



**La Vega ISD SHAC Meeting**  
**School Health Advisory Committee (SHAC)**  
**January 6, 2026 ~ 11:30 am – 12:30 pm**

**Members Present:** Robert Glynn, LaToya Beavers, Sabrina Miles, Lisa Drafahl, Consuelo Munoz, Tiffany Jackson, and Julie Rush

**Welcome**

The meeting was called to order by Ms. Sabrina Miles at 11:30 AM. She welcomed everyone, the group went around the room for introductions, and then a wellness check-in was conducted (Ice Breaker).

**Discussion Items:**

- **Wellness Policy Review & Group Activity**

Mrs. Lisa Drafahl read over and highlighted key points in the Wellness Policy. She has made a recommendation to edit the revised date on the Policy handout (at the very top of each page in blue) from 1/2019 to 1/2026. Julie Rush asked who would be responsible for ensuring that every student is getting enough of the food items served in the cafeteria during breakfast and lunch times. The group reviewed the policy and no other additions or edits were recommended. The Wellness Policy can be found in the shared PAC drive. Also, Shavonne Young has been invited to the next meeting to discuss food nutrition and provide insight to Julie Rush's question.

- **Review from Big Decisions**

Mrs. LaToya Beavers discussed the total number of students serviced in the fall semester through Big Decisions and Healthy Relations. Mr. Glynn discussed the students served at DAEP and provided dates for Healthy Relationships for the 4th and 5th grade which will start on January 20th 2026.

- **Questions/Concerns**

No other questions were asked or concerns presented at this time.

**Adjournment**

The meeting was adjourned at 12:05 PM.