Minutes from S.H.A.C. Meeting
April 14, 2026, 10:00 a.m.

Facilitator: Melissa Gutierrez

Welcome/Introductions

Call To Order

Attendance
Members Present:

- Sue Ann Martinez, Food Service Director
- Amanda Morales, Food Service Marketing Specialist
- Tammy Garcia, ACE 21st Century Program Specialist
- Ariel Olivarez, MISD Parent
- Nelda Trejo, MMS Clinic Assistant
- Nancy Moreno, Communities in Schools
- Melodie Wallace, Secretary

*Attendance qualifies for quorum

M. Gutierrez: Asked for minutes from the last SHAC meeting to be read and accepted. Mrs. Wallace read minutes aloud to committee members. Sue Ann Martinez made a motion to accept, seconded by Ariel Olivarez, unanimous vote to accept.

M. Gutierrez: Instructed attendees to review the contents of folders.
Acknowledgement of Handouts and summary of the following:

- Meeting Agenda
- Communities in Schools "Making Healthy Choices"
- "Choosing the Best Journey"
- CIS Sample "Choosing the Best" Parent Consent Form

M. Gutierrez stated that the scope of the meeting would be a presentation from Nancy Moreno, Communities In Schools Prevention Educator

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Making Healthy Choices Presentation and Q&A: Nancy Moreno, Prevention Educator

Highlights of program:

- Survey district families to identify gaps in prevention knowledge and services
- Vaping awareness/CDC and American Lung Association Partner

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- Puberty, hygiene education
- Abstinence and Consent education
- STD Education
- Teen Dating Violence education
- Partnership with Mathis Police Department and The Purple Door
- Food Pantry, Glasses Assistance
- Gift certificate incentives from local sponsors
- Civic projects for participants: Socks for Seniors, Beautify Mathis
- Parent opt-in/opt-out letters may be added to upper grade level registration packets for Fall 2026
- Opt-out rate is low
- Positive Affirmations Campaign

Committee Q&A

Ariel Olivarez asked if NJHS/NHS students can earn community hours through the civic projects. Nancy Moreno confirmed that students have been participating in Socks for Seniors and helping in community gardens to earn community hours. Sueann Martinez asked ow this curriculum is currently being offered. Nancy Moreno clarified that permission slips are mailed in July, and curriculum is posted on our website. She stated that she maintains a proactive approach to introduce parents to curriculum and secure student attendance. Sueann asked if we are achieving 100% enrollment and Mrs. Moreno stated we are between 80-90% enrolled. Sueann asked if MISD counselors were also trained to handle subject matter questions and concerns, Mrs. Moreno stated she was not the appropriate party with those details. Nurse Gutierrez stated that in recognition of Mrs. Moreno's successful partnerships and education, that SHAC should nominate her to train to be the MISD Fentanyl Awareness facilitator through Texas A&M Health. She also stated that she has planned for at least 43 organizations to partner with the MISD Health Fair on May 7th.

No further questions or comments.
Motion to adjourn: Sue Ann Martinez
Second: Nelda Trejo
Adjourned at 10:50 am