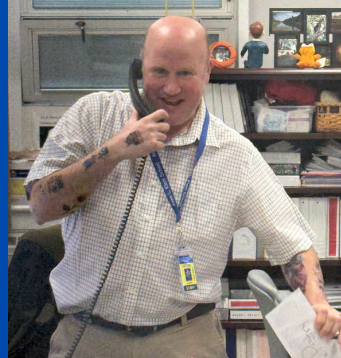
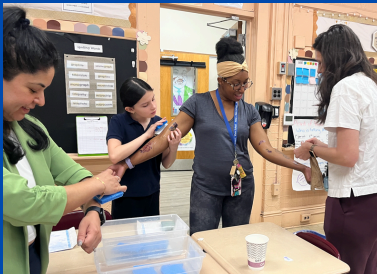
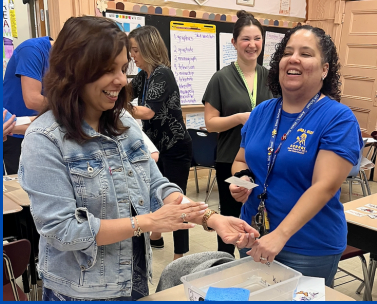


# MUSTANG INK

Thank you to all the teachers that participated in the Mustang Ink fundraiser and the students that purchased tattoos. It was such a fun day!



# LOOKING FORWARD

**NJSLA:** ELA May 5<sup>th</sup> -8<sup>th</sup>

Math May 12<sup>th</sup> -13<sup>th</sup>

**Loved Ones Bouquet Event:** MAY 7<sup>TH</sup>

**Field Days:**

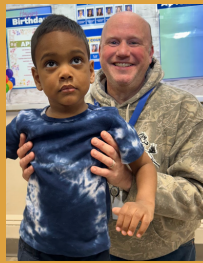
- May 27 – PreK–Kindergarten
- May 28 – 1st Grade
- May 29 – 2nd Grade
- June 3 – 5th & 6th Grade
- June 4 – 3rd & 4th Grade
- June 5 – 7th & 8th Grade

# STAR STUDENTS



## CONGRATULATIONS!

D. McCreary, M. Kriplani  
 A. Morales, K. Gonzalez,  
 S. Polanco, J. Tavarez,  
 M. Morales, S. Cacares,  
 A.Sagynbekova, A. Rojas,  
 K. Zambrano, D. Gonzalez, and  
 M. Gomez



# S.E.L TIP OF THE MONTH

Hike through trails  
enjoy the new buds  
and greenery



Notice blooming  
flowers, appreciate  
small details



Send letters  
or cards to  
loved ones



Start a  
small herb or  
flower garden



Practice mindful  
breathing with  
spring flowers



Meditate to  
soothing  
sounds of rain



Organize a  
spring cleanup  
with your pals



Create a  
vision  
board  
with goals



Visit a local  
farmers' market  
for produce



Pack a  
picnic with  
journal  
time



## Spring Coping Skills

Watch  
clouds  
drift by

Drink refreshing  
water with  
herbs or fruit



Get creative and  
sketch or paint some  
springtime scenes



Take a walk and  
enjoy spring  
blooms



Do yoga outside  
or by windows



Hop on a bike and  
hit some trails



Dance to  
uplifting  
music



Notice the days  
getting brighter  
and longer



Write a gratitude  
list about spring



Declutter and  
redecorate  
your space



Volunteer to help  
with local gardens



Ground yourself by  
walking on grass

