

# 2026 DIVISION 4 GIRLS LACROSSE POWER RANKINGS



**Includes scores entered into Arbiter as of May 5, 4 a.m.**

**AVG. MARGIN** = Average margin of victory, capped at +/- 7 goals for any one game

**OPP. RATING** = Average of a team's opponents' Overall Ratings

**RATING** = Team's Overall Rating (Avg. Margin + Opp. Rating)

**FORFEIT ADJ.** = Team's RATING has been adjusted for forfeit(s) ... use this number to calculate OPP. RATING (strength of schedule) for opponents

**Top 32 power rated teams qualify for tournament, regardless of record**

**FORFEIT  
ADJ. \***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
1	Sandwich	9	2	5.0000	4.0439	9.0439
2	Hamilton-Wenham	8	1	5.1111	1.9949	7.1060
3	Ipswich	9	3	3.7500	3.1026	6.8526
4	Nipmuc Regional	8	2	3.9000	0.4494	4.3494
5	Lynnfield	6	5	1.2727	2.2567	3.5295
6	Manchester Essex	7	4	0.0909	3.0716	3.1625
7	Fairhaven	8	2	3.4000	-0.8774	2.5226
8	Nantucket	9	2	4.0000	-1.9920	2.0080
9	Bromfield School	9	3	2.5000	-0.9612	1.5388
10	Hull	9	3	2.8333	-1.3546	1.4788
11	Wahconah Regional	12	1	5.7692	-4.6212	1.1480
12	Mount Greylock Reg.	9	3	4.0000	-3.7257	0.2743
13	Mashpee	6	4	2.1000	-1.9741	0.1259
14	Stoneham	6	6	-1.5000	1.6113	0.1113
15	Pentucket Regional	3	12	-2.1333	2.0907	-0.0426
16	Seekonk	6	3	3.6667	-3.9213	-0.2546
17	Northbridge	6	1	3.2857	-3.8257	-0.5400
18	Rockland	7	3	1.9000	-2.4535	-0.5535
19	Tyngsborough	6	4	0.3000	-1.8650	-1.5650
20	Hopedale	8	1	5.4444	-7.1442	-1.6998
21	Lunenburg	5	5	0.5455	-2.3164	-1.7710
22	Triton Regional	3	9	-3.4167	0.9320	-2.4846
23	Dennis-Yarmouth	4	5	0.1111	-2.7991	-2.6880
24	Advanced Math & Science	5	5	-0.7273	-2.7629	-3.4902
25	Winthrop	5	6	-0.9091	-2.6856	-3.5947
26	Monomoy	1	10	-4.8182	1.1589	-3.6593
27	Georgetown	2	11	-5.1538	1.3668	-3.7870
28	Old Colony RVT	10	2	3.8333	-7.8836	-4.0503
29	Abington	4	9	-2.2308	-2.1857	-4.4165
30	South Hadley	4	8	-1.9167	-3.0409	-4.9576
31	Nashoba Valley Tech	6	3	1.6667	-6.8193	-5.1526
32	Littleton	3	6	-2.7778	-2.7714	-5.5492

1.0455

(continued)

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**Teams 33 and below qualify for a play-in game with a .500 or better record**

**FORFEIT  
ADJ. \***

RANK	SCHOOL	W	L	AVG. MARGIN	OPP. RATING	RATING
33	Bellingham	0	12	-5.8333	0.0219	-5.8114
34	Sturgis Charter West	2	6	-1.5000	-4.4614	-5.9614
35	Bourne	3	6	-3.1111	-3.1583	-6.2694
36	East Bridgewater	0	11	-6.8182	0.2208	-6.5974
37	Joseph Case	0	9	-5.7778	-1.2563	-7.0341
38	Granby	6	6	-0.7500	-6.3231	-7.0731
39	Hampshire Regional	4	9	-1.8462	-5.7271	-7.5733
40	Sturgis Charter East	0	8	-5.8750	-3.5085	-9.3835
41	Mystic Valley Reg. Charter	2	7	-3.5556	-6.5873	-10.1429
42	Smith Vocational and Ag.	6	1	3.5714	-13.8533	-10.2819
43	Hoosac Valley	3	9	-4.3333	-6.8462	-11.1796
44	McCann Tech	4	4	1.1250	-12.6714	-11.5464
45	Monson	3	6	-1.0000	-13.2437	-14.2437
46	Lee	2	5	-2.5714	-13.0128	-15.5842
47	Southwick Regional	0	8	-6.2500	-12.7816	-19.0316

-9.7942