

May 2026 High School Lunch Menu

Gluten Free

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY |
| Spring Break | | | | Gf Pasta with Italian Meat Sauce and GF Bread |
| SIDES | SIDES | SIDES | SIDES | SIDES |
| | | | | Roasted Broccoli |
| | | | | Fresh Pear |
| | | | | Mixed Fruit in 100% Juice |
| | | | | Fresh Red Delicious Apple |
| | | | | Fresh Fuji Apple |
| | | | | Fresh Granny Smith Apple |
| | | | | Carrot & Celery Sticks |
| | | | | Fresh Cauliflower Florets |
| | | | | Corn Salad with Ranch |
| | | | | |
| 4th | 5th | 6th | 7th | 8th |
| ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY |
| Please Select an item from the list below. | Chicken Alfredo Sauce over GF Pasta w GF Bread | GF Waffles Syrup, Pork Sausage Pattie, and Scrambled Eggs | Sloppy Joe on GF Bun | GF Chicken Tenders with Asian Brown Rice |
| SIDES | SIDES | SIDES | SIDES | SIDES |
| Seasoned Mixed Vegetables | Savory Green Beans | Hash Brown Patty | Smile Potatoes | Seasoned Carrots |
| Fresh Clementines | Fresh Orange | Fresh Banana | Fresh Whole Strawberries | Confetti Coleslaw |
| Mixed Fruit in 100% Juice | Applesauce | Chilled Peaches | Seasoned Carrots | Fresh Pear |
| Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple | Blueberries | Mandarin Oranges |
| Fresh Fuji Apple | Fresh Fuji Apple | Fresh Fuji Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple |
| Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Fuji Apple | Fresh Fuji Apple |
| Fresh Cauliflower Florets | Baby Carrots & Celery Sticks | Red Bell Pepper Strips | Fresh Granny Smith Apple | Fresh Granny Smith Apple |
| Corn Salad with Ranch | Tossed Side Salad | Fresh Cauliflower Florets | Fresh Broccoli Florets | Fresh Grape Tomatoes |
| | | | Marinated Cool Cucumbers | Garbanzo Beans |
| | | | | |
| 11th | 12th | 13th | 14th | 15th |
| ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY |
| GF Chicken Tenders With Mashed Potatoes, GF Gravy and GF Bread | GF Macaroni and Cheese w GF Bread | GF Chicken Tenders over GF Penne Pasta with Marinara Sauce and Parmesan | Triple Cheese Grilled Sandwich on GF Bread with GF Tomato Basil Soup | GF Waffles and GF Pork Sausage Patties with Syrup or Strawberry Topping |
| SIDES | SIDES | SIDES | SIDES | SIDES |
| Mixed Vegetable Medley | Savory Green Beans | Seasoned Broccoli | Glazed Carrots | Hash Brown Patty |
| Fresh Red Seedless Grapes | Rosy Applesauce | Fresh Banana | Fresh Orange | Fresh Pear |
| Chilled Diced Pears | Fresh Whole Strawberries | Chilled Peaches | Chilled Pineapple Chunks | Mixed Fruit in 100% Juice |
| Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple |
| Fresh Fuji Apple | Fresh Fuji Apple | Fresh Fuji Apple | Fresh Fuji Apple | Fresh Fuji Apple |
| Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Granny Smith Apple |
| Sliced Cucumbers | Fresh Grape Tomatoes | Carrot & Celery Sticks | Fresh Broccoli Florets | Carrot & Celery Sticks |
| Corn & Black Bean Salad | Tossed Side Salad | Fresh Cauliflower Florets | | Fresh Cauliflower Florets |
| | | | | Corn Salad with Ranch |
| | | | | |
| 18th | 19th | 20th | 21st | 22nd |
| ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY |
| Impossible Meatball Sub on GF Roll w Marinara and Mozzarella | GF Chicken Tenders with Mashed Potatoes with GF Gravy and GF Bread | GF Chicken Nuggets w GF Teriyaki Sauce and Asian Rice | Pulled Pork BBQ Sandwich on GF Bun | GF Waffles w Syrup, Pork Sausage Pattie, and Scrambled Eggs |
| SIDES | SIDES | SIDES | SIDES | SIDES |
| Smile Potatoes | Mashed Potatoes | Savory Green Beans | Confetti Coleslaw | Hash Brown Patty |
| Seasoned Broccoli | Seasoned Carrots | Fresh Banana | Seasoned Corn | Fresh Pear |
| Fresh Clementines | Fresh Orange | Chilled Peaches | Fresh Whole Strawberries | Mandarin Oranges |
| Mixed Fruit in 100% Juice | Applesauce | Fresh Red Delicious Apple | Blueberries | Fresh Red Delicious Apple |
| Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Fuji Apple | Fresh Red Delicious Apple | Fresh Fuji Apple |
| Fresh Fuji Apple | Fresh Fuji Apple | Fresh Granny Smith Apple | Fresh Fuji Apple | Fresh Granny Smith Apple |
| Fresh Granny Smith Apple | Fresh Granny Smith Apple | Red Bell Pepper Strips | Fresh Granny Smith Apple | Fresh Granny Smith Apple |
| Fresh Cauliflower Florets | Baby Carrots & Celery Sticks | | Fresh Broccoli Florets | Fresh Grape Tomatoes |
| Corn Salad with Ranch | Tossed Side Salad | | Marinated Cool Cucumbers | Garbanzo Beans |
| | | | | |
| | | | | |
| 25th | 26th | 27th | 28th | 29th |
| No School Memorial Day | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY |
| | GF Cheese Pizza Fries | Popcorn Chicken with Au Gratin Potatoes and GF Bread | Buffalo Ranch Chicken Quesadilla in GF Tortilla | Gf Pasta with Italian Meat Sauce and GF Bread |
| SIDES | SIDES | SIDES | SIDES | SIDES |
| | Savory Green Beans | Seasoned Peas | Seasoned Corn | Roasted Broccoli |
| | Fresh Whole Strawberries | Fresh Banana | Fresh Orange | Fresh Pear |
| | Apple Cinnamon Slices | Chilled Peaches | Chilled Pineapple Chunks | Mixed Fruit in 100% Juice |
| | Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple |
| | Fresh Fuji Apple | Fresh Fuji Apple | Fresh Fuji Apple | Fresh Fuji Apple |
| | Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Granny Smith Apple |
| | Fresh Grape Tomatoes | Carrot & Celery Sticks | Fresh Broccoli Florets | Carrot & Celery Sticks |
| | Tossed Side Salad | Fresh Cauliflower Florets | | Fresh Cauliflower Florets |
| | | | | Corn Salad with Ranch |
| | | | | |
| | | | | |
| June 1st | June 2nd | June 3rd | June 4th | June 5th |
| ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY | ENTRÉE OF THE DAY |
| GF Chicken Nuggets w Brown Rice | GF Cheese Pizza Fries | Please Select an item from the list below. | Buffalo Ranch Chicken Quesadilla in GF Tortilla | |
| SIDES | SIDES | SIDES | SIDES | SIDES |
| Seasoned Carrots | Seasoned Peas | Savory Green Beans | Seasoned Corn | |
| Fresh Red Seedless Grapes | Fresh Whole Strawberries | Fresh Banana | Fresh Orange | |
| Chilled Diced Pears | Apple Cinnamon Slices | Chilled Peaches | Chilled Pineapple Chunks | |
| Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple | Fresh Red Delicious Apple | |

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| Fresh Fuji Apple | Fresh Fuji Apple | Fresh Fuji Apple | Fresh Fuji Apple | |
| Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Granny Smith Apple | Fresh Granny Smith Apple | |
| Sliced Cucumbers | Fresh Grape Tomatoes | Carrot & Celery Sticks | Fresh Broccoli Florets | |
| Corn & Black Bean Salad | Tossed Side Salad | Fresh Cauliflower Florets | | |
| | | | | |
| AVAILABLE EVERY DAY | AVAILABLE EVERY DAY | AVAILABLE EVERY DAY | AVAILABLE EVERY DAY | AVAILABLE EVERY DAY |
| GF Cheese Pizza | GF Cheese Pizza | GF Cheese Pizza | GF Cheese Pizza | GF Cheese Pizza |
| GF Pepperoni Pizza | GF Pepperoni Pizza | GF Pepperoni Pizza | GF Pepperoni Pizza | GF Pepperoni Pizza |
| GF Chicken Tenders on GF Bun | GF Chicken Tenders on GF Bun | GF Chicken Tenders on GF Bun | GF Chicken Tenders on GF Bun | GF Chicken Tenders on GF Bun |
| Cheeseburger on GF Bun | Cheeseburger on GF Bun | Cheeseburger on GF Bun | Cheeseburger on GF Bun | Cheeseburger on GF Bun |
| Hamburger on GF Bun | Hamburger on GF Bun | Hamburger on GF Bun | Hamburger on GF Bun | Hamburger on GF Bun |
| Turkey Ham & Cheese on GF Bread | Turkey Ham & Cheese on GF Bread | Turkey Ham & Cheese on GF Bread | Turkey Ham & Cheese on GF Bread | Turkey Ham & Cheese on GF Bread |
| For Full Nutrition Information call Food Service at 651-460-3820 | | | | |
| Menu Subject to Change Without Notice. Questions or Comments? Contact Food Service at 651-460-3820 | | | | |
| This is an Equal Opportunity Provider. | | | | |