



J.S. Morton H.S. Alternative Menu

May 2026 Breakfast & Lunch

MONDAY MAY 4, 11, 18	TUESDAY MAY 5, 12, 19	WEDNESDAY MAY 6, 13, 20	THURSDAY MAY 7, 14, 21	FRIDAY MAY 1, 8, 15
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Breakfast includes servings of grain/protein, fruit, and milk.

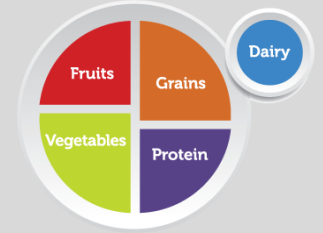
<p><i>Hot Breakfast</i> Sausage, Egg, & Bagel Sandwich</p> <p><i>Grab 'n Go</i> Kellogg's Cereal Bowl Pack</p> <p>*Fruit Selection Banana Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Breakfast Pizza</p> <p><i>Grab 'n Go</i> Kellogg's Strawberry Pop Tart</p> <p>*Fruit Selection Mango Strawberry Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Bacon, Egg, & Cheese Sandwich</p> <p><i>Grab 'n Go</i> Breakfast Muffin & String Cheese</p> <p>*Fruit Selection Orange Vanilla Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> Breakfast Burrito</p> <p><i>Grab 'n Go</i> General Mills Cereal Bar</p> <p>*Fruit Selection Mango Smoothie Milk Carton</p>	<p><i>Hot Breakfast</i> French Toast Sticks</p> <p><i>Grab 'n Go</i> General Mills Strawberry Yogurt Chex Mix</p> <p>*Fruit Selection Berry Smoothie Milk Carton</p>
<p><i>Hot Lunch</i> Chicken Fajita Burrito or Sausage Pizza Slice</p> <p><i>Meatless Entrees</i> Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks</p>	<p><i>Hot Lunch</i> Gyros w/ Fries or Pepperoni & Giardiniera Pizza Slice</p> <p><i>Meatless Entrees</i> Available Daily- Veggie Burger, Entrée Salad, Bosco Sticks</p>	<p><i>Hot Lunch</i> Walking Taco or Nachos w/ Chicken & Cheese or Margherita Pizza Slice</p> <p><i>Meatless Entrees</i> Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks</p>	<p><i>Hot Lunch</i> Baked Mostaccioli w/ Garlic Bread or Cheese Pizza Slice</p> <p><i>Meatless Entrees</i> Available Daily- Veggie Burger, Entrée Salad, Bosco Sticks</p>	<p><i>Hot Lunch</i> Loaded Tots or Sausage & Pepperoni Pizza Slice</p> <p><i>Meatless Entrees</i> Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks</p>

Lunch Sides: Choose a vegetable side and a fruit side.

<p>Elote Salad Spicy Slaw Fresh Fruit: Grapes Tangerine Slushie Cup</p>	<p>Pasta Salad Cucumbers w/ Lime Fresh Fruit: Melon Mango w/ Tajin & Lime</p>	<p>Elote Salad Spicy Slaw Fresh Fruit: Tangerine Mango w/ Tajin & Lime Slushie Cup</p>	<p>Carrots w/ Ranch Cucumbers w/ Lime Fresh Fruit: Melon Mango w/ Tajin & Lime</p>	<p>Pasta Salad Spicy Slaw Fresh Fruit: Grapes Tangerine Slushie Cup</p>
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Offer vs. Served:
Each meal must include at least a 1/2 cup serving of fruit or vegetable.
Please Note:
Menu substitutions may occur due to supply chain disruptions.

CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

***Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast
And each lunch meal

Milk Selection 1% white

Fat-Free Chocolate

**Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.