacher: Mrs. Jakubielski

Cost: \$250

Dates: June 22-26

Time: 9:00 AM - 2:30 PM

Credit: .5

Rising 6 & 7th graders will receive a certificate of participation.

Rising 8, 9 & 10th graders will receive .5 credit on the final transcript.

Step into the role of a lead engineer in this intensive, hands-on robotics camp designed for middle and early high school students. Moving beyond basic building, this course challenges teams to tackle real-world automation problems using LEGO Mindstorms EV3. Students will apply mathematical concepts, complex sensor logic, and mechanical engineering principles (like gear ratios and torque) to design autonomous machines capable of precision navigation, structural recovery, and multi-stage disaster response.

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# ENRICHMENT COURSES

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## WRITING THE COLLEGE ESSAY

Students Entering Grades: 10, 11, 12

Duration: 2 weeks

Days: Week 1: T/W/Th/F

Week 2: M/T

Teacher: Mr. Kenyon

Cost: \$200

Dates: June 23, 24, 25, 26, 29 & 30

Time: 9:00 AM - 11:00 AM

Non-Credit

Writing The College Essay is designed to provide students with the tools they need to write an effective and memorable college essay. Students will learn to identify engaging topics, analyze several prompts, review common mistakes, and then work to write an essay that highlights their unique gifts and talents. Getting this Common Application requirement done before the start of senior year will be a gift to yourself!

## STUDY SKILLS

Student Entering Grades: 6, 7, 8

Duration: 2 weeks

Days: M/T/TH

Teacher: Mrs. Fogarty

Cost: \$200

Dates: August 10, 11, 13 & 17, 18, 20

Time: 9:00 AM - 11:00 AM

Non-Credit

This course is tailored to students transitioning to middle school and those already enrolled who seek to enhance their organizational skills and optimize study time. Participants will delve into fundamental principles of organization, covering effective management of materials such as papers, books, and writing tools in both bags and lockers. Additionally, students will learn the art of organizing electronic documents into files. The curriculum extends to encompass reading strategies, test preparation techniques, and test-taking skills, equipping students with the tools they need to excel from the get-go as they embark on their middle school journey.

## ADVANCED STUDY SKILLS

Student Entering Grades: 9, 10, 11, 12

Duration: 2 weeks

Days: M/T/TH

Teacher: Mr. Smigel

Cost: \$200

Dates: August 10, 11, 13 & 17, 18, 20

Time: 9:00 AM - 11:00 AM

Non-Credit

Advanced Study Skills is designed to provide students with the strategies and self-confidence necessary to achieve success in rigorous college-preparatory and college-level courses. Students will have the opportunity to strengthen their academic habits and discover methods well-suited to their individual learning styles.

Topics addressed:

### Advanced Academic Skills:

- Analyzing evidence: Content and Sourcing
- Interpretation
- Comparison
- Argumentation
- Words to Watch For in Essay Questions
- Test-taking strategies

### Advanced Study Skills:

- Cornell Note-Taking System
- Textbook Reading Systems
- Question-Answer Relationships

### Mindset strategies for success:

- Guidelines for Creating a Study Schedule
- The Basics of Stress Management
- Understanding Academic Anxiety



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Director of Summer Programming  
[hcyr@saint-bernard.com](mailto:hcyr@saint-bernard.com)  
860-848-1271, ext. 120

## 2026 SUMMER PROGRAM REGISTRATION FORM

Complete the Online Registration by visiting:  
<https://tinyurl.com/SBS-Summer-2026>

Student's Full Name \_\_\_\_\_

Name of Current School \_\_\_\_\_

Parent / Guardian \_\_\_\_\_

Complete Mailing Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent Email Address \_\_\_\_\_

Phone #: \_\_\_\_\_

Student's Email Address \_\_\_\_\_

Phone #: \_\_\_\_\_

### STUDENT'S GRADE IN THE FALL OF 2026:

Current 5th grader entering **6th Grade**  
 6th grader entering **7th Grade**  
 7th grader entering **8th Grade**

Current 8th grader entering **9th Grade**  
 9th grader entering **10th Grade**  
 10th grader entering **11th Grade**  
 11th grader entering **12th Grade**

## Photo Release Permission Slip 2026

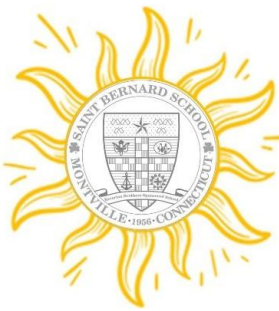
As a parent or guardian of this student, I hereby consent to the use of photographs/videotape taken during the course of the SBS Summer School Program for publicity, promotional and/or educational purposes (including publications, presentation or broadcast via newspaper, internet or other media sources).

Yes, I give consent.

No, I do not consent.

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# SBS SUMMER SCHOOL 2026 REGISTRATION FORM

Complete the Online Registration by visiting:

<https://tinyurl.com/SBS-Summer-2026>

Student Name: \_\_\_\_\_ GRADE: \_\_\_\_\_

Complete Address: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Select Course	Grades	Date	Days	Time	Length	Credits	Cost
<b>Half-Credit Courses</b>							
	<b>Health II</b>						
	9-12	June 8-12	M/T/W/TH/F	9AM - 2:30 PM	1 week	0.5	\$250
	<b>Financial Literacy</b>						
	11-12	June 15, 16, 17, 18 June 22	M/T/W/TH M	9AM - 2:30 PM	1 week	0.5	\$250
	<b>Applied Robotics &amp; Design: The EV3 Missions</b>						
	6-10	June 22-26	M/T/W/TH, F	9 AM- 2:30 PM	1 week	0.5	\$250
<b>Enrichment Courses</b>							
	<b>Writing The College Essay</b>						
	10-12	June 23, 24, 25, 26 June 29, 30	T/W/TH/F M/T	9 AM- 11 AM	2 weeks	Non-Credit	\$200
	<b>Study Skills</b>						
	6-8	Aug. 10, 11, 13 Aug. 17, 18, 20	M/T/TH	9 AM - 11 AM	2 weeks	Non-Credit	\$200
	<b>Advanced Study Skills</b>						
	9-12	Aug. 10, 11, 13 Aug. 17, 18, 20	M/T/TH	9 AM - 11 AM	2 weeks	Non-Credit	\$200
<b>COURSE REGISTRATION SUMMARY</b>							
	<b>Total # of courses the student has registered for.</b>					<b>TOTAL Registration Cost:</b>	

**Payment MUST be received within 7 days of registration.**

Return paper registration and photo release form with (Cash or Check) Payment.

- **Mail checks to:** Saint Bernard School  
Mrs. Cyr  
Summer Program 2026  
1593 Norwich New London Turnpike  
Uncasville, CT 06382



**NOTE:** In the check memo section please write the student's name and current school.