

High School Health Education 18 Weeks		
Unit Overview: Unit 1: Introduction-Nutrition		
Priority Standards: - Students will <u>comprehend concepts</u> related to health promotion and disease prevention to enhance health. - Students will <u>analyze the influence</u> of family, peers, culture, media, technology, and other factors on health behaviors. - Students will demonstrate the ability to <u>use decision-making skills</u> to enhance health. - Students will demonstrate the ability to <u>use goal-setting skills</u> to enhance health.		
Summative Product or Assessment Name		Product or Assessment Resources
Summative Product or Assessment Description - Nutrition Unit Test - Goal Setting Project - Decide Process - Analyzing Influences		National Health Standards
Standard	Learning Target, Lessons, and Formative Assessment Options	Additional Resources
1	- Recognize the role of essential nutrients in the body. - Analyze the information on food labels. - Assess meals using the dietary guidelines. - Predict potential health risks associated with diet.	www.g-wonlinetextbooks.com Username: mcud01 Password: ch18 Click on the Health Textbook for access

High School Health Education 18 Weeks		
Unit Overview: <u>Unit 2: Mental Health</u>		
Priority Standards: - Students will <u>comprehend concepts</u> related to health promotion and disease prevention to enhance health. - Students will demonstrate the ability to <u>access valid information</u>, products, and services to enhance health. - Students will demonstrate the ability to <u>use decision-making skills</u> to enhance health. - Students will demonstrate the ability to <u>practice health-enhancing behaviors</u> and avoid or reduce health risks.		
Summative Product or Assessment Name		Product or Assessment Resources
Summative Product or Assessment Description - Unit Test - Analyzing Influences - Decide Process		National Health Standards
Standard	Learning Target, Lessons, and Formative Assessment Options	Additional Resources
1	- Identify concepts related to mental and emotional health. - Understand how the body reacts to stress. - Recognize types of mental health issues. - Identify causes of mental health issues. - Identify appropriate mental health resources and treatment options.	<i>NAMI</i> www.g-wonlinetextbooks.com Username: mcd01 Password: ch18 Click on the Health Textbook for access

High School Health Education 18 Weeks		
Unit Overview: Unit 3: Alcohol, Tobacco, Drugs		
Priority Standards: - Students will <u>comprehend concepts</u> related to health promotion and disease prevention to enhance health. - Students will <u>analyze the influence</u> of family, peers, culture, media, technology, and other factors on health behaviors. - Students will demonstrate the ability to <u>use interpersonal communication skills</u> to enhance health and avoid or reduce health risks. - Students will demonstrate the ability to <u>use decision-making skills</u> to enhance health.		
Summative Product or Assessment Name		Product or Assessment Resources
Summative Product or Assessment Description - Unit Test - Refusal Skills - Decide Process - Analyzing Influences		National Health Standards
Standard	Learning Target, Lessons, and Formative Assessment Options	Additional Resources
1	- Distinguish the difference between drug misuse, use, and abuse. - Recognize mental & physical impact of drug use in the domains of health. - Determine how each class of drug affects the body.	www.g-wonlinetextbooks.com Username: mcud01 Password: ch18 Click on the Health Textbook for access

High School Health Education 18 Weeks		
Unit Overview: Unit 4: Sex Education		
Priority Standards: - Students will <u>comprehend concepts</u> related to health promotion and disease prevention to enhance health. - Students will demonstrate the ability to <u>use decision-making skills</u> to enhance health. - Students will demonstrate the ability to <u>use interpersonal communication skills</u> to enhance health and avoid or reduce health risks.		
Summative Product or Assessment Name		Product or Assessment Resources
Summative Product or Assessment Description - Unit Test - Decide Process - Refusal Skills		National Sex Education Standards National Health Standards
Standard	Learning Target, Lessons, and Formative Assessment Options	Additional Resources
1	- Label the different parts of the male and female reproductive systems. - Identify the functions of the male and female reproductive systems. - Define biological sex, sexual orientation, and gender identity. - Recognize healthy behaviors to reduce the risk of STIs. - Differentiate the different methods of contraception.	www.g-wonlinetextbooks.com Username: mcud01 Password: ch18 Click on the Health Textbook for access

High School Health Education 18 Weeks		
Unit Overview: <u>Unit 5: Diseases</u>		
Priority Standards: - Students will <u>comprehend concepts</u> related to health promotion and disease prevention to enhance health. - Students will demonstrate the ability to <u>advocate</u> for personal, family, and community health.		
Summative Product or Assessment Name		Product or Assessment Resources
Summative Product or Assessment Description - Unit Test - Advocacy Project		National Health Standards
Standard	Learning Target, Lessons, and Formative Assessment Options	Additional Resources
1	- Analyze transmission, treatment, and prevention of infectious illness. - Identify common non communicable diseases. - Identify risk factors for diseases.	www.g-wonlinetextbooks.com Username: mcud01 Password: ch18 Click on the Health Textbook for access