



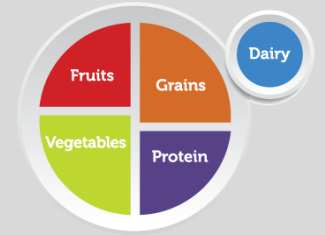
# J.S. Morton Transitional Center Menu

## May 2026 Breakfast & Lunch

MONDAY MAY 4, 11, 18	TUESDAY MAY 5, 12, 19	WEDNESDAY MAY 6, 13, 20	THURSDAY MAY 7, 14, 21	FRIDAY MAY 1, 8, 15, 22
<b>Breakfast includes servings of grain/protein, fruit, and milk.</b>				
<i>Breakfast</i> Sausage, Egg, & Bagel Sandwich & Orange Milk Carton	<i>Breakfast</i> Breakfast Muffin & String Cheese Milk Carton	<i>Breakfast</i> Bacon, Egg, & Cheese Sandwich & Apple Milk Carton	<i>Breakfast</i> Cereal Bar & Doughnut Milk Carton	<i>Breakfast</i> Kellogg's Cereal Bowl Pack & Fruit Cup Milk Carton
<i>Hot Lunch</i> Morton McRib Sandwich w/ Onion Rings	<i>Hot Lunch</i> Oven Fried Chicken Meal	<i>Hot Lunch</i> Spaghetti w/ Meatballs & Garlic Bread	<i>Hot Lunch</i> Walking Taco or Nachos w/ Chicken & Cheese	<i>Hot Lunch</i> BBQ Pulled Pork Sandwich w/ Fries
<b>Lunch Sides: Choose a vegetable side and a fruit side.</b>				
Elote Salad Spicy Slaw Fresh Fruit: Grapes Tangerine Slushie Cup	Pasta Salad Cucumbers w/ Lime Fresh Fruit: Melon Apple	Elote Salad Spicy Slaw Fresh Fruit: Tangerine Mango w/ Tajin & Lime Slushie Cup	Carrots w/ Ranch Cucumbers w/ Lime Fresh Fruit: Melon Apple	Pasta Salad Spicy Slaw Fresh Fruit: Grapes Tangerine Slushie Cup

*Offer vs. Served:*  
 Each meal must include at least a 1/2 cup serving of fruit or vegetable.  
 Please Note:  
 Menu substitutions may occur due to supply chain disruptions.

### CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

**\*Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast  
 And each lunch meal

**Milk Selection**  
 1% white

Fat-Free Chocolate

*\*Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.