



Colonial Heights Newsletter



DREAM AND BELIEVE, LEARN AND ACHIEVE

8135 Balboa Avenue, Stockton, CA 95209 • Phone (209) 953-8783 • Fax (209) 953-8440

Important Dates

Fri., May 1	National Principal Day and Lunch Hero Day, Special Thanks!
Mon. May 4- Fri. May 8	Teacher Appreciation Week
Wed., May 6	School Nurse Day
Tues., May 12	Spring Concert Band/Choir 6PM at CH
Thurs., May 14	Spring Concert Strings 6PM at CH
Fri. May 15	Cougars Talent Show 6PM
Mon., May 25	Memorial Day, No School
Wed. May 27	8th Grade Promotion
Thurs., May 28	Last Day of School, Early Release 1:30pm

Principal's Message



☀ Reflecting on an Incredible Year

As the final bells of the school year approach, it's a truly special time for all of us. Looking back at the **2025-26 school year**, we are absolutely beaming with pride. From the first day of school to now, we've watched your children make incredible strides—not just in their grades, but in their confidence, their kindness, and their social growth.

It has been an honor to be part of their journey this year.

💪 The Final Sprint

We know this time of year comes with a mix of "Summer's almost here!" excitement and a bit of "Let's keep it together" anxiety. It's natural to worry about the "summer slide"—that little gap where all those hard-earned lessons start to feel a bit fuzzy.

That's why we want to encourage our students to **finish this year strong**. Let's keep that focus and momentum right up until the last day, so they can walk out of these doors feeling proud of everything they've accomplished.

🚀 Keep the Spark Alive All Summer

To help make sure they come back in the fall even stronger, we've found a fantastic resource to keep their brains active while having a blast. Check out this link for [15 Fun and Educational Summer Activities](#) that turn learning into an adventure:

Summer Learning Highlights:

1. **Ready, Set, Invent!** (Grades 2—8)
2. **Wordplay** (Grades 4—8)
3. **Fun with Sidewalk Chalk** (Grades K—8)
4. **Five Senses Scavenger Hunt** (Grades K—8)
5. **Summer Reads** (Grades Pre-K—8)

MAY APPRECIATION DAYS!

School Principal's Day- Friday May 1st

School Lunch Hero Day- Friday May 1st

Teacher Appreciation Week- May 4-8th

School Nurse Day- May 6th



Character Education

Trait of the Month

May Character Education Word(s) are:

Creativity & Imagination

Creativity and Imagination is the action of forming new ideas, images, or concepts in a resourceful or innovative way. It is



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demonstrated through invention, writing, equations, artistry, experimenting, and answering outside of the box in the classroom and/or discussions.

6. Take a Field Trip (Grades K–8)
7. Start a Business (Grades 3–8)
8. Volunteer in Your Community (Grades Pre-K–8)
9. Plan a Dream Vacation (Grades 4–8)
10. A Bright Idea (Grades 4–8)
11. Summer Sports (Grades 3–8)
12. Fun Summer Sketching (Grades Pre-K–8)
13. Write a Postcard (Grades K–8)
14. Summer Science Experiments (Grades K–8)

**CH COUGARS:
PAYMENT ACCEPTED HERE**



We have a new online payment system! Just create an account, add your child and pay book and chromebook fines from home.

PAY LIBRARY FINES!

Scan the QR code or go to this website:
<https://lincolnusd.graystep.com/>
Questions? Call Mrs. Blount @ 209-953-8785, lblount@lusd.net

See You in 2026-27!

Thank you for being such a wonderful part of our community. Your support at home is the secret ingredient to your child's success. We've loved every minute of the **2025-26 school year**, and we're already counting down the days until we see everyone back for an even better **2026-27!**

Have a safe, joyful, and productive summer!

Sincerely,

*Lance Morrow, Principal, Colonial Heights
Tiffany Ducker, Assistant Principal, Colonial Heights
"Great Things Happen Here"*

Character Education Word(s) for the month of April- Sportsmanship

- TK: Jaxon, McKenzie
- TK: Isabella, Ca'mari
- Kinder: Savana, Jaden
- Kinder: Keyora, Master
- 1st: Mateo, Grayson, Arthur
- 1st: Raelynn, Giovanni
- 2nd: Saphora, Giovanni, Viviana
- 2nd: Raksmay, David
- 3rd: Genesis, Kimberly
- 3rd: Kevin
- 4th: Conner, Kimberly
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- 5th: Ayva, Robert
- 5th: Chhing, Jade
- 6th: Cooper, Valery
- 6th: Athena, Farook
- 7 / 8: Lyla, Noah

Colonial Heights Elementary School Order Your 25-26 YEARBOOK!

**Pricer per Yearbook:
\$22 + tax**

\$25 after January 31st

***shoobphoto.com*
209-567-0748**

FOOD RESOURCES IN SAN JOAQUIN COUNTY

[Emergency Food Bank of Stockton:](#)

[Second Harvest:](#)

211- Just dial 211 for community resources and referrals to food, housing, emergency shelter, employment programs, medical services, etc.



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FREE COMMUNITY EVENTS AT DURHAM FERRY OUTDOOR EDUCATION CENTER

Join us for a day of nature, fun, and community at Durham Ferry Outdoor Education Center. We invite you and your family to our free, family-friendly events (dogs on leash welcome!) where you can enjoy a guided 3-mile hike to the San Joaquin River, explore the local riparian ecosystem with staff, or participate in a fun activity. These days are designed to elevate your weekend; encouraging physical activity amidst nature's beauty, fostering new friendships, and providing a rejuvenating experience in the great outdoors.

ALL EVENTS ARE ON SATURDAYS FROM 10 A.M. - 1 P.M., UNLESS NOTED OTHERWISE

DURHAM FERRY OUTDOOR EDUCATION CENTER
29442 AIRPORT WAY, MANTECA, CA

AUGUST 30, 2025 - FORAGER'S ART

Hike & gather to make your own natural pigments & dyes from collected materials.

OCTOBER 25, 2025 - FALL HIKE

Explore the crisp beauty of autumn and the changing landscape.

FEBRUARY 21, 2026 - WILD FORAGING

Guided hike to forage and discover medicinal plants. Take home your own handcrafted mugwort dream pillow.

MARCH 14, 2026 - DIY SEED BURSTS

Embark on a spring hike to enjoy blooming flowers and nature's renewal. Create wildflower seed bursts to spread blooms at home.

APRIL 18, 2026 - EARTH DAY HIKE

Keep the Earth Day spirit alive by stepping outdoors—explore, appreciate, and protect nature!

MAY 30, 2026 - BLUE MOON NIGHT HIKE

Enjoy both sunset and full moonrise at the same time! Silent swoops of bats—a night of wonder and wild beauty.

*EVENING TIME: 6:30 - 8:30 p.m.



REGISTER



Contact: kcoelho@sjcoe.net



Be A School Wellness Champion

We need your help to make our school healthier!

Children spend most of their day at school. So, it's important that they have healthy foods and drinks while they are there. Good nutrition also helps kids learn better at school. Our school wellness policy tells how our school is making the healthy choice, the easy choice for kids. Parents can help update the school wellness policy and to put it into action.

4 ways you can help:

- Join the school wellness committee.** Our next meeting is on December 19th, 2024 4:00pm Via Zoom. The wellness committee meets twice a year and works on projects to help make our school healthier. You do not need any special training to be on the committee, just an interest in keeping our school healthy!
- Read the school wellness policy** Available on our District website. https://www.schoolnutritionandfitness.com/schools/lusd_07052122152323618/wellness/Wellness_Policy.pdf
- Support classroom and school events** to have healthy foods and get kids physically active. Keep the wellness policy in mind when planning what foods and beverages to have at events and celebrations.
- Stay Informed.** Check your school sites news letters and the child nutrition web page for updates and information.

For questions or more information, contact: Child Nutrition [953-8655]

Meeting Zoom Link: <https://lusd-net.zoom.us/j/93380557105?pwd=MVl1CBlvPSelRgSahq1TgeBHhd5V7gH.1>

Thursday December 19th, 2024 4:00pm

Major topics in the policy are:

- Nutrition education and promotion
- Physical activity
- Other wellness activities (such as school gardens and walk/bike to school)
- Nutrition standards for all foods and drinks sold to kids at school
- Foods and drinks that may be given to students (such as at classroom celebrations or foods given as rewards for behavior)
- Food and beverage marketing

We are looking forward to working with you to ensure our school continues to be a healthy place that supports growth and learning.

Better Health = Better Learners



LOOK HERE!

EVERY FRIDAY IS SCHOOL SPIRIT DAY
WEAR SCHOOL SPIRIT ATTIRE OR BLUE AND GRAY
SHOW YOUR COUGAR PRIDE!

Counselor's Corner

8th Grade Families!

Promotion and High School Contact Information

Please continue to review the requirements for 8th grade promotion and related activities with your student. They are:

Promotion Requirements

1. Achieve a cumulative 2.0 GPA (average of whole year, not just 4th quarter)
2. No "F" grades in the 4th quarter
3. No more than 3 days of suspension in the 4th quarter.

Keep encouraging your 8th grade student to complete class work on time, make up assignments as needed and to finish the year strong!. Missing assignments and incomplete work can negatively affect a students' overall grade and progress toward promotion..

Reminder! We have support on campus for our 7-8th graders to take advantage of including after school tutoring Tuesday-Thursday 2:30-3:30.

Lincoln High Website - If you have any questions or concerns prior to your 8th grader starting high school in the Fall, contact information can be found on the LHS website at www.lincolnhigh.org You can find information on athletics, counseling staff, student activities and more.

If you have any questions related to 8th grade promotion requirements or would like to review your child's progress

REMINDER FOR PARENT VOLUNTEERS

If you are interested in volunteering on field trips or helping in the classrooms (must have teacher and Admin approval) please fill out a Volunteer Application in the school site office. Completed applications are forwarded to the District Office and you will be contacted for an appointment.

ABSENCES

Attention Parents: Please call the Colonial Heights office at 209-953-8783 or send a message on parent square to clear your student(s) absences. Excused absences must be cleared within 48 hours after the student returns to school. Thank you!

Need School Supplies?

Is your student in need of school supplies? Need a new backpack? Please contact Mrs. Gillig agillig@lusd.net or your child's teacher.. We can help! We have school supplies and backpacks available on campus through Cheryl's Closet.



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please reach out to Mrs. Gillig, counselor (209-953-9792), administration, or one of your child's teachers.

Message from the counselors:

We are available to provide school based counseling services and/or assist you with community referrals that may best suit your families needs. Feel free to reach out any time, they are here to help!

All the Best, Mrs. Gillig & Mrs. Reed
Mrs. Gillig - agillig@lUSD.net
Mrs. Reed - creed@lUSD.net

Phone - 209-953-8783 (school office)
209-953-8792 (Mrs. Gillig) Grades 4-8
209-953-8567 (Mrs. Reed) Grades TK-3



Instagram: @gilligs_counseling_connection

Cheryl's Closet 2025-2026

Cheryl's closet is a resource on campus where our students and families can access gently used or new items like clothing (for example jackets, sweatshirts, t-shirts, new undergarments, etc.), toiletries (for example soap, toothpaste, deodorant, etc.) and school supplies like backpacks, pencils, folders and notebooks, etc.

There is no cost for the items in Cheryl's Closet. Please contact your student's teacher or one of our school counselors if your family would like to access any items. Students can also visit Cheryl's closet during the school day to obtain needed items.

Would YOU like to donate? Cheryl's Closet is currently in need of the following donations:

- *Travel size deodorants and toothpaste
- *New underwear/socks (boys-girls/all sizes)
- *Gently used sweatshirts and hoodies

Thank you in advance for your generosity! Donations may be delivered to our front office.

Thank you for supporting Cheryl's Closet!



Updated Cell Phone Policy for 2025-26 School Year

We would like to follow up on recently announced changes to our cell phone policy for the 2025-26 school year. As stated in a letter sent home to parents and guardians, students will not be able to use their cell phones during instructional time. Students will be required to place their phones in an identified space in their classrooms, and their phones will need to be turned off.

We want to reiterate that students will place their own cell phones in an assigned area inside their classroom at the start of each class period or school day, and personally retrieve them when their class period or school day is over. At our high school campuses, students will have access to their phones during passing periods and at lunch.

In the case of an emergency at school, it is common to want to reach your student or have them contact you with updates. However, we want to prevent the spread of false or incomplete information during a crisis situation, and first responders and law enforcement recommend that we do whatever we can to keep this from happening. With this in mind, we will relay emergency information to parents and guardians as quickly as possible through ParentSquare. Each school in our district also has an administrative office phone that students may use to contact their families.



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SUEÑA Y CREE, APRENDE Y LOGRA

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Fechas importantes

Viernes 1 de mayo	Día Nacional del Director y Día del Héroe del Almuerzo: ¡Un agradecimiento especial!
Lunes mayo 4 al viernes 8 de mayo	Semana de agradecimiento a los Maestros
Miercoles 6 de mayo	Dia de Las Enfermeras
Jueves 14 de mayo	Concierto de primavera de la banda y el coro alas 6pm en CH
Viernes 15 de mayo	El show de talento alas 6pm
Lunes 25 de mayo	Dia de memorial No escuela
Miércoles 27 de mayo	Promotion de 8 grado
Jueves 28 de mayo	Ultimo dia de escuela, salida a la 1:30pm

Educación del carácter

Rasgo del mes

La palabra de educación del carácter de Mayo:
Creatividad y Imagination :

La creatividad y la imaginación consisten en la acción de formar nuevas ideas , imágenes o conceptos de una manera ingeniosa o innovadora. Se manifiestan a través de la invención, la escritura, las ecuaciones, la expresión artística, la experimentación y la formulación de respuestas originales - fuera de lo convencional-, tanto en la clase como en las discusiones.

[Palabra\(s\) clave de Educacion del caracter para el mes de Octubre Salud Seguridad y Atención Plena :](#)

TK: Jaxon, McKenzie
TK: Isabella, Ca'mari
Kinder: Savana, Jaden

Mensaje del director



☀ Reflexionando sobre un Año Increíble

A medida que se acercan las últimas campanadas del año escolar, este es un momento verdaderamente especial para todos nosotros. Al mirar atrás y recordar el año escolar **2025-26**, nos sentimos absolutamente radiantes de orgullo. Desde el primer día de clases hasta ahora, hemos sido testigos de los increíbles avances que han logrado sus hijos: no solo en sus calificaciones, sino también en su confianza, su bondad y su desarrollo social.

Ha sido un honor formar parte de su trayectoria este año..

💪 La Carrera de Velocidad Final

Sabemos que esta época del año trae consigo una mezcla de entusiasmo "¡El Verano ya casi está aquí !" Y un poco de ansiedad: "Mantengamos la calma!" Es natural preocuparse por la "La perdida de aprendizaje Estival"—ese pequeño vacío en el que todas esas lecciones, tan arduamente aprendidas, comienzan a volverse un tanto confusas.

Por eso queremos animar a nuestros estudiantes a **terminar este año con fuerza**. Mantengamos ese enfoque y ese impulso hasta el último día, para que puedan salir por estas puertas sintiéndose orgullosos de todo lo que han logrado.

🚀 Mantén Viva La Chispa Todo El Verano

Para ayudar a asegurar que regresen aún más fuertes, hemos encontrado un recurso fantástico para mantener sus cerebros activos mientras se divierten a lo grande. Echen un vistazo a este enlace para descubrir 15 actividades([15 Fun and Educational Summer Activities](#)) de verano divertidas y educativas que



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Kinder: Keyora, Master
1st: Mateo, Grayson, Arthur
1st: Raelynn, Giovanni
2nd: Saphora, Giovanni, Viviana
2nd: Raksmay, David
3rd: Genesis, Kimberly
3rd: Kevin
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5th: Ayva, Robert
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6th: Cooper, Valery
6th: Athena, Farook
7 / 8: Lyla, Noah

Familias de 8.º grado!

El año escolar está en pleno apogeo y ahora es un buen momento para revisar los requisitos para la promoción a 8 grado y las actividades relacionadas. Estos son:

Requisitos de promoción

1. Lograr un promedio general acumulativo de 2.0 (promedio de todo el año, no solo del cuarto trimestre)
2. No obtener calificaciones de "F" en el cuarto trimestre
3. No más de 3 días de suspensión en el cuarto trimestre.

La Sra. Gillig, nuestra consejera, se reunirá con cada estudiante de 8.º grado durante el mes de noviembre para revisar estos requisitos y su progreso individual hacia la promoción.

Nuestra consejera y el director también se comunicarán con los padres/tutores si su estudiante corre el riesgo de no cumplir con los requisitos en este punto del año. Por favor, anime a sus estudiantes de 8.º grado a completar las tareas a tiempo, recuperar las tareas según sea necesario y hablar con sus maestros si tienen preguntas

¡Recordatorio! Contamos con apoyo en la escuela para nuestros alumnos de 7.º y 8.º grado, incluyendo tutorías después de clases de martes a jueves de 2:30 a 3:30.

Si tiene alguna pregunta relacionada con los requisitos de promoción a 8.º grado o desea revisar el progreso de su hijo/a, comuníquese con la Sra. Gillig, consejera (vea el número a

convierten el aprendizaje en **Realiza a Field Trip** (Grados K–8)

1. **Establece un Negocio** (Grados 3 al 8)
2. **Voluntario en tu comunidad** (Grados Pre-K al 8)
3. **Planifica unas vacaciones de ensueño**(Grados 4 al 8)
4. **Una idea brillante** (Grados 4 al 8)
5. **Deportes de verano** (Grados 3 al 8)
6. **Verano divertido** (Grados Pre-K al 8)
7. **Escribe una postal**(Grados K al 8)
8. **Experimentos científicos de verano**(Grados K–8)

Destacados del Aprendizaje de Verano:

9. **Listos, preparados...a inventar!**(Grados 2 al 8)
10. **Juegos de Palabras** (Grados 4 al 8)
11. **Diversión con Tiza with Sidewalk Chalk** (Grados K al 8)
12. **Búsqueda del tesoro de los cinco sentidos** (Grados K al 8)
13. **Lectura de Verano**(Grados Pre-K al 8)
14. **Realiza una excursión** (Grados K al 8)
15. **Voluntariado en tu comunidad** (Grados 3 al 8)
16. **Planea tus vacaciones de tus sueños**(Grados 4–8)
17. **Un idea brillante** (Grados 4–8)
18. **Deportes de verano** (Grados 3–8)
19. **Bocetos de verano** (Grados Pre-K–8)
20. **Escribe una postal** (Grados K–8)
21. **Experimentos científicos** (Grados K–8)

Nos vemos en 2026-2027!

Gracias por ser una parte tan maravillosa de nuestra comunidad. Su apoyo en casa es el ingrediente secreto del éxito de su hijo. Hemos disfrutado cada minuto del **año escolar 2025-26**, y ya estamos contando los días para verlos a todos de regreso para un nuevo año **2026-27** aún mejor!

Que tengan un verano seguro, alegre y productivo!

Atentamente,

*Lance Morrow, director, Colonial Heights
 Tiffany Ducker, subdirectora, Colonial Heights
 "Aquí empiezan las grandes cosas"*

**Escuela primaria Colonial Heights
 Ordena tu Anuario 25-26!**

Precio por Anuario:



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continuación), la administración o uno de los maestros de su hijo/a.

Mensaje de las consejeras:

Estamos disponibles para brindar servicios de consejería escolar y/o ayudarlo con referencias comunitarias que mejor se adapten a las necesidades de su familia. ¡No dude en comunicarse en cualquier momento, estamos aquí para ayudar!

¡Les deseamos lo mejor! Sra. Gillig y Sra. Reed
Sra.. Gillig - agillig@lusd.net
Sra.Reed - creed@lusd.net

Teléfono: 209-953-8783 (oficina de la escuela)
953-8792 (oficina del consejero)



Instagram: @gilligs_counseling_connection

Cheryl's Closet 2024-2025

El armario de Cheryl es un lugar donde nuestros estudiantes y familias pueden acceder a artículos nuevos o poco usados, como ropa (por ejemplo, chaquetas, sudaderas, camisetas, ropa interior nueva, etc.), artículos de tocador (por ejemplo, jabón, pasta de dientes, desodorante, etc.) y útiles escolares como mochilas, lápices, carpetas y cuadernos, por nombrar algunos.

Los artículos de Cheryl 's Closet no tienen ningún costo. Si su familia desea algunos artículos, comuníquese con el maestro de su estudiante o con nuestra consejera escolar, la Sra. Gillig. Los estudiantes también pueden visitar el armario de Cheryl durante el día escolar para obtener los artículos necesarios.

¿Te gustaría donar? Cheryl's Closet actualmente necesita las siguientes donaciones:

*Leggings/pantalones deportivos con cintura elástica. (niños-niñas/todas las tallas)

*Ropa interior/calzetas nuevos (niños-niñas/todas las tallas)

*Sudaderas - niños-niñas/todos los tamaños

¡Gracias de antemano por su generosidad! Las donaciones pueden entregarse en nuestra oficina principal.

¡Gracias por apoyar a Cheryl 's Closet!

\$22 + tax

\$25 después Enero 31

shoobphoto.com

209-567-0748

Recursos de Alimentos en el condado de San Joaquín

Banco de Alimentos de Emergencia de Stockton:

Second Harvest:

211: marque 211 para obtener recursos comunitarios y referencias a alimentos, vivienda, refugio de emergencia, programas de empleo, servicios médicos, y más .



¡MIRA AQUÍ!

TODOS LOS VIERNES ES EL DÍA DEL ESPÍRITU ESCOLAR
USAR VESTIMENTA DE ESPÍRITU ESCOLAR O AZUL Y GRIS
¡MUESTRA TU ORGULLO PUMA!

Política de teléfono celular actualizada para el año escolar 2025-26

Nos gustaría dar seguimiento a los recientes cambios en nuestra política de teléfonos celulares para el 2025-26 año escolar. Como se indica en una carta enviada a casa a padres y tutores, los estudiantes no podrán utilizar sus teléfonos celulares durante el tiempo de instrucción.

Se requerirá que los estudiantes coloquen sus teléfonos en un espacio identificado en sus salones y sus teléfonos deberán estar apagados.

Queremos reiterar que los estudiantes colocarán sus propios teléfonos celulares en un área asignada dentro de sus salones al inicio de cada periodo de clase o día de escuela, y recuperarlos personalmente cuando su clase haya finalizado o al final del día. Los estudiantes de la escuela secundaria tendrán acceso a sus teléfonos durante los periodos de paso y durante el almuerzo.



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AUSENCIAS

Atención padres: llame a la oficina de Colonial Heights al 209-953-8783 o envíe un mensaje al área de padres para aclarar las ausencias de su estudiante(s). Las ausencias justificadas deben aclararse dentro de las 48 horas posteriores al regreso del estudiante a la escuela.
¡Gracias!

En caso de una emergencia en la escuela, es común querer comunicarse con su estudiante. Sin embargo, queremos evitar la difusión de información falsa o incompleta durante una situación de crisis. Los socorristas y las autoridades nos recomiendan que hagamos todo lo que podamos para evitar que esto suceda. Teniendo esto en cuenta, transmitiremos información de emergencia a los padres y tutores lo más rápido posible a través de Parent Square. Cada escuela en nuestro distrito también tiene un teléfono de la oficina administrativa que los estudiantes

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29442 AIRPORT WAY, MANTECA, CA

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Guided hike to forage and discover medicinal plants. Take home your own handcrafted mugwort dream pillow.

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APRIL 18, 2026 - EARTH DAY HIKE

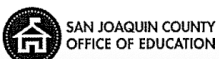
Keep the Earth Day spirit alive by stepping outdoors—explore, appreciate, and protect nature!

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Enjoy both sunset and full moonrise at the same time! Silent swoops of bats—a night of wonder and wild beauty.
*EVENING TIME: 6:30 - 8:30 p.m.



REGISTER



Contact: kcoelho@sjcoe.net

¿Necesita útiles escolares?

¿Su estudiante necesita útiles escolares? ¿Necesitas una mochila nueva? Comuníquese con la Sra. Gillig agillig@lUSD.net o con el maestro de su hijo. ¡Podemos ayudar! Tenemos útiles escolares y mochilas disponibles en el campus a través de Cheryl's Closet.

RECORDATORIO PARA PADRES VOLUNTARIOS

Si está interesado en ser voluntario en los paseos o ayudar en las clases (debe tener la aprobación del maestro y la administración), complete una Solicitud de Voluntariado en la



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oficina del sitio escolar. Las solicitudes completas se envían a la Oficina del Distrito y se le contactará para una cita.