

Competitive PE: Team Sports

ESTABLISHED GOALS:

Competencies:

- *Students will demonstrate the ability to develop and apply knowledge, skill and movement in a variety of physical activities in order to maintain appropriate level of personal fitness.*
- *Students will demonstrate the ability to exhibit responsible personal and social behavior in order respect self and others in physically active settings.*
- *Students will demonstrate the ability to analyze and summarize text and integrate knowledge to make meaning of discipline-specific materials.*
- *Students will demonstrate the ability to produce coherent and supported writing in order to communicate effectively for a range of discipline-specific tasks, purposes, and audiences.*
- *Students will demonstrate the ability to speak purposefully and effectively by strategically making decisions about content, language use, and discourse style.*

Content Standards:

SHAPE.1 Develops a variety of motor skills.

SHAPE.2 Applies knowledge related to movement and fitness concepts.

SHAPE.3 Develops social skills through movement.

SHAPE.4 Develops personal skills, identifies personal benefits of movement, and chooses to engage in physical activity.

Transfer

Students will be able to independently use their learning to identify and maintain a healthy active lifestyle.

Meaning

ENDURING UNDERSTANDINGS

Students will understand that...

- participating in team settings promote tolerance, empathy, communication skills and accountability.
- participating in competitive and recreational activities will help promote relationship building and lifelong fitness.
- participating in individual physical activities, improves the quality of one's life.

ESSENTIAL QUESTIONS

- Which is more important, individual strengths or team strengths when playing sports?

Acquisition

Students will know...

- *that offensive and defensive strategies are part of team sports.*
- *that participating in team settings promote tolerance, empathy, communication skills and accountability.*
- *that there are historical and cultural aspects of sports in society.*
- *that there are speed/ accuracy trade-offs when playing sports.*
- *that one should conduct themselves morally and ethically when competing.*
- *the rules and techniques of sports including but not limited to: Ultimate, football, soccer, field hockey, softball, lacrosse, basketball, volleyball, team handball, broomball*

vocabulary: Zone, Man to man, spacing, hammer, defensive concepts, chest trap, heading, air dribble,

Students will be skilled at...

- *refining activity-specific movement skills in one or more lifetime activities*
- *demonstrating competency in 2 or more specialized skills in health-related fitness activities.*
- *identifying and discussing the historical and cultural roles of games, sports and dance in a society.*
- *describing the speed/accuracy trade-off in throwing and striking skills.*
- *exhibiting moral and ethical conduct in specific competitive situations.*
- *assuming a leadership role in a physical activity setting.*
- *accepting other's ideas, cultural diversity and body types by engaging in cooperative and collaborative movement projects.*
- *evaluating the opportunity for social interaction and social support in a self-selected physical activity or dance.*
- *applying offensive and defensive strategies as they are related to game play.*

	<i>lifts, slap hit, faster pitching, stick checking, behind the back, through the legs, blocking out, rebounding, field throws, jump shot, spike, blocking, behind the back shot</i>	
Content Area Literacy Standards		21st Century Skills
RST.11-12.1 Cite specific textual evidence to support analysis of science and technical texts, attending to important distinctions the author makes and to any gaps or inconsistencies in the account. RST.11-12.2 Determine the central ideas or conclusions of a text; summarize complex concepts, processes, or information presented in a text by paraphrasing them in simpler but still accurate terms. RST.11-12.3 Follow precisely a complex multistep procedure when carrying out experiments, taking measurements, or performing technical tasks; analyze the specific results based on explanations in the text. RST.11-12.4 Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to <i>grades 11-12 texts and topics</i>. WHST.11-12.4 Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.		● <i>Communicate clearly</i> ● <i>Collaborate with others</i> ● <i>Interact effectively with others</i> ● <i>Be flexible</i>

<i>Evaluative Criteria</i>	<i>Assessment Evidence</i>
	PERFORMANCE TASK(S):
	OTHER EVIDENCE:

<i>Summary of Key Learning Events and Instruction</i>	
<i>Language Arts Integration</i>	<i>Mathematics Integration</i>
1.OA.1 Use	1.OA.1 Use
<i>Technology Integration</i>	<i>District Materials</i>
1.OA.1 Use	