



KIDS EAT FREE

JUNE 2026

Breakfast Menu - Milk, fruit & Cereal Bar offered with every meal.
Lunch Menu - Milk, Fruit, Veggies offered with every meal

Breakfast
 7:30am - 8:30am

Lunch
 11:00am - 12:15pm

Offered at
 Valley Center
 Intermediate
 School

Pancakes or Waffles

1

Chicken Tenders
 Mashed Potato, Gravy,
 Green Beans, Wheat Roll

Muffins

2

Cheeseburger
 French Fries
 Baked Beans

Cinnamon Roll

3

Italian Pasta & Meatballs
 Tossed Salad, Garlic Bread,
 Corn

Empanada

4

Nachos w/meat
 Mexican Beans, Spanish
 Rice, Tomato, Veggies

Children
 ages 1 - 18
FREE

Cinnamon Roll

8

French Toast Sticks
 Potatoes, Scrambled Eggs,
 Sausage, Juice Blend

Donuts

9

Country Steak
 Mashed Potatoes, Gravy,
 Green Beans, Roll

Waffle/Chicken Sandwich

10

Pizza Crunchers
 Garden Salad, Bread Stick
 Veggies

Breakfast Pizza

11

Chicken Sandwich
 Baked Beans, Lettuce &
 Tomato, Potato Wedges

Adults
 Breakfast \$3.30
 Lunch \$5.75

Pancake/Waffle

15

Chicken Nuggets
 Mashed Potatoes, Gravy,
 Roll, Green Beans

Sausage Biscuit

16

Pizza
 Fresh Veggies
 Tossed Salad, Breadstick

French Toast

17

Pancake Sticks
 Scrambled Eggs,
 Potatoes, Juice Blend

Sweet Bread

18

Crispitos
 Spanish Rice, Mexican
 Beans, Corn

THIS INSTITUTION
IS AN EQUAL
OPPORTUNITY
PROVIDER

Breakfast Pizza

22

Corn Dog
 Sun Chip, Baked Beans, Baby
 Carrots, Frozen Treat

Pancake Stick

23

Macaroni & Cheese
 Smokies, Cucumbers,
 Broccoli

Bagel w/cream cheese

24

Chicken Sandwich
 Tossed Salad, cookie,
 Potato Wedges

Pancake Sandwich

25

Steak Fingers
 Mashed Potatoes, Roll
 Gravy, Green Beans



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE