



MENU

MAY

6-12 LUNCH

School Lunch Superhero Day!



CINCO de MAYO

					Rotini with Meat Sauce 1 Garlic Bread Steamed Mixed Veggie Garden Side Salad
Bistro Cheeseburger 4 (plain, cheese or bacon) NY Breaded Onion Rings Crunchy Coleslaw Fresh Veggie w/Hummus	Walking Taco 5 (meat, cheese w/corn chips) Salsa Cup & Sour Cream Cowboy Caviar	Gen Tso Chicken 6 Fried Rice & Veg Egg Roll Stir Fry Vegetables or Steamed Broccoli	Crispy Chicken Wrap 7 (plain, ranch or buffalo) Broccoli Tomato & Cucumber Salad	Lasagna Roll up 8 Marinara Sauce Garlic Knot Roasted Chick Peas Caesar Salad	
Crispy Chicken Tenders 11 with assorted dipping sauces Pesto Parmesan Rotini Seasoned Curly Fries Baby Carrots w/Hummus	Chicken, Peppers & Onions 12 Fajitas Salsa, Shredded cheese, Sour Cream & Guacamole Veggie Pinto Beans Mexican Street Corn	Brunch for Lunch 13 French Toast Sausage Links Hashbrown Patty 100% Juice Cup & Syrup	Macaroni & Cheese Bar 14 with Buffalo Chicken Garlic Bread Steamed Broccoli Cucumbers & Grape Tomato	BYO Burrito Bowl 15 w/Cilantro Lime Rice Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn & Black Beans	
Crispy Chicken 18 Sandwich Seasoned Waffle Fries Fresh Veggie w/Hummus	Soft Tacos 19 (Beef, Cheese & Lettuce) Salsa, Sour Cream & Guacamole Roasted Corn Pepper Sticks	Harvest of the Month 20 Rotini with Meat Sauce Warm Garlic Knot NY Roasted Asparagus	Grilled Cheese 21 Chicken & Veggie Soup Caesar Side Salad	No School 22	
No School 25 Memorial Day	Ultimate Nachos 26 Salsa & Sour Cream Guacamole, Olives, Jalapenos Cowboy Caviar	Pulled Pork on a Kaiser 27 Sweet Potato Wedges Crunchy Coleslaw Fresh Veggie w/Hummus	Beef Lo Mein 28 Dumplings Steamed Broccoli Tangy Ginger Edamame Salad	Meatball Parm Hero 29 Steamed Mixed Veggie Garden Side Salad	

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
SHARED FOOD SERVICE PROGRAM

