



Bancroft School
110 Shore Drive
Worcester, MA 01605

The Bancroft School Parent Faculty Association (PFA)

Date: 02/05/2026

Time: 8 AM

Location: Fletcher Athletic Center

Meeting Date: February 5, 2026

I. Refreshments and Social:

Bancroft families and school staff had time to mingle and enjoy light refreshments.

II. Welcome:

Mrs. Jennifer Vuona welcomed attendees to the Fletcher Athletic Center and introduced Mr. Garth Adams, Director of Athletics and Boys Head Basketball Coach, and Ms. Lindsay McManus, Athletic Trainer at Bancroft.

III. Presentation on Athletics:

Mr. Adams shared that the Fletcher Athletic Center is the space for athletics and physical education, complete with an athletic training room, weight room, and two indoor basketball and multipurpose gym spaces. The Middle and Upper School athletic teams compete in the Eastern Independent League and the New England Preparatory School Athletic Council.

Ms. McManus worked at the collegiate level before starting at Bancroft this year. Her goal is to keep kids on the court as long as it is safe. Bancroft has a concussion protocol that evaluates players before they return to the field. All athletic students take an online baseline test before starting, and if injured, must retest after a concussion to see if they progress back to baseline after a 5-day protocol with medical clearance.

Mr. Adams stated that Bancroft offers competitive athletics starting in sixth grade, that every student can play a sport if they want, and that there are no cuts. Sports offered at the middle school include soccer, cross country, volleyball, basketball, ski and ride club, lacrosse, and tennis. In upper school, the sports offered are soccer, cross country, volleyball, golf, basketball, ski, swim, lacrosse, tennis, crew, and track and field. Practice occurs from M-Th, 3-4 pm in middle school and M-F 3:30-5:30 pm, and possible late practice 5-7 pm for upper school. All games are posted on the website and on the sports portal.



Mr. Adams shared that important life lessons come from athletics, such as teamwork, courage in the face of diversity, self-discipline, collaboration, and the relationships built and developed on and off the court.

Meeting minutes respectfully submitted by Mrs. Zaina Rivett.